

Introduction to Psychology

Spring 2013

Course Title: Introduction to Psychology
Course Number: 20093 (Psy 101)
Semester Units: 3
Day and Time: T, 6:30PM—9:40PM
Instructor: Timothy Druihet
Office Hours: By appointment
Phone: 760-355-2363 Evening
760-222-5410 Day
Required Text: Myers, David G. Exploring Psychology, 2009.
8th Edition, New York: Worth Publishers.

Course Description:

This course is designed to introduce you to the main concepts and theories of psychology. We will examine psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, developmental, states of consciousness, learning, emotions, stress and health, personality, abnormal and social psychology.

Course objectives:

The objectives of this course are: 1) To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology; and 2) To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.

Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects, quizzes, and exams.

Course Requirements:

Attendance and Class Participation. You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** count on the instructor dropping you. If you want to drop the class, it is your responsibility to fill out the proper paperwork with the admissions office.

Projects/Thought Papers. There will be three (3) one page papers due at various times during the semester. For the paper, you will be required to find and read an article regarding psychology. This article can be in a newspaper, magazine or psychology journal. You will be required to write a one-page paper on how the article relates to psychology and everyday life. Each project will be worth 25 points. More information will be given about these papers at a later date. **No late thought papers will be accepted.**

Assignments/Group Work- There will be approximately two (2) different in class, take home or group work assignments given throughout the semester. More information will be given about these assignments at a later date. Each assignment will be worth 25 points.

Exams. Four (4) exams will be given. Exams will consist of multiple choice, fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam to let me know you will not be able to take the exam. Make-up exams will be discussed on an individual basis. Each exam will be worth 100 points. **Please bring a #2 pencil and a Scantron form to each examination.**

Grading System:

90-100% = A	Exams	4@	100 pts.	400 pts
80-89% = B	Projects	3@	25 pts.	75 pts
70-79% = C	Assignments	2@	25 pts.	50 pts.
60-69% = D	Participation		25 pts	25 pts.
0-59% = F				

TOTAL: 550 pts.

Special Accommodation:

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs and Services at (760) 355-6312.

Academic Dishonesty:

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in my classroom. If a student is caught committing any type of academic dishonesty he or she will be given an F in this class and will be reported to the administration office for further handling of the matter.

COURSE SCHEDULE

TOPIC	READING ASSIGNMENT
Thinking Critically With Psychological Science	Chapter 1
The Biology of Mind	Chapter 2
Nature, Nurture, and Human Diversity	Chapter 4
Unit 1 Exam	
Consciousness and the Two-Track Mind	Chapter 3
Sensation and Perception	Chapter 6
Learning	Chapter 7
Mid-term Exam	
Emotions, Stress, and Health	Chapter 11
Personality	Chapter 12
Psychological Disorders	Chapter 13
Unit III Exam	
Therapy	Chapter 14
Social Psychology	Chapter 15
Final Exam	

This instructor reserves the right to make announced modifications to this course outline.

