

# INTRODUCTION TO PSYCHOLOGY

<b>Course Title:</b>	Introduction To Psychology
<b>Course Number:</b>	Psychology 101
<b>Semester Units:</b>	3
<b>Instructor:</b>	Nicole Rodiles
<b>Office:</b>	Room 806
<b>Office Hours:</b>	Scheduled by appointment
<b>Phone:</b>	791-4915
<b>Email:</b>	npankratz@roadrunner.com
<b>Required Text:</b>	Myers, David G. Exploring Psychology, 2011. 8th Edition, New York: Worth Publishers.

## **Course Description:**

This course is designed to introduce you to the main concepts and theories of psychology. This course surveys psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, developmental, states of consciousness, learning, emotions, stress and health, personality, abnormal and social psychology.

## **Course Objectives:**

The objectives of this course are: 1) To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology; and 2) To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.

## **Course Format:**

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects and performance on quizzes and exams.

## **Course Requirements:**

**Attendance and Class Participation:** You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** count on the instructor dropping you. If you want to drop the class, it is your responsibility to fill out the proper paperwork with the admissions office.

**Projects/Thought Papers:** There will be two (2) one page papers due at various times during the semester. For the paper, you will be required to watch a movie that I show in class and then write a one-page paper on how the movie relates to psychology and everyday life. One of the assigned thought papers may be about music lyrics. Each project will be worth 25 points. More information will be given about these papers at a later date. **No late thought papers will be accepted.**

**Quizzes:** Six (6) quizzes will be given during the semester. I will take the five (5) quizzes with the highest scores to determine your points. Since I will be throwing out the one lowest score for quizzes, **no make-up quizzes will be given.** Each quiz will be worth 10 points.

**Student Learning Outcome Project (SLO):** **1.** Students will be able to identify basic parts and functions of the neuron and lobes of the brain; **2.** Students will be able to identify different parenting styles and their effect on human development; and **3.** Students will be able to identify major psychological disorders, key symptoms, and the main strategies used for treatment.

**Exams:** Four (4) exams will be given. Exams will consist of multiple choice, fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make up the exam. Each exam will be worth 100 points. **Please bring a #2 pencil to each examination.**

**Grading System:**

90-100% = A	Exams	4@	120pts.	480 points
80-89% = B	Quizzes	5@	10 pts.	50 points
70-79% = C	Projects	2@	25 pts.	50 points
60-69% = D	SLO	1@	50 pts.	50 points
0-59% = F				

**TOTAL : 655 points**

### **Special Accomodations:**

Should a student enrolled in the course require special accomodations due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disable Student Programs and Services at (760) 355-6312.

### **Academic Dishonesty:**

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in my classroom. If a student is caught committing any type of academic dishonesty, he or she will be given an F in this class and will be reported to the administration office for further handling of the matter.

## **TENTATIVE COURSE SCHEDULE**

<b>Date</b>	<b>Topic</b>	<b>Reading Assignment</b>
1/14-16&23	Thinking Critically with Psychological Science	Chapter 1
1/21	Martin Luther King Day	NO CLASS
1/23&28-30		Chapter 1
2/4-6&11-13	Neuroscience & Behavior	Chapter 2
2/18	Presidents' Day	
2/25-27	The Nature & Nurture of Behavior	Chapter 3
3/4	1st Thought Paper Due	
	<b>Unit 1 Exam – 3/6</b>	
3/11-13&18-20	The Developing Person	Chapter 4

3/25-27	Sensation and Perception	Chapter 5
3/27	State of Consciousness	Chapter 6
4/1	2nd Thought Paper Due	
<b>Mid-term Exam – 4/5</b>		
4/8	Learning	Chapter 7
4/10	Emotions, Stress & Health	Chapter 11
4/15-17	Personality	Chapter 12
4/22	3rd Thought Paper Due	
<b>Unit III Exam – 4/22</b>		
4/24	Psychological Disorders	Chapter 13
4/29	Therapy	Chapter 14
5/1	Social Psychology	Chapter 15

**Final Exam – 5/6**

**This instructor reserves the right to make announced modifications to this course outline.**