

Ψ *PSYCHOLOGY of HUMAN SEXUALITY*

Course Title: Psychology of Human Sexuality
Course Number: Psychology 146
Semester Units: 3
Instructor: Krista L. Byrd
Office: Room 807 B
Office Hours: M 1:30-3:00 p.m.; T 3:00-4:00 p.m.;
W 3:00-4:00 p.m.; and TH 9:30-10:00 a.m.
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Required Text: Crooks, Robert & Baur, Karla. Our Sexuality, 2011.
11th. Edition, Pacific Grove: Thomson/Wadsworth.

Course Description:

This course is designed to introduce you to the main concepts and theories of human sexuality. This course surveys human sexuality as both a science and an applied discipline. Each of you has your own personal beliefs and values in regard to human sexuality. It is my hope that we will discuss various opinions and perspectives in relation to sexual behavior in a respectful and mature manner. Topics to be covered include sex and gender development, female and male sexual anatomy and physiology, sexual arousal and response, the development of and communication in sexual relationships, sexual behavior and orientation, contraception, sex in childhood, adolescence and the adult years, sexual difficulties, sexually transmitted diseases, atypical sexual behavior, sexual victimization and sex for sale.

Course Objectives:

The objectives of this course are: **1)** To critically think about and gain knowledge of the main theories and topics related to human sexuality; and **2)** To leave this course with a basic understanding of human sexuality, not only in the academic sense, but also an understanding of how human sexuality is present in and affects our daily life.

Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects and performance on quizzes and exams.

Course Requirements:

Attendance and Class Participation. You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** count on the instructor dropping you. If you want to drop the class, it is your responsibility. **Please check your I.V.C. e-mail/Blackboard before class in case the instructor will not be attending class that day.**

Thought Papers. There will be three (3) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on the readings and class material.

Late papers will not be accepted and I DO NOT accept thought papers by e-mail. Thought papers should address the following: A provocative or interesting idea regarding human sexuality from the text, class discussion, an article from the internet or magazine, and/or a television program, from your point of view. Don't provide a review of the reading/program, but your own thoughts. The main focus of thought papers is for you to **learn** to think critically about human sexuality. The intention of the assignment is to get some ideas down about the readings and then begin exploring your ideas. You do not have to write what you think I would agree with or what is necessarily true, you just need to justify your ideas and statements with explanations.

Quizzes. Six (6) quizzes will be given during the semester. I will take the five (5) quizzes with the highest scores to determine your points. Since I will be throwing out the one lowest score for quizzes, **no late quizzes will be accepted.** Each quiz will be worth 10 points.

Assignments/Group Work. There will be approximately five (5) individual assignments given, each worth 10 points. More information about these assignments will be given at a later date.

SLO's. 1. Students will identify the critical elements that determine sexual intelligence; 2. Students will identify and demonstrate understanding of the major sexual structures for both male and female anatomy; 3. Students will identify and demonstrate understanding of the most current forms of birth control and sexually transmitted infections.

Exams. Four (4) exams will be given. Exams will consist of multiple choice, fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 100 points. **Please bring a #2 pencil and a scantron to each examination.**

Grading System:

90-100% = A	Exams	4@	100 pts.	400 pts.	
80-89% = B	Quizzes	5@	10 pts.	50 pts.	
70-79% = C	Projects	3@	25 pts.	75 pts.	
60-69% = D	Assignments	5@	10 pts.	50 pts.	
0-59% = F	Participation		25 pts.	25 pts.	TOTAL: 600 pts.

Special Accommodation:

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs and Services at (760) 355-6312.

Academic Dishonesty:

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in my classroom. If a student is caught committing any type of academic dishonesty he or she will be given a 0 for the assignment/exam and will be reported to Student Affairs for further handling of the matter. In addition, unless you have made prior arrangements with the instructor, leaving during the class period or while watching a movie will be counted as an absence. If you get up and leave during class, please do not return. Coming in and out is disruptive to the other students as well as myself. Also, no cell phones should be answered during class or examinations.

TENTATIVE COURSE SCHEDULE

Date	Topic	Reading Assignment
01/15/13	Introduction to Class/Perspectives on Sexuality	Chapter 1
01/22/13	Female Sexual Anatomy	Chapter 4
01/29/13	Male Sexual Anatomy	Chapter 5
02/05/13	Gender Issues	Chapter 3
	Thought Paper #1 Due	
02/12/13	EXAM #1	
02/19/13	Sexual Arousal & Response	Chapter 6
02/26/13	Love & Communication	Chapter 7
03/05/13	Sexual Behaviors & Orientations	Chapters 8 & 9
	Thought Paper #2 Due	
03/12/13	EXAM #2	
03/19/13	Contraception	Chapter 10
03/26/13	Sexually Transmitted Diseases	Chapter 15
04/01/13-04/05/13	SPRING BREAK-HAVE FUN	
04/09/13	Sexual Difficulties	Chapter 14
04/16/13	EXAM #3 – Thought Paper #3 Due	
04/23/13	Atypical Sexual Behavior	Chapter 16
04/30/13	Sexual Coercion & Sex for Sale	Chapters 17 & 18
05/07/13	FINAL	

This instructor reserves the right to make announced modifications to this course outline.

