

COURSE SYLLABUS
PE 120
SOFTBALL, COED

INSTRUCTOR: JILL LERNO
OFFICE:705B
ROOM: SBF
TIME: MW CRN #10955 10:15-11:10
TTH CRN# 10673 10:15-11:10
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COURSE DESCRIPTION:

THIS COURSE IS DESIGNED TO EMPHASIZE THE FUNDAMENTALS, KNOWLEDGE OF RULES, COACHING TECHNIQUES, AND BASIC KNOWLEDGE OF THE GAME OF SOFTBALL.

TEST: NO TEXT REQUIRED

STUDENT LEARNING OUTCOMES

1. Perform the offensive and defensive "hit and run" skill with an increasing degree of proficiency

EQUIPMENT REQUIRED: SOFTBALL GLOVE

ATTENDANCE:

ATTENDANCE IS A MUST, YOU ARE ALLOWED ONE UNEXCUSED ABSENCES BEFORE YOUR GRADE MAY DROP. NOT PROPERLY DRESSED WILL COUNT AS ½ ABSENCE. AFTER ALLOWABLE ABSENCES YOUR GRADE WILL DROP ONE GRADE FOR EACH UNEXCUSED ABSENCE.

DRESS CODE:

YOU MUST BE DRESSED FOR CLASS EVERYDAY THAT CLASS IS HELD. THIS INCLUDES SHORTS OR SWEATPANTS, TEE SHIRT AND APPROPRIATE TENNIS SHOES.

ABSOLUTLY NO SPAGETTI STRAPED SHIRTS!!

OBJECTIVES:

STUDENTS WILL DEMONSTRATE DEVELOPMENT CAPABILITIES OF HITTING, BUNTING, THROWING AND CATCHING.

STUDENTS WILL ANALYZE DEFENSIVE STRATEGIES OF THE GAME.

STUDENTS WILL PRACTICE OFFENSIVE STRATEGIES.

STUDENTS WILL PRACTICE TEAM PLAY AND COACHING TECHNIQUES ASSOCIATED WITH SOFTBALL.

GRADE:

GRADE IS BASED ON ATTENDANCE, PARTICIPATION, DRESSING OUT AND PHYSICAL PERFORMANCE THROUGH OUT THE SEMESTER.

ANY STUDENT WITH A DOCUMENTED DISABILITY WHO MAY NEED EDUCATIONAL ACCOMMODATIONS SHOULD NOTIFY THE INSTRUCTOR OR THE DISABLED STUDENT PROGRAMS AND SERVICES (DSP&S) OFFICE AS SOON AS POSSIBLE.