

# IMPERIAL VALLEY COLLEGE

Fall 2012

COUN 120

## "College Success Skills"

10784

### Course :

#### COUN 120 "College Success Skills"

- Section Number: 20922
- Credit hours: 3 units
- Class Times: Friday, 8:15am-11:25am
- Class Room: 400-404
- Materials/Text: *The Essential Guide to Becoming a Master Student* Second Edition, Wadsworth. 3-ring binder (1" to 2") 11" X 8 ½ college ruled notebook paper, dividers & planner. **REQUIRED.**

### Instructor :

#### Olga Vega, M.A., IVC Academic Counselor

- Office: Assessment (bldg. 400)
- Office Hours: By appointment ONLY
- Office Phone: (760) 355-6140
- EMAIL: olga.vega@imperial.edu

### Course Description

The course is designed to assist students in learning how to reach their educational and life planning goals. Topics covered will include orientation to Imperial Valley College, study skills and personal adjustments to college life. Strategies covered will include skills such as creative goal setting, note-taking, listening, time-management, learning styles, test taking, library and financial resources and educational program planning. Course is recommended for new and continuing students.

### Student Learning Outcomes: Students will:

- Identify ten campus resources and be able to explain what resources they find are important for their personal college success.
- Identify three study tips and three ways to take notes and state how improving these techniques are important for student college success.
- Identify what is their short term/long term academic goal(s).

### Course Requirements

- **Attendance/Participation**  
Attendance is necessary for participation. You are responsible for dropping class by deadline (~~April 7~~<sup>Nov 12</sup>, 2012). Leaving class early will result in 1 absence. Class will begin promptly, Please be on time. (3 tardies= 1 absence) (4 unexcused absences may= result in drop from class)
- **In Class Assignments & Homework**  
In & out of class assignments will deal with Journals, Critical Thinking and Case Studies. Writing Assignments will be graded on content and not on grammar. However, grammar and punctuation will be corrected. Homework assignment will be due at the beginning of the following class (NO LATE ASSIGNMENTS! (except with mitigating circumstances).
- **Midterm Review & Final**  
There will be a midterm and final exam. If you attend every class meeting, participate in discussions, and complete all assignments you will be ready to take both exams.

## Grading (400 pts possible)

400-360pts = A 359-320pts = B 319-280pts = C 279-240pts = D 239-below = F

HW/10 Case Studies= 125pts Discovery Pre/Post Wheel= 20ea/40pts Campus Pre/Post Survey= 10ea/20pts  
Scavenger Hunt/Presentation= 30 ea/60pts Journal 1&2= 20ea/40pts Email Activity=20pts  
Stress Survey=20pts SEP= 25pts MIDTERM=20pts FINAL=30pts

## DSPS

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs at (760) 355-6312.

## NOTE

Please turn off your cell phones when in class. **NO TEXTING IN CLASS!**

## Tentative Schedule: *(subject to change with advanced notice) Nov. 23 No Class!*

Date	Section	Topic
Week 1 8/24	Intro/Syllabus/Online Orientation	Intro/Orientation/Attitude vs. Commitment/Student Portal HW: Get Planner and Study Syllabus/E-mail Assing due 8/31
Week 2 8/31	Syllabus/Campus Discuss Goals	Discuss Intro/Scavenger Hunt HW: Read Intro pg1-8 Do Pg 4-5 (Discovery Wheel) Pg 9
Week 3 9/7	Campus Resources Goals/Learning Styles	Pre Survey/Goals cont'd/Learning Styles Case Study 1 HW: Read 13-17 Do Pg LSI 1-6 / Scavenger Hunt Assgn
Week 4 9/14	Time Management	VARK/Scavenger Hunt Presentations/Review Time Mgt HW: Read Pg 19, 22-23, 33-39 Do 20-21 & 24-26
Week 5 9/21	Reading Tips	Post Survey/Reading Tips/SQR3+R3/ In-Class Do Pg 42 HW: Read Pg 45-57 Do Pg 49 / Case Study 3
Week 6 9/28	Note-Taking Tips	Discover Your Notes/Do pg 58 In-Class HW: Read 61-73 Do Pg 74/ Case Study 4
Week 7 10/05	Study/Test Taking Tips/Grades	Assess Study Habits/Test Taking Tips & Study Guide/Grades HW: Case Study 5 , Study for MIDTERM
Week 8 10/12	MIDTERM Review	Midterm / Open for Discussion HW: Case Study 6 Make appointment to set SEP DUE: 11/30
Week 9 10/19	Technology/Research & Info/Literacy Skills	Library Presentation /Research & Literacy/ Case Study 7 HW: Read Pg 105-113 Do Pg 106-107, 114
Week 10 10/26	Stress/Optimal Health	Health Matters/Stress/Anxiety and Grades/Case Study 8 HW: Read Pg 91-98 Do Pg 95,99 (Stress Survey Due Wk 12)
Week 11 11/2	Attitudes/Relationships	Types of Relationships/Conflict Resolutions/Case Study 9 HW: Read Pg 28-29 Do Pg 30
Week 12 11/9	Financial Resources	Financial Aid Presentation/Money Worries/ Case Study 10 HW: List of classes to register for summer/fall 2012
Week 13 11/16	Academic Programs Available at IVC	IVC Academic Programs/Discovery Wheel: Do Pg 129-131 HW: Read Pg. 117-127 Do Pg 126
Week 14 11/30	Educational Planning	Discover Your Academic/Life goals/ Journal #2/SEP DUE! HW: Review for Final
Week 15 12/7	FINAL	FINAL