

IMPERIAL VALLEY COLLEGE

Spring 2012

COUN 120

“College Success Skills”

Course :

COUN 120 “College Success Skills”

- Section Number: 10782
- Credit hours: 3 units
- Class Times: Monday, 6:30pm to 9:40pm
- Class Room: 400-404
- Materials/Text: ***The Essential Guide to Becoming a Master Student*** Second Edition, Wadsworth. **3-ring binder (1” to 2”) 11” X 8 ½ college ruled notebook paper, dividers & planner. REQUIRED.**

Instructor :

Veronica Soto, M.A., IVC Academic Counselor

- Office: Counseling (bldg. 100)
- Office Hours: By appointment ONLY
- Office Phone: (760) 355-6263
- EMAIL: veronica.soto@imperial.edu (preferred)

Course Description

The course is designed to assist students in learning how to reach their educational and life planning goals. Topics covered will include orientation to Imperial Valley College, study skills and personal adjustments to college life. Strategies covered will include skills such as creative goal setting, note-taking, listening, time-management, learning styles, test taking, library and financial resources and educational program planning. Course is recommended for new and continuing students.

Student Learning Outcomes: Students will:

- Identify ten campus resources and be able to explain what resources they find are important for their personal college success.
- Identify three study tips and three ways to take notes and state how improving these techniques are important for student college success.
- Identify what is their short term/long term academic goal(s).

Course Requirements

- **Attendance/Participation**
Attendance is necessary for participation. **You are responsible for dropping class by deadline (Nov. 10, 2012).** Leaving class early will result in 1 absence. Class will begin promptly, Please be on time. **(3 tardy = 1 absence) (4 unexcused absences may result being dropped from class)**
- **In Class Assignments & Homework**
In & out of class assignments will deal with Journals, Critical Thinking and Case Studies. Writing Assignments will be graded on content and not on grammar. However, grammar and punctuation will be corrected. **Homework assignment will be due at the beginning of the following class (NO LATE ASSIGNMENTS! (Unless you have mitigating circumstances).**
- **Midterm Review & Final**
There will be a midterm and final exam. If you attend every class meeting, participate in discussions, and complete all assignments you will be ready to take both exams.

Grading (400 pts possible)

400-360pts = A 359-320pts = B 319-280pts = C 279-240pts = D 239-below = F

HW/10 Case Studies= 125pts Discovery Pre/Post Wheel= 20ea/40pts Campus Pre/Post Survey= 10ea/20pts
Scavenger Hunt/Presentation= 30 ea/60pts Journal 1&2= 20ea/40pts Email Activity=20pts
Stress Survey=20pts SEP= 25pts MIDTERM=20s FINAL=30pts

DSPS

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs at (760) 355-6312.

NOTE

Please turn off your cell phones when in class. **NO TEXTING IN CLASS!**

Tentative Schedule: *(subject to change with advanced notice) No Class! 9/3/2012 & 11/12/12*

Date	Section	Topic
Week 1 08/20	Intro/Syllabus/Online Orientation	Intro/Orientation/Attitude vs. Commitment/Email Assign. HW: Get Planner and Study Syllabus/Email Assign due 8/27
Week 2 08/27	Syllabus/Campus Discuss Goals	Discuss Intro/Pre Survey: Campus Resources HW: Read Intro pg1-8 Do Pg 4-5 (Discovery Wheel) Pg 9
Week 3 09/10	Campus Resources Goals/Learning Styles	Scavenger Hunt/Goals cont'd/Learning Styles Pg 12 in class HW: Read 13-17 Do Pg LSI 1-6 /Scavenger Hunt Pt1: CS # 1
Week 4 09/17	Time Management	Campus Resources Presentations & Pt 2/Time Mgt/Planner HW: Read Pg 19, 22-23, 33-39 Do 20-21 & 24-26 CS#2
Week 5 09/24	Reading Tips	Post Survey/Reading Tips/SQR3+R3/ In-Class Do Pg 42/CS #3 HW: Read Pg 45-57 Do Pg 49 / Bring Notes from other class
Week 6 10/1	Note-Taking Tips	Discover Your Notes Do pg 58 In-Class/ Journal #1 HW: Read 61-73 Do Pg 74/ CS# 4
Week 7 10/08	Study/Test Taking Tips/Grades	Assess Study Habits/Test Taking Tips & Study Guide/Grades HW: CS # 5 , Study for Midterm
Week 8 10/15	MIDTERM Review	Midterm / Open for Discussion HW: CS # 6 /See Counselor (SEP Planner) DUE: 11/19
Week 9 10/22	Technology/Research & Info/Literacy Skills	Library Presentation /Research & Literacy/ CS# 7 HW: Read Pg 105-113 Do Pg 106-107, 114
Week 10 10/29	Stress/Optimal Health	Health Matters/Stress/Anxiety and Grades/ CS # 8 HW: Read Pg 91-98 Do Pg 95,99 (Stress Survey Due Wk 12)
Week 11 11/5	Attitudes/Relationships	Types of Relationships/Conflict Resolutions/ CS# 9 HW: Read Pg 28-29 Do Pg 30
Week 12 11/19	Financial Resources	Financial Aid Presentation/Money Worries CS# 10 HW: Read Pg. 117-127 Do Pg 123,126 List of classes to register for Spring 2013
Week 13 11/26	Academic Programs Available at IVC	IVC Programs/ED Plan/Transfer Options Discovery Wheel: Do Pg 129-131 Journal #2 HW: Review for Final
Week 14 12/3	Final	FINAL
Happy Winter Break!		Rest up for Spring 2013