

# Course Syllabus

**ADS 178**

**CRN 10588**

**LIFE SKILLS**

**FALL 2012**

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**Instructor:** Aruna Patel, B.A., CAT-III, CATE

**Contact Information:** aruna.patel@imperial.edu

**Course Number:** Alcohol and Drug Studies 178, 1 unit

**Course Time:** 6:30PM- 9:40 PM, Wednesday, 10/31/-11/28/2012

**Course Location:** Room 806

**Required Text:**

1. *Living Sober by Alcoholics Anonymous World Services, Inc.*
2. *Staying Sober A guide for relapse prevention:* Terence T. Gorski and Merlene Miller

**Course Description:** This course is designed to present an in-depth overview of the skills to better living for those in recovery from abuse and addiction and life in general.

**Course Objectives:**

Students will be able to: recognize intimate abuse and child abuse with special emphasis on brief intervention and emotive behavioral therapies.

**Student's Learning Outcome:** ADS 178- Students will be able to identify deficit areas of life skills such as relapse prevention and prepare a relapse prevention plan.

**Grading Criteria:** The breakdown of this course is on a grade point scale:

Assignment	Points	Percent toward grade
Thought Paper	80	40%
Final	100	50%
Attendance	20	10%

**Attendance:**

Students are expected to attend each class lecture as scheduled and remain present for the duration of the classroom session. Attendance is crucial and highly recommended, as it counts for 5% toward your final grade. Students missing more than 3 hours' worth of class may be dropped. Any student arriving late more than 3 times will be marked with one absence.

Allowances of absence may be made by the instructor on a "case-by-case" basis for special circumstances (i.e.: medical necessity, family/personal tragedy) provided the intent of the IVC attendance policies and the objectives of this course are adhered to. Should a student be absent from class, proper notification to the instructor need be made via phone or email. Instructor must be contacted prior to missing an exam except in a documented emergency situation.

It is the responsibility of the individual student to obtain class materials, handouts, and/or notes given during their absence.

It is the responsibility of the individual student to complete and submit the required administrative forms for withdrawing from this course.

**Classroom Disturbances:**

Please turn off cell phones, pagers and iPods before coming to lecture. Students who do not comply will be asked to leave the room for the day. If you know you are going to be late, please give prior notice to the instructor.

**DSP&S Statement:**

Any student with a documented disability who may need educational accommodation should notify the instructor or the Disabled Student Program Services (DSP&S) office at the Mel Wendrick Access Center as soon as possible.

Mel Wendrick Access Center  
DSP&S  
Room 2117  
Health Sciences Building  
(760) 355-6312

**Cheating Policy:**

Students caught cheating or attempting to cheat on quizzes or exams will be given a zero for that exam or quiz. The student may also be referred to the Associate Dean for Student Affairs for possible further discipline. Cheating includes but is not limited to looking at another student's papers, speaking out answers or questions, the use of open books or notes, use of cell phones, finger spelling in sign language or by notes written on the skin. Baseball caps may not be worn during quizzes or tests. Do not use iPods or such music-providing devices during lecture or tests.

