# Imperial Valley College Psychology of Human Sexuality

Fall 2012

Psychology 146, Section 10296

Fall 2012: MW 11:50 a.m. – 1:15 p.m. Room: 806

Instructor: Mike Cushner, MS

Communication:

1) Email: michael.cushner@imperial.edu

2) Text Message: 760-550-9480

3) In person office hours: Office location – 807E

M: 1:30 – 3:00 p.m. T: 11:45 a.m. – 12:45 p.m. W: 4:45 – 5:45 p.m. R: 8:00 – 8:30 a.m. OR by appointment

- 4) Telephone: 760-355-6142
- 5) Student Email Accounts: Each student at IVC has been issued an email account. Please go to the College website in order to access your account. If I need to communicate with you as a group, I will send email to these accounts. You should check your official email account frequently. In addition to messages from your instructors, the College also uses these email accounts for all official correspondence so it would behoove you to embrace this account and use it! Warning: email sent from personal accounts often is flagged as spam by the email filtering software used at IVC. If you do not receive a response to an email, it could be that your message was identified as spam and I have not received it. Email sent from IVC student accounts always gets past the spam filter.

**NOTE**: In any communication that you initiate with me you must include the following information:

- Your full name
- The course that you are enrolled in

If you do not provide this information, your message will be returned.

Website: http://imperial.blackboard.com

### Required Text:

Crooks, R. & Baur, K. (2011). Our Sexuality, 11th ed. Belmont, CA: Thomson Wadsworth.

# Course Description:

This introductory course examines the psychology of human sexuality, but also addresses the biological and social dimensions. The anatomy and physiology of sexual functioning, conception and contraception, sexually transmitted diseases, sexual dysfunction, and sexual orientations are among the topics that will be addressed. The controversies that exist relative to sexual expression and the implications of sexuality for the individual and society are also explored.

## Student Learning Outcomes:

- 1. Identify male and female anatomical structures and functioning involved in human sexual behavior and human reproduction.
- 2. Identify the etiology, symptoms, treatment, prevention, ethical issues, and societal impact of sexually transmitted diseases.
- 3. Identify the physical, social, cultural, and psychological developmental factors that impact sexual attitudes and behaviors.
- 4. Recognize the continuity and variety of sexual behavior and biological variation.
- 5. Recognize the influence of popular media on accuracy, biases, prejudices, assumptions and judgments about human sexuality.

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The exams and other assignments that are required for this course are designed to help students to achieve these three outcomes.

# Approach and Philosophy:

We will explore course material primarily through lecture and class discussion with short videos used where appropriate. This class will present a wide array of information about attitudes, ideas, and behaviors related to sexuality. I anticipate that each of you will have your system of personal beliefs challenged at some point during this semester. In fact, it is my hope that the variety of opinions presented in this class will broaden all of our perspectives. It is my expectation that beliefs and opinions will be expressed in a respectful and mature manner. It may be helpful to consider that what is acceptable to one person is unacceptable to another. Because of this, there will be an emphasis on scientific data when expressing personal opinions in class discussion. You are, however, encouraged to evaluate all information presented within the framework of your own convictions and experience. **Ultimately, the final expert on your own sexuality is you.** 

# Assignments and Grading:

3 Exams, 300 points (3 x 100 points each)

1 Written Assignment, 50 points

3 In-Class Exercises, 45 points (3 x 15 points each)

1 Self-Evaluation, 30 points

Total for class = 425 points

Please Note: The instructor does not provide opportunities for extra credit.

Grades will be assigned based on the percentage of total points earned as follows:

A = .90 - 1.00 C = .70 - .79 F = .59 or less B = .80 - .89 D = .60 - .69

#### Exams:

- \* The three exams will consist of multiple-choice questions covering material from the lectures and assigned readings. Each exam consists of 100 questions worth 1 point each. The third exam is <u>not</u> comprehensive.
- \* All exams are closed book and closed notes; no outside resources including dictionaries can be used while taking an exam. Also, students must never touch a mobile phone during an exam for any reason and you cannot listen to music during an exam.
- \* For each exam, you must bring a green Scantron form (form number 822-E) and a #2 pencil. Scantrons are available for purchase at the campus bookstore. Scantrons need to be kept in good condition or they will not feed through the scantron machine. If you do not have a scantron and a pencil to record your answers, you will receive a zero for the exam.
- \* On the days that exams are scheduled, exams will begin promptly at 11:50 a.m. Anyone who arrives more than 5 minutes late for an exam will have 20 points deducted from their test score.
- \* Study Guides I <u>do not</u> provide study guides for exams. Anything covered in lecture or contained in the assigned reading is considered to be "fair game" for inclusion on an exam.

# \*\*\*Make-up exams: In order to be eligible for a makeup exam you must meet the following conditions:

- Your absence must be due to an extreme emergency (such as medical emergency, death in the family, automobile accident, etc.).
- You must provide proof that the emergency occurred.
- You must notify me within 48 hours of the time of the exam either in person or via text/email/voicemail.
- You must report for the makeup exam at the time that I specify.

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- Once a makeup exam is scheduled, it will not be rescheduled for any reason; if you fail to show up, you will receive a zero for the exam.
- Under no circumstances will more than one make-up exam be given to a student in a given semester.

# Written assignment:

- \* You will be required to complete one written assignment; a complete description of the requirements for the written assignment will be posted to the course website.
- \* Your written assignment must be produced using **Microsoft Word**. For students who do not have personal computers available to them at home, there are personal computers available on campus.
- \* Your written assignment must be submitted electronically by the date indicated on the class schedule in this syllabus. For this class, I do not accept late assignments under any circumstances.
- \* The length of the assignment will be specified in the assignment description. Please be certain to meet this minimum length requirement. If you submit fewer words than the minimum required number even one word less the maximum grade you will receive will be the equivalent of a "C".

#### In-Class Exercises:

- \* Three exercises will be completed in class over the course of the semester. These are short assignment (10-20 minutes) that you will complete during class time and submit for grading.
- \* These exercises will occur on the date announced by the instructor.
- \* If you are not present on the date of a particular exercise, you will receive a zero for the exercise. No makeups will be given for in-class exercises under any circumstances.

## Self-Evaluation:

- \* At the end of the semester, you must submit an evaluation of your performance in the class. Specifically, you need to state the things that you did in order to improve the quality of the class; this includes things like class participation (questions, comments, discussions), prompt and consistent class attendance, paying attention and being focused on the material and discussions, and any other ways that you contributed to making this a better experience for yourself and the other students in the class.
- \* In order to get full credit for this assignment, you need to have consistently done the things mentioned in the last paragraph. Points will be deducted is you cannot demonstrate that you have not engaged in these activities.
- \* It would be a good idea for you to keep track of your class activities so that you have some good data to work with when you submit your self-evaluation.

#### Attendance:

- \* Students who are not present for the first day of class will be dropped.
- \* I will track attendance every class for the first two weeks of the semester. Students who stop attending after the first class session will be dropped on 09/04.
- \* After this time, I will track attendance approximately once every two weeks.
- \* Attendance will be tracked through a sign-in sheet. It is each student's responsibility to ensure that they sign the attendance sheet on days when attendance is tracked.
- \* After the first two weeks of class, I will <u>not</u> drop students from the course for nonattendance or non-participation. If you are unable to complete the course, it is your responsibility to use the processes that exist to drop yourself from the course. I am obligated to give a final grade to every student who is still registered in the course at the end of the semester. If you do not complete the course and do not drop yourself from the course, your grade will be based on whatever work you have completed in the course.

- \* Students are expected to attend all class sessions. If you do not attend class and take notes, you will not have any idea as to what to study for a given exam. I highly recommend that you make a friend in the class so that you can get notes from your friend if the need should arise to miss a class. In addition, you are required to write a graded self-evaluation at the end of the semester and, if you do not attend class, you will have nothing to report in that self-evaluation and your grade will be correspondingly low.
- \* Attendance and punctuality are important. I will be in class on time and I expect you to do the same. Tardiness is disrespectful and disruptive to the entire class; while it may be "nothing personal", you distract the entire class when you enter late. If you are late, please enter the classroom and be seated as quickly and unobtrusively as possible. Material (including announcements) that is covered in the beginning of class will not be repeated for latecomers; it is your responsibility to get any missed information.
- \* PLEASE NOTE: I <u>do not</u> make any lecture presentations available to students **for any reason**. In order to have an idea of what will be addressed on exams, it will be necessary for you to attend class and take notes.
- \* PLEASE NOTE: You may *not* record lectures without receiving my permission to do so beforehand.

# Classroom Etiquette:

- \* Most of you are here to learn the material, but some students are ambivalent or downright disinterested in this course and/or school. To preserve a productive learning environment, students who disrupt or interfere with a class may be told to leave the classroom and to meet with Sergio Lopez, campus disciplinary officer before returning to the class. Mr. Lopez will follow disciplinary procedures as outlined in the General Catalog.
- \* Students are expected to behave in a manner that is consistent with the Imperial Valley College "Standards of Student Conduct". If you do not conduct yourself in a manner that is consistent with these standards as well as with the instructor's standards of conduct, this could result in the disciplinary measures just described.
- \* Openness to ideas is a key factor in becoming an educated person. During class discussions, all ideas should be submitted and received in this spirit. No abusive, intolerant, or offensive language will be allowed.
- \* By college policy, students are not permitted to have food or drinks in the classroom with the exception of bottled water.
- \* At the beginning of each class session, I will remind everyone to turn off or silence mobile phones, smart phones and other electronic communication devices. You may not use any of these devices for any reason during class. In addition, the use of laptop computers is also not permitted unless you have a documented physical disability that requires their use.
- \* I expect that your purpose in registering for this class is to learn the subject matter. Any behaviors that do not involve paying active attention to the class are not permitted. This includes:

Any use of electronic devices	<ul> <li>Listening to music</li> </ul>	
Private conversations	<ul> <li>Reading newspapers</li> </ul>	
Writing notes	Reading/studying for another course	
Sleeping	Wearing sunglasses (unless you have a	
	documented medical condition)	
Any other behavior that does not involve paying active attention		

# Academic Dishonesty:

Cheating and plagiarism are not tolerated at the College. Anyone caught cheating or plagiarizing will be given a zero for the assignment and sent to Disciplinary Officer Sergio Lopez. A second occurrence of cheating or plagiarism may result in dismissal from class and expulsion from IVC as outlined in the General Catalog.

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## Students With Disabilities:

If you have a disability that has been registered with Disabled Students Programs and Services (DSPS) and you have been granted an accommodation relative to that disability in order to participate in this class, **please let me know immediately following the first class session**. If you believe that you may have a disability, please notify DSPS as soon as possible – contact the Mel Wendrick Access Center, Room 2117, 760-355-6312.

#### About Blackboard:

Blackboard is a course management system that has been implemented at IVC. The system is a web-based software package that most users find very simple to master because it looks like many other web pages that users are already familiar with. Blackboard has many capabilities that instructors and students find helpful: the ability to send messages, submit documents, send email, post announcements, set up chat rooms, track grades, administer tests and more are all part of this software package.

For this course, Blackboard will be used as the mechanism to track grades, to submit assignments, and as a means of communication. I will also post relevant documents on Blackboard such as this syllabus, course assignment descriptions, and the documents that I have developed to help students to master the fundamentals required to succeed in college.

You can access the Blackboard system by entering the following web address into your web browser: <a href="http://imperial.blackboard.com">http://imperial.blackboard.com</a>. This web address will take you to the IVC Blackboard login page. Your username for Blackboard is the same as the first part of your IVC email address (for example, juan.rodriguez). Your password is your WEBSTAR/Student Portal PIN. Enter your username and password and click the "Login" button.

Once you enter Blackboard, you should see a list of the courses in which you are currently enrolled on the right side of the page. To get to the course website, click on the link for "PSY 146: Psychology of Human Sexuality". This will take you to the course homepage and there is a graphic that indicates this. At this point, you might want to just explore around in Blackboard to see what is available. Feel free to click on the buttons as there is very little that you can harm. While every effort has been made to make the buttons in Blackboard obvious as to their purpose, a bit of exploration will help you to learn where everything is.

If you need some additional information about Blackboard, there is a link to the On Demand Learning Center on the first page after you login to Blackboard. To access this help directly, go to the following website: <a href="http://ondemand.blackboard.com/students.htm">http://ondemand.blackboard.com/students.htm</a>.

This syllabus describes the course that the instructor intends to deliver to the students. This intended plan is subject to change as the instructor deems necessary as the semester progresses.

# **Course Outline**

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WEEK	DATES	TOPIC	ASSIGNED READINGS (Chapters)
1	08/20	Syllabus Review	
	08/22	Perspectives on Sexuality/Sex Research	1,2
2	08/27	Female Sexual Anatomy/Physiology	3
	08/29	. ,	3
	09/01	Last Day to Drop With Refund of Fees	
	09/03	Last Day to Drop With No Grade	
3	09/03	09/03: Labor Day – No Classes	
	09/04	Census	
	09/05	Male Sexual Anatomy/Physiology	4
4	09/10	Gender Issues	5
	09/12	Ochaci issaes	9
5	09/17	Sexual Arousal/Response	6
	09/19	•	0
6	09/24	09/24: Exam 1	
	09/26	Love and Communication	7
7	10/01	Sexual Behaviors	8
	10/03	Sexual Dellaviols	8
8	10/08	SAVIJAI ( )riantatione	9
	10/10	Octual Officiations	3
9	10/15	Contraception	10
	10/17		
10	10/22	Conceiving Children	11
	10/24	•	
11	10/29	10/29: Exam 2	
	10/31	Sexuality During Childhood/Adolescence	12
12	11/05	Sexuality During Adulthood	13
	11/07		_
	11/10	Last Day to Drop With Grade "W"	
13	11/12	11/12: Veteran's Day – No Classes	
	11/14	Sexual Difficulties/Solutions	14
14	11/19	Sexually Transmitted Infections	15
	11/21	Atypical Sexual Behaviors	16
16	11/26	Sexual Coercion	17
	11/28	Sex for Sale	18
		11/28: Written Assignment Due	
16	12/03	12/03: Self-Evaluation Due	
	12/05	12/05: Exam 3	