



IMPERIAL VALLEY COLLEGE

## Basic Course Information

Semester:	<b>Spring 2026</b>	Instructor Name:	<b>Robert Wyatt</b>
Course Title & #:	<b>PSY 101: Intro to Psychology</b>	Email:	<b>Robert.wyatt@imperial.edu</b>
CRN #:	<b>21333</b>	Webpage (optional):	<b>www.imperial.edu</b>
Classroom:	<b>204</b>	Office #:	<b>1714</b>
Class Dates:	<b>Feb. 17 – Apr. 17</b>	Office Hours:	<b>10:00 – 11:00 am</b>
Class Days:	<b>Wednesdays</b>	Office Phone #:	<b>760-355-6491</b>
Class Times:	<b>8:00 – 9:00 am</b>	Emergency Contact:	<b>Elvia Camillo / 760-355-6144</b>
Units:	<b>3.0</b>	Class Format:	<b>Hybrid</b>

## Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology, including the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes.

## Course Prerequisite(s) and/or Corequisite(s)

Twelve Grade Reading Level is Strongly Preferred.

## Student Learning Outcomes

Throughout this course, you will be tested through discussion questions and/or through an exam to ensure that you have successfully met the following outcomes:

1. identify basic parts and functions of the neurons and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

## Course Objectives

Upon completion of the course, you will be able to do the following:

1. discuss the development of psychology as a science.
2. identify the major biological response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances, and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions, and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss how the social milieu affects human behavior.
10. identify major theories of emotion and motivation.



11. Discuss the difference between sensation and perception, giving one illustration of each.
12. identify and describe the major theories of human development and discuss how growth and development affect behavior.
13. discuss the processes by which humans learn and store skills and information.
14. discuss major theories of personality, their assumptions, and implications.
15. outline the nature, causes, and treatments of abnormal behavior.
16. Discuss how the social milieu affects human behavior.
17. identify major theories of emotion and motivation

### **Textbook**

1. Myers, D.G. (2022). Exploring Psychology (12th/e). New York NY: Worth. ISBN:9781319104191
2. E-Book - ISBN:9781319127756

### **Drop Policy**

1. Failure to log in to the class on Canvas 48 to 72 hours from the start of the class will result in the student being dropped.
2. Failure to complete 2 weeks of assignments will result in a drop as well.

### **Course Requirements**

For the course requirements of the course, you will be completing discussion questions and taking exams.

#### **• Discussion Question:**

- You are required to answer a discussion question. You can submit on CANVAS or in-person.
- Follow the provided discussion rubric to ensure your responses meet expectations.
- Additionally, you are required to respond to at least one of your classmates' posts.
- The due date will be the following Tuesday at the beginning of the class.

#### **• Test Yourself Quiz:**

- You will be given a 10-question (true/false and multiple-choice) quiz to test your knowledge.
- You will have 2 attempts for the quiz. I will keep the highest score.
- The quiz will be completed on Canvas.
- There is NO time limit.



## Course Grading Based on Course Objectives

Assignment	Number of Assignments	Points Per Assignment
Discussion Question	15	20
Test Yourself	15	10
<b>Total</b>	<b>35</b>	<b>450</b>

Grade	Percentage	Total Points
A	100% – 90%	450 – 405
B	89% - 80%	404 – 360
C	79% - 70%	359 – 315
D	69% - 60%	314 – 270
F	59% - 00%	269 - 000

## Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

## Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.



## Course Policies

### Attendance

*For in-person classes:* While attendance will not directly contribute to your overall grade, it is still an essential component of your success in this course. Attendance will be recorded daily, and students are expected to actively participate in all class sessions. Your absences cannot exceed the number of hours the class is scheduled to meet per week.

### Additional Classwork Information and Classwork Extensions

It is expected that students dedicate two (2) hours of independent work outside of class for every hour of lecture or classwork. Alternatively, three (3) hours of lab, practicum, or an equivalent activity per unit may be required.

No extensions will be granted for any coursework, as a full week is provided for completion. Please plan accordingly to meet the deadlines.

### Financial Aid

Your Grades Matter! To continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at [finaid@imperial.edu](mailto:finaid@imperial.edu).

### IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



## Course Policies

### Anticipated Class Schedule/Calendar

Week	CH.	Title	Assignment	Due Date
01	1	History of Psychology	Test Yourself Discussion Question	02/22
	2	Biology of Behavior	Test Yourself Discussion Question	02/22
02	3	Consciousness	Test Yourself Discussion Question	03/01
	4	Lifespan Development	Test Yourself Discussion Question	03/01
03	5	Sexuality	Test Yourself Discussion Question	03/08
	6	Sensation and Perception	Test Yourself Discussion Question	03/08
04	7	Learning	Test Yourself Discussion Question	03/15
	8	Memory	Test Yourself Discussion Question	03/15
05	9	Language & Intelligence	Test Yourself Discussion Question	03/22
	10	Motivation & Emotions	Test Yourself Discussion Question	03/22
06	11	Stress and Health	Test Yourself Discussion Question	03/29
	12	Social Psychology	Test Yourself Discussion Question	03/29
07	13	Personality	Test Yourself Discussion Question	04/05
	14	Psychological Disorders	Test Yourself Discussion Question	04/05
08	15	Therapy	Test Yourself Discussion Question	04/17

