



Basic Course Information

Semester:	Spring 26	Instructor Name:	Christina Aguilera
Course Title & #:	PSYC C1000	Email:	Christina.Aguilera@imperial.edu
CRN #:	21331	Webpage (optional):	N/A
Classroom:	811 (800 Building)	Office #:	Zoom/email/Canvas Inbox
Class Dates:	2/17-6/12	Office Hours:	Thursdays 9 am – 10 am via TechConnect Zoom
Class Days:	M & W	Office Phone #:	(760) 352-8320
Class Times:	09:40 am – 11:05 am (PST)	Emergency Contact	(760) 352-8320
Units:	3.0	Class Format/Modality	Face-to-face



Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID: PSY 110) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

RECOMMENDED PREPARATION: - Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

Demonstrate fundamental knowledge and comprehension of major concepts, theoretical perspectives, historical and cultural contexts, and empirical findings within the broad discipline of psychology.

1. Use a scientific approach (including critical and creative thinking) to understand individuals' mind and behavior within psychological, biological, sociocultural, and ethnocultural contexts while recognizing that biases filter experiences.
2. Apply psychological theories, concepts, and values to individual, interpersonal, group, and societal issues to demonstrate awareness of self and others.
3. Draw logical and objective conclusions about the mind and behavior from evidence to show how psychology evaluates, modifies, and supports its claims and counters unsubstantiated statements, opinions or beliefs.
4. ADDITIONAL Objective Information:
5. Define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
6. Identify and describe the major theories of human development and discuss how growth and development affect behavior.
7. Discuss major theories of personality, their assumptions and implications.
8. Outline the nature, causes, and treatments of abnormal behavior.

Textbooks & Other Resources or Links

<https://openstax.org/details/books/psychology-2e>

Course Requirements and Instructional Methods

Updated 6/2023



Demonstration, Discussion, Group Activity, Lecture, Simulation/Case Study, Distance Learning, Audio Visual, Computer Assisted Instruction

Course Grading Based on Course Objectives

Letter Grade Only

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Course Policies

Expectations for the Student and Instructor Alike

Student Expectations- To be successful in this course, you are expected to:

- *Read the entire Syllabus.*
- *Consistently check Announcements, your school email account, and the Canvas Inbox. • Review the calendar for due dates.*
- *Participate in Discussions (post weekly and respond to your classmates).*
- *Turn in your own work that's been thoughtfully completed, proofread for errors in spelling and grammar.*
- *Communicate with your instructor of any problems or confusion well in advance of the due date.*
- *Complete all discussions, assignments, online quizzes and/or exams on time.*

Instructor Expectations- As your instructor, I will

- *Communicate to you via Canvas announcements and Inbox.*
- *Post weekly course-related announcements.*
- *Respond to your email or phone message within 24-48 hours.*
- *Monitor all discussions and provide feedback to the entire class where needed at least weekly.*
- *Provide individual feedback on assignments/papers/projects within one week of the due date as needed.*
- *Work with you so you will have a successful learning experience in this course!*
- *Provide all course material in an accessible format.*



Course content will be covered as necessary to meet the requirements for the course. Some of the material may be addressed and/or supplemented to reflect the appropriate quality of learning for each student. If course material is adjusted, covered or not, each student will have access to materials to accomplish tasks/address assignments. Changes in the schedule can change at any given moment for any given reason.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar Spring 2026

Date or Week	Topic(s)	Assignments
Week 1	Syllabus & Introductions	Discussions/Assignments/Quiz
Week 2	Chapter 1 Introduction to Psychology Chapter 2 Psychological Research	Discussions/Assignments/Quiz
Week 3	Chapter 3 Biopsychology	Discussions/Assignments/Quiz



Week 4	Chapter 4 States of Consciousness	Discussions/Assignments/Quiz
Week 5	Chapter 5 Learning: Sensation and Perception Chapter 6 Learning: Biology, Cognition and Learning	Discussions/Assignments/Quiz
Week 6	Chapter 7 Thinking and Intelligence	Discussions/Assignments/Quiz
Week 7	Chapter 8 Memory	Discussions/Assignments/Quiz



Week 8	Chapter 9 Lifespan Development	Midterm Exam
Week 9	Chapter 10 Motivation and Emotion	Discussions/Assignments/Quiz
Week 10	Chapter 11 Personality	Discussions/Assignments/Quiz
Week 11	Chapter 12 Social Psychology	Discussions/Assignments/Quiz
Week 12	Chapter 13 Industrial/Organizational Psychology	Discussions/Assignments/Quiz
Week 13	Chapter 14 Stress, Health and Human Lifestyle	Discussions/Assignments/Quiz



Week 14	Chapter 15 Psychological Disorders and Chapter 16 Psychological Therapies	Discussions/Assignments/Quiz
Week 15	Chapter 16 Psychological Therapies	Discussions/Assignments/Quiz Term Paper Due
Week 16	Review and Final Exam/Projects Week	Discussions/Assignments/Quiz Final/Extra Credit Final Exam Due

*****Assignments and dates are tentative and subject to change without prior notice*****