

Basic Course Information

Semester:	Spring 2026	Instructor Name:	Viridiana Salas
Course Title & #:	Intercollegiate Basketball ATHL- 131	Email:	Viridiana.salas@imperial.edu
CRN #:	20471	Webpage (optional):	N/A
Classroom:	GYM	Office #:	758
Class Dates:	02/17/2024- 6/12/2024	Office Hours:	TBD
Class Days:	M- F	Office Phone #:	
Class Times:	12:00- 2:05pm	Emergency Contact:	
Units:	3	Class Format:	In person

Course Description

This class is designed for preparation and training involved with intercollegiate basketball competition. Maximum credit twelve units. (CSU) (UC credit limited. See a counselor.) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

Eligibility will be determined by CCCAA rules

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Perform, with an increasing degree of proficiency, the skills, techniques, and strategies of competitive intercollegiate basketball. (ILO1, ILO3)

Improve cardiovascular and muscular fitness. (ILO1, ILO3)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Demonstrate the necessary skills to participate on a competitive level.
2. Analyze the necessary concepts to implement team offense.
3. Recognize the necessary concepts to implement team defense.
4. Analyze techniques and strategies to maximize competitive fitness.
5. Successfully implement interpersonal skills necessary in team cohesion

Textbooks & Other Resources or Links

-NCAA (2022). *NCAA Basketball Rule Book* (Current Year). NCAA.

- Imperial Valley College (2022). *Student Athlete Handbook* Imperial Valley College.

Course Requirements and Instructional Methods

- Shirt & Shorts
- Running and basketball shoes
- Drinking water
- Towel

Instructional methods

- Individual Assistance
- Lab activity
- Audio visual
- Demonstration

Course Grading Based on Course Objectives

Students will be evaluated on their work on a weekly basis and broken down in the following:

- Attendance and participation
- Film review
- Scouting reports

Grading scale:

- A= 90–100%
- B= 80-89%
- C= 70-49%
- D= 60-69%
- F= Below 60%

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Introduction	
Week 2	Pre- physical fitness evaluation	
Week 3-16	Defensive and offensive skill development Intrasquad scrimmage Film review/ scouting reports Post physical fitness evaluation	

*****Subject to change without prior notice*****