Basic Course Information

Semester:	**FALL 2025**	Instructor Name:	**Roxanne Morales**
Course Title & #:	**PSYC C1000 Introduction to Psychology**	Email:	**Roxanne.morales@imperial.edu**
CRN #:	**11319**	Webpage (optional):	**www.imperial.edu**
Classroom:	**Online**	Office #:	**203E**
Class Dates:	**August 11th-December 6th**	Office Hours:	**Tuesdays & Thursdays 11 AM-1PM online via Zoom**
Class Days:	**Online**	Office Phone #:	**760-355-6136**
Class Times:	Online	Emergency Contact:	**Elvia Camillo: 760-355-6144**
Units:	3.0	Class Format/Modality:	Asynchronous Online

Course Description

This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations. (Formerly PSY 101) (C-ID: PSY 110) (CSU/UC)

Additional Course Description Information:
An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, human development, sleep and consciousness, personality, mental disorders and therapy.

Course Prerequisite(s) and/or Corequisite(s)

RECOMMENDED PREPARATION: - Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:
1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment

Course Objectives

Upon satisfactory completion of the course, students will be able to:

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1.   Demonstrate fundamental knowledge and comprehension of major concepts, theoretical perspectives, historical and cultural contexts, and empirical findings within the broad discipline of psychology.
2.   Use a scientific approach (including critical and creative thinking) to understand individuals' mind and behavior within psychological, biological, sociocultural, and ethnocultural contexts while recognizing that biases filter experiences.
3.   Apply psychological theories, concepts, and values to individual, interpersonal, group, and societal issues to demonstrate awareness of self and others.
4.   Draw logical and objective conclusions about the mind and behavior from evidence to show how psychology evaluates, modifies, and supports its claims and counters unsubstantiated statements, opinions or beliefs.
5.   ADDITIONAL Objective Information:
6.   Define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
7.   Identify and describe the major theories of human development and discuss how growth and development affect behavior.
8.   Discuss major theories of personality, their assumptions and implications.
9.   Outline the nature, causes, and treatments of abnormal behavior.

Textbooks & Other Resources or Links

Required: Spielmen, Jenkins & Lovett. 2020. Psychology . 2e OpenStax. ISBN: CC by 4.0.
Book will be provided online through Canvas

Course Requirements and Instructional Methods

Discussions: The instructor provides a thought-provoking question, case study, or scenario related to the course content. The Initial Response – Students write and submit their response, often requiring critical thinking, personal insights, and references to course materials. The Peer Interaction – Students reply to at least one or more classmates to build discussion, challenge ideas, or offer additional perspectives. The Evaluation Criteria – Responses are often graded based on depth of thought, engagement with peers, relevance to the topic, and writing quality.

Mid-Term and Final Exam: Exam will cover chapters and course material throughout the semester. The Midterm and Final exams are entirely multiple-choice. Some chapters listed may not be covered in class, but you are still responsible for the material, unless otherwise specified. No makeups for exams will be given without prior notification and/or documentation of an emergency.

Quizzes: Quizzes may include any or all of the following types of questions: multiple choice, true-false, matching, fill-in-the-blank, and short answer/essay. No makeups for exams or quizzes will be given without prior notification and/or documentation of an emergency. No work will be accepted over email without prior approval.

Thought Papers: Students will be required to submit a 1-2 page thought paper (not including a reference page) comparing and contrasting a psychological perspective or phenomenon that was covered in the lesson and featured in news article, television show, movie, song etc. No personal situations or concerns should be addressed in the thought papers whatsoever. Example of an acceptable thought paper will be posted for review.

Students are expected to read all assigned chapters as noted in syllabus. Although, we may or may not cover all of the material shown and the dates are approximations, students will however be required to know all the material assigned in reading and other material given in class. s

Course Grading Based on Course Objectives

Discussions: 260 (13 @20)	*A*	*90%-100%*	
Assignments: 100 (5 @ 20 pts)	*B*	*80%-89%*	
Thought Papers: 50 (2@25 points)	*C*	*70%-79%*	
Quizzes/Concept Review 130 (13 @10 pts)	*D*	*60%-69%*	
Midterm: 50 (1 @ 50 pts)	*F*	*59% and below*	
Final: 100 (1 @ 100 pts)			

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

 Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Disruptive Students: Students who disrupt or interfere with an online class may be sent to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

Examples of Academic Dishonesty that can occur in an online environment:

• Copying from others on a quiz, test, examination, or assignment;

• Allowing someone else to copy your answers on a quiz, test, exam, or assignment;

• Having someone else take an exam or quiz for you;

• Conferring with others during a test or quiz (if the instructor didn't explicitly say it was a group project, then he/she expects you to do the work without conferring with others);

• Buying or using a term paper or research paper from an internet source or other company or taking any work of another, even with permission, and presenting the work as your own;

• Using AI Tools to complete coursework;

• Excessive revising or editing by others that substantially alters your final work;

• Sharing information that allows other students an advantage on an exam (such as telling a peer what to expect on a make-up exam or prepping a student for a test in another section of the same class);

• Taking and using the words, work, or ideas of others and presenting any of these as your own work is plagiarism. This applies to all work generated by another, whether it be oral, written, or artistic work. Plagiarism may either be deliberate or unintentional.

Other Course Information

Have access to tutoring services in the Study Skills Center as well as private study rooms for small study groups. There is more to our library than just books!

• Career Services Center.Links to an external site. The Career Services Center is dedicated to serve all IVC students and Alumni. Services include Career Assessments, Resume and Cover Letter Assistance, Interview Preparation, Internship Opportunities and Job Placement.

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Makings SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

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WEEK	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
WEEK 1	Orientation	Complete orientation
WEEK 2	Introduction to Psychology	Discussion 1 Quiz 1
WEEK 3	Biopsychology	Discussion 2 Assignment 1 Quiz 2
WEEK 4	States of Consciousness	Discussion 3 Quiz 3
WEEK 5	Sensation and Perception	Discussion 4 Quiz 4
WEEK 6	Learning	Discussion 5 Assignment 2 Quiz 5
WEEK 7	Memory	Discussion 6 Quiz 6 Thought Paper 1 Due
WEEK 8	Midterm	Extra Credit: Industrial Organization
WEEK 9	Lifespan Development	Discussion 7 Assignment 3 Quiz 7
WEEK 10	Emotion and Motivation	Discussion 8 Quiz 8
WEEK 11	Personality	Discussion 9 Quiz 9
WEEK 12	Social Psychology	Discussion 10 Assignment 4 Quiz 10
WEEK 13	Stress, Lifestyle and Health	Discussion 11 Quiz 11
WEEK 14	Psychological Disorders	Discussion 12 Quiz 12

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Thought Paper 2

WEEK 15	**Therapy and Treatment**	**Discussion 13**
		Assignment 5
		Quiz 13
WEEK 16	**Thanksgiving Break**	**ALL LATE WORK DUE!**
WEEK 17	**Final**	**Extra Credit: Psychological Research**

Subject to change without prior notice

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