

### Basic Course Information

Semester:	<b>Fall 2025</b>	Instructor Name:	<b>Brenda Estrada, Ph.D.</b>
Course Title & #:	<b>ADS 251: Co-Occurring Disorders</b>	Email:	<b>Brenda.estrada@imperial.edu</b>
CRN #:	<b>10942</b>	Webpage (optional):	<b>Imperial.edu</b>
Classroom:	<b>209</b>	Office #:	<b>Zoom</b>
Class Dates:	<b>August 11th- December 6th</b>	Office Hours:	<b>Mondays 10:00 am-11:00 am via Zoom</b>
Class Days:	<b>Tuesdays-Thursdays</b>	Office Phone #:	
Class Times:	<b>9:40 am-11:05 am</b>	Emergency Contact:	<b>760-997-6048</b>
Units:	<b>3.00</b>	Class Format:	<b>Face-to-Face</b>

### Course Description

This course will introduce students to co-occurring disorders and treatment needs of those who have a psychiatric or mental health disorder in combination with a substance abuse disorder. Students will learn to identify, examine, screen and gain knowledge in assessment tools to evaluate the presence and severity of co-occurring disorders. This course also explores the treatment of persons with co-occurring disorders. Strategies for risk management associated with treating individual modalities with co-occurring disorders are presented. (C-ID: ADS 190 X) (CSU)

### Course Prerequisite(s) and/or Corequisite(s)

None

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Recognize the most prevalent mental disorders. (ILO1, ILO2, ILO3, ILO4, ILO5)
2. Recognize the assessment criteria for mental disorders reflected in the current DSM-5 and commonly associated with substance abuse. (ILO1, ILO2, ILO3, ILO4, ILO5)
3. Recognize the current interaction of mental disorder with chemical dependency- e.g Etiology, prevalence, treatment, medication, research, and clinical management. (ILO1, ILO2, ILO3, ILO4, ILO5)

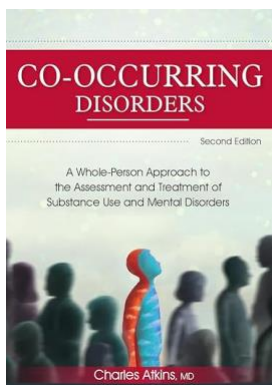
### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Counsel clients with coexisting substance abuse dependency and mental illness

2. Identify the current status of treatment of dually diagnosed persons.
3. Understand the relationship between alcohol/drug use and psychiatric symptoms.
4. Define mental disorders and substance abuse as presented in the current edition of Diagnostic and Statistical Manual of the Mental Disorder (DSM-5) and understand the implications and applications in assessing a client.
5. Prepare a treatment plan for mental health, substance abuse, and or dual diagnosis.
6. Define and explain the dangers of dual relationships with clients.
7. Explain the importance of cultural sensitivity in dual diagnosis field.
8. Recognize the potential for substance abuse disorders to mimic a variety of medical and psychological disorders.

### Textbooks & Other Resources or Links



Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders  
Author: Atkins, Charles MD  
Edition: 2<sup>nd</sup> Edition

### Course Requirements and Instructional Methods

**Modules Section (Canvas):** Each module contains a small, focused set of related information. Within each module, you will complete tasks such as watching videos and viewing PowerPoint slides. The modules will become available sequentially as you progress through the course.

**Exam:** There will be four exams, each with 25 multiple-choice questions. Each question is worth 2-points. The exams will cover 1-4 chapters at a time and course material throughout the semester. A study guide will be provided.

**Class Activities:** Class activities will vary based on the chapters covered. Some activities will be completed individually, while others will be done in groups. There will be a total of five class activities, each worth 20 points.

### Midterm Reflection Paper

The midterm will be a 2–page reflection paper on what you have learned so far in ADS 251: Co-Occurring Disorders. This assignment will encourage you to connect course concepts to your personal, academic, and professional experiences. Further instructions and specific prompts will be provided during class. The midterm is worth 80 points.

**Guest Speaker:** Two guest speakers will be invited to this course. Each guest speaker will be an experienced professional in the field of substance use disorders (SUD) and mental health.

### Final Group Project – Disorder Deep Dive: Co-Occurring Analysis

For the final project, students will work in groups to research a mental disorder covered in ADS 251 and examine how it interacts with a specific substance use disorder. Groups will create a PowerPoint presentation that integrates course concepts, current research, and real-world examples. Topics, format, and detailed instructions will be provided during class. The final is worth 100 points.

### Course Grading Based on Course Objectives

Assessment Tool (assignments)	Points
Meet and Greet Discussion	10 points
Exams (4@ 50 pts each)	200 Points
Midterm Reflection Paper	80 points
Class activities (5@ 20pts each)	100 points
Final Presentation	100 points
<b>TOTAL</b>	<b>490 points</b>

### Percentage Range Letter Grade Points Range

90–100%	A	441–490
80–89%	B	392–440
70–79%	C	343–391
60–69%	D	294–342
Below 60%	F	293 and below

### Course Policies

**Attendance:**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students.
- A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

#### **Classroom Etiquette:**

- **Electronic Devices:** Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- **Food and Drink:** are prohibited in all classrooms while class is in session. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- **Disruptive Students:** Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- **Children in the classroom:** Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### **Academic Honesty**

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property. There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question. Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

## Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations. •

- Students have counseling and health services available, provided by the pre-paid Student Health Fee.
- Student Health Center. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. 1. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.
- Mental Health Counseling Services. Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760- 355-6310 or in the building 1536 for appointments or more information.

## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

## Anticipated Class Schedule/Calendar

Dates	Topics	Assignments
August 12 <sup>th</sup> & 14 <sup>th</sup> Module 0	<b>Introduction to class</b>	Meet and Greet Discussion  Assignment due on Aug 17 <sup>th</sup> at 11:59 P.M.
August 19 <sup>th</sup> & 21 <sup>st</sup> Module 2	<b>Chapter 1:</b> Co-Occurring Basics: Overview, Terms, Key Concepts, and a Bit of History	Class discussion  <b>Class activity:</b> Ethical Decision-Making Scenario
August 26 <sup>th</sup> & 28 <sup>th</sup> Module 3	<b>Chapter 2:</b> The Comprehensive Assessment Part One: Personal, Psychiatric, Family, and Social Histories, and the Mental Status Examination	Class discussion  <b>Class activity:</b> First Client Meeting: Building the Assessment
September 2 <sup>nd</sup> & 4 <sup>th</sup> Module 4	<b>Chapter 3:</b> The Comprehensive Assessment Part Two: Substance Use, Medical Histories, and Collateral Sources of Information	Class discussion  <b>Class activity:</b> Counseling Case Study Role-Play



September 9 <sup>th</sup> & 11 <sup>th</sup> Module 5	<b>Chapter 4:</b> The Comprehensive Assessment Part Three: Stages of Change and Level of Motivation for Change	Class discussion  <b>Exam 1 (Chapters 1-3) Scheduled for September 11<sup>th</sup></b>
September 16 <sup>th</sup> & 18 <sup>th</sup> Module 6	<b>Chapter 5:</b> Creating a Problem/Need List and Setting Goals and Objectives	Class discussion  <b>Class activity:</b> Problem/Need List & Goal Setting for a Client with Co-Occurring Disorders
September 23 <sup>rd</sup> & 25 <sup>th</sup> Module 7	<b>Chapter 6:</b> Treatment-and-Recovery Plans  <b>Chapter 7:</b> Levels of Care	Class discussion  Guest Speaker  <b>Class activity:</b> Treatment Planning
September 30 <sup>th</sup> & October 2 <sup>nd</sup> Module 8	<b>Chapter 8:</b> Key Psychotherapies, Mutual Self- Help, and Natural and Peer Supports  <b>Chapter 9:</b> Wellness and Resilience	Class discussion  <b>Exam 2 (Chapters 4-7) Scheduled for October 2<sup>nd</sup></b>
October 7 <sup>th</sup> & 9 <sup>th</sup> Module 9	<b>Chapter 10:</b> Co-Occurring Attention- Deficit/Hyperactivity Disorder and Related Disorders	Class discussion  <b>Mid-term Reflection Paper Due October 12<sup>th</sup> via Canvas</b>
October 14 <sup>th</sup> & 16 <sup>th</sup> Module 10	<b>Chapter 11:</b> Depressive Disorders and Co- Occurring Substance Use Disorders	Class discussion
October 21 <sup>st</sup> & 23 <sup>rd</sup> Module 11	<b>Chapter 12:</b> Bipolar Disorder and Co- Occurring Substance Use Disorders	Class discussion  <b>Exam 3 (Chapters 8-11) Scheduled for October 23<sup>rd</sup></b>

October 28 <sup>th</sup> & 30 <sup>th</sup> Module 12	<b>Chapter 13:</b> Anxiety Disorders and Co-Occurring Substance Use Disorders	Class discussion
November 4 <sup>th</sup> & 6 <sup>th</sup> Module 13	<b>Chapter 14:</b> Posttraumatic Stress Disorder and Co-Occurring Substance Use Disorders	Class discussion
November 11 <sup>th</sup> & 13 <sup>th</sup> Module 14	<b>Chapter 15:</b> Schizophrenia, Other Psychotic Disorders, and Co-Occurring Substance Use Disorders  <b>Chapter 16:</b> Personality Disorders and Co-Occurring Substance Use Disorders	Class discussion  • Documentary
November 18 <sup>th</sup> & 20 <sup>th</sup> Module 15	<b>Chapter 17:</b> Alcohol <b>Chapter 18:</b> Tobacco <b>Chapter 19:</b> Opioids <b>Chapter 20:</b> Selected Topics for Other Substances	Class discussion • <b>Guest Speaker</b>  <b>Exam 4 (Chapters 12-16)</b> <b>Scheduled for November 18<sup>th</sup></b>
November 25 <sup>th</sup> & 27 <sup>th</sup>	Thanksgiving Break	
December 2 <sup>nd</sup> & 4 <sup>th</sup> Module 16	Final	<b>Final Exam (Group presentation):</b> <b>Disorder Deep Dive: Co-Occurring Analysis PowerPoint</b>

**\*SUBJECT TO CHANGE\***

**\*\*\*Subject to change without prior notice\*\*\***