



Basic Course Information

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|-------------------|---------------------|------------------------|--|
| Semester: | Fall 2025 | Instructor Name: | Yvonne Salgado |
| Course Title & #: | CDEV 101 | Email: | Yvonne.salgado@imperial.edu |
| CRN #: | 10491 | Webpage (optional): | |
| Classroom: | On-Line | Office #: | Cell phone 760-235-8431 |
| Class Dates: | 8-11 to 12-6 | Office Hours: | E-mail or text to set up a Zoom Meeting |
| Class Days: | On-Line | Office Phone #: | Cell phone 760-235-8431 |
| Class Times: | On-Line | Emergency Contact: | CFCS Secretary: 760-355-6232 |
| Units: | 3 Units | Class Format/Modality: | On-Line |

Course Description

Introduction to the laws, regulations, standards, policies, procedures, and best practices related to health, safety, and nutrition in care and education settings for children from birth through middle childhood. This course includes the teacher's role in prevention strategies, nutrition and meal planning, integrating health, safety and nutrition experiences into the daily routines, and overall risk management to ensure physical health, mental health and safety for both children and staff. (C-ID: ECE 220) (CSU)

Course Prerequisite(s) and/or Corequisite(s)

None

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Describe strategies used to promote health (mental and physical), safety, and nutrition of children and adults in early childhood settings. (ISLO1, ISLO2, and ISLO5)
2. Evaluate environments for both positive and negative impacts on children's and adults' health and safety. (ISLO2)
3. Identify and implement regulations, standards, policies and procedures related to health, safety, and nutrition in care and education settings. (ISLO2, ISLO4, and ISLO3)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Define the broad concepts of health, safety, and nutrition.
2. Identify laws and regulations supporting health, safety, and nutrition.
3. Identify health and safety risks, and prevention strategies in care and education settings.
4. Describe a caregiver's role and responsibility in modeling good health, safety, and nutrition habits.



5. Apply the recommendations for children's nutrition to the development of healthy and economical meals and snacks based on the age and individual needs of children.
6. Plan developmentally appropriate, culturally responsive learning experiences and environments that support the topics of health, safety, and nutrition.
7. Describe culturally responsive strategies for partnering with families and the community in support of a healthy and safe environment for children.
8. Explore community resources available to support children and families.

Textbooks & Other Resources or Links

Marotz, Lynn R. (2020). *Health, Safety, and Nutrition for the Young Child* 10th. Cengage Learning ISBN: 978-035-704-0775

Course Requirements and Instructional Methods

Grades will be based upon class participation, attendance and the completion of assignments, pop quizzes, quizzes and tests throughout the semester. All material presented in the text, study guide, videos and handouts will be part of the evaluation process.

All assignments should be typed and submitted through Canvas.

No assignments or projects will be accepted late. They are due on the date assigned. If you feel that you have extenuating circumstances, please see me before the project is due. If you have permission to turn the project in late, you will not earn higher than a letter grade of 'C' for your effort.

Every student has the same chance to prepare for quizzes and tests. If you miss a quiz and have extra time to study, it is unfair to those students who took the quiz on time. In order to make up a test, quiz, or assignment you must show proof for the absence (doctor's note, hospitalization paperwork) and it must be approved by the instructor. Regardless of the reason for a missed quiz, all missed quizzes and tests must be made up within a week of when your class took the test or quiz. Please see me to schedule make-ups. Please make sure you are available when tests are scheduled. If you are not here for a scheduled test, you will receive no points for the test. A missed assignment or test is considered an "F" and no points will be given. Plan a schedule to allow for ample study time so you will be prepared. There is no penalty for taking a quiz or test before the scheduled time.

All assignments have a rubric by which the student can view what is required to receive the highest grade on that assignment.

Grading Policy

"When grades are given for any course of instruction taught in a community college district, the grade given to each student shall be the grade determined by the faculty member of the course, and the determination of the student's grade by the instructor, in the absence of mistake, fraud, bad faith or incompetency, shall be final."
California Education Code, Section 76224(a)



Everyone in each class can earn an “A” grade. There is no set number or percentage that limits how many A’s can be earned in each class.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

| CLASS ASSIGNMENTS | POINT VALUE |
|--------------------------------------|-------------|
| Class discussions 10 @ 2 points | 20 Points |
| Practice Assignments 2 @ 5 points | 10 |
| Communicable Disease Info (PLO7 & 8) | 25 |
| Title 22 paper (PLO, 7) | 25 |
| Menu Planning (PLO 8) | 50 |
| Lesson Plan Assignment (PLO8) | 30 |
| Tests 3 @ 30 points each | 90 |
| Mid-term/Final 2@50 points each | 100 |
| Total Points | 350 points |

| Grade |
|---------------------------------|
| A=90%-100% (315-350) |
| B=80%-89% (280-314) |
| C=70%-79% (245-279) |
| D=60%-69% (210-244) |
| F=59% and below (243 and below) |

If you do not participate in the weekly discussions, you will not receive your discussion points for the week.

All assignments should be typed and submitted through Canvas.

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal



accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

Attendance:

- A student who fails to attend the first week of class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Academic Honesty:

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the importance of acknowledging and safeguarding intellectual property. There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.
- Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include but are not limited to the following (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Netiquette:

Classroom

- **Electronic Devices:** Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor. Please step outside to text or call.
- **Food and Drink** are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- **Disruptive Students:** Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- **Children in the classroom:** Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Online

Online netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

| Date or Week | Activity, Assignment, and/or Topic | Pages/ Due Dates/Tests |
|-------------------------|--|---|
| Week 1 August 11-17 | Syllabus and Introduction Module and Chap. 1 – Children's Well Being Module | Read Pages 2-38 Discussion 1 |
| Week 2 August 18-24 | Chap. 2- Daily Health Observations Module | Read Pages 39-54 Discussion 2 |
| Week 3 August 25-31 | Chap. 3 – Assessing Children's Health Module | Read Pages 55-82 Discussion 3 Review for test chapters 1-3 |
| Week 4 September 1-7 | Chap. 4 – Caring for Children with Special Medical Conditions Module | Read Pages 83-113 Complete TEST 1 Chapters 1-3 Review Infectious Disease Assignment/Presentation |



| Date or Week | Activity, Assignment, and/or Topic | Pages/ Due Dates/Tests |
|---|---|---|
| Week 5 September 8-14 | Chap. 5 –The Infectious Process and Environmental Control Module | Read Pages 114-136 Discussion 4 |
| Week 6 September 15- 21 | Chap. 6 – Childhood Illnesses: Identification and Management Module | Read Pages 137-170 Review for test chapters 4-6 Infectious Disease Assignment/Presentation Due |
| Week 7 September 22- September 28 | Chap. 7 –Creating High Quality Environments Module | Read Pages 172-207 Complete TEST 2 (Chapters 4-6) Review Title 22 Assignment |
| Week 8 September 29- October 5 | Chap. 8 – Safety Management Module | Read Pages 208-238 Discussion 5 |
| Week 9 October 6-12 | Chap. 11 – Planning for Children’s Health & Safety Education and Chap. 19- Nutrition Education: Rationale, Concepts, and Lessons Module | Read Pages 296-322 Read Pages 489-512 Title 22 Assignment Due Review Lesson Plan Assignment Practice Assignment Lesson Plan Discussion 6 |
| Week 10 October 13-19 | Chap. 9- Management of Injuries /Acute Illness and Chap. 10 – Maltreatment of Children: Abuse & Neglect Module | Read Pages 239-270 Read Pages 271-295 Review for Mid-Term test Discussion 7 |
| Week 11 October 20- October 26 | Mid-Term | Complete Mid-Term TEST Chapters 7-11 and 19 |
| Week 12 October 27- November 2 | Chap. 12 – Nutritional Guidelines Module | Read Pages 324-343 Discussion 8 Lesson Plan Due |
| Week 13 November 3-9 | Chap 13- Nutrients that Provide Energy Chap. 14 – Nutrients that Promote Growth and Regulate Body Functions Module | Pages 344-359 Pages 360-382 Review Menu Plan Assignment Practice Assignment Menu Plan Review for Test 3 (Chapters 12-14) |
| Week 14 November 10-16 | Chap 17 Planning and Serving Nutritious and Economical Meals Module | Read Pages 431-458 Discussion 9 Complete TEST 3 (Chapters 12-14) |
| Week 15 November 17-23 | Chap 15 & 16 Feeding Infants/ Feeding Toddlers and Young Children Module | Read Pages 384-407 Read Pages 408-430 Discussion 10 Menu Plan Due Review for Final |
| Week 16 November 24-30 | Thanksgiving Week | |
| Week 17 December 1-5 | FINAL Module | Complete Final |

*****Subject to change without prior notice*****