

#### **Basic Course Information** Semester: **Summer 2025** Instructor Name: Viridiana Salas Course Title & #: | ES 112 Basketball-Co- Ed viridiana.salas@imperial.edu Email: CRN #: | **30210** Webpage (optional): N/A Classroom: **GYM** Office #: **758** Class Dates: 6/16/25 -7/24/25 Office Hours: **TBD** Class Days: **Monday - Thursday** Office Phone #: 760-355-6325 Class Times: | 10:00- 11:25 am **Emergency Contact:** Units: Class Format: In person (face to face)

### **Course Description**

An introduction to the fundamental skills and strategy of the game. Rules and class competition are included in the course. (Formerly PE 112) (CSU, UC credit limited. See a counselor.)

### Course Prerequisite(s) and/or Corequisite(s)

**NO PREREQUISITES** 

#### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

-Perform with an increasing degree of proficiency in the skills, techniques and strategies of basketball.

# **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1. Practice individual ball handling and body control skills and techniques in basketball.
- 2. Express an increased understanding of offensive tactics in basketball.
- 3. Express an increased understanding of defensive strategies in basketball.
- 4. Demonstrate knowledge of the rules of basketball.
- 5. Demonstrate greater levels of fitness through the participation of the game

#### **Textbooks & Other Resources or Links**

Silvils, Kevin and Riddle, Deana 2010. The Game of Basketball: Basketball Fundamentals, Intangibles and Finer Points of the Game for Coaches, Players and Fans A Southern Family Publishing ISBN: 9780615345260. (optional)



# **Course Requirements and Instructional Methods**

#### **INSTRUCTIONAL METHODOLOGY:**

- -Group Activity
- -Individual Assistance
- -Lab Activity
- -Lecture
- -Demonstration

#### **Requirements:**

- -Shorts/ sweatpants
- -Shirt
- -Basketball shoes / running shoes
- -Drinking water
- -Towel (optional)

# **Course Grading Based on Course Objectives**

Students will be evaluated on their work on a weekly basis and broken down in the following:

- -Skill Demonstration (pre/ post)- 50pts (25 each)
- -Mid-Term/Final Exam(s) 50 each= 100 pts.
- -Attendance/ Participation= 155pts

Total points = 305 points

#### **Grading scale:**

- A= 90-100%
- B= 80-89%
- C= 70-49%
- D= 60-69%
- F= Below 60%

## **IVC Student Resources**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <a href="http://www.imperial.edu/studentresources">http://www.imperial.edu/studentresources</a> or click the heart icon in Canvas.



# Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Introduction	
	Pre evaluation	
Week 2-6	Scrimmage (play)	
	Midterm	
	Post Evaluation	
	Final Exam	

<sup>\*\*\*</sup>Subject to change without prior notice\*\*\*