

Basic Course Information					
Semester:	Spring 2025 - DAY	Instructor Name:	Steve Holt		
Course Title & #:	EMT 105	Email:	steve.holt@imperial.edu		
CRN #:	20336	Webpage (optional):			
Classroom:	3204	Office #:	3206		
			Monday 0900—1000		
Class Dates:	2/12/25 6/6/25	Office Hours:	Tuesday 13001600		
			Steve (760) 355-6183		
Class Days:	Wednesday and Fridays	Office Phone #:	Tricia (760) 355-6483		
Class Times:	08:30 1355	Emergency Contact:	tricia.jones@imperial.edu		
Units:	7.5	Class Format/Modality:	LIVE		
ourse Description					

#### **Course Description**

A course designed for individuals who will encounter victims of illness or injury primarily in an emergency, prehospital environment. This course would be of value to all emergency service personnel, including ambulance personnel, law enforcement, fire services, hospital emergency department, and other rescue personnel. Topics will include roles and responsibilities, evaluation and treatment of illness and injury. Procedures for dealing with life threatening emergencies are presented. The student will be able to gain a functional understanding of assessment-based approaches to patient care as well as the interventions added to the EMT I scope of practice. Hazardous Material training and semi-automatic defibrillation training are included. This course is approved by the Imperial County Emergency Medical Services Agency. Successful Course completion makes students eligible to take the National Registry Exam (NREMT). Students who complete the EMT course and Pass the National Registry Exam are eligible for an EMT License in any state in the U.S.

## **Course Prerequisite(s) and/or Corequisite(s)**

There are no Pre-requisites for the course.

\*Students must pass the BLS Healthcare Provider CPR portion at the beginning of the course.

#### **Student Learning Outcomes**

- 1) Write a narrative report from data supplied in various forms including written input, verbal input, and visual observations. The report will be legible, will have correct spelling and punctuation, and will demonstrate the proper use of grammar. (ILO1)
- 2) Complete an assessment of a medical patient, while providing appropriate care, using a National standard check off sheet. (ILO 1, ILO)
- 3) Complete a patient assessment on a trauma Pt in proper sequence and using standard precautions. This is a Verbal and Hands-on skill. (ILO 2, ILO 3, ILO 4)
- 4) Demonstrate correct application of spinal immobilization equipment for given scenario. (ILO1, ILO2, ILO3)



#### **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1) Demonstrate knowledge of EMS system design, roles and responsibilities, critical incidence stress management, death and dying, communications, customer service, medical legal issues, lifting and moving patients, equipment maintenance, ambulance driving, and how to respond to a call.
- 2) Demonstrate knowledge of medical terminology, human anatomy, and pharmacology, as it pertains to EMS.
- 3) Understand Infectious Diseases know signs and symptoms, and when and how to use Personal Protective Equipment PPE.
- 4) Demonstrate knowledge of CPR, foreign body airway management, airway management, oxygen administration, and KING airway management.
- 5) Demonstrate knowledge of the role of the ALS provider, the local ALS unit and equipment, assisting ALS providers, and how to communicate effectively with ALS providers.
- 6) Demonstrate knowledge of scene assessment, patient history, primary and secondary survey, neurological exam, and accurate measurement of vital signs.
- 7) Demonstrate knowledge of body substance isolation, methods of disease transmission, immune system responses, and the chain of transmission.
- Demonstrate knowledge of the mechanism of injury, bleeding and shock, soft tissue injuries, burns, musculoskeletal trauma, head and spine injuries, chest, and abdominal injuries, and agricultural or industrial emergencies.
- 9) Demonstrate knowledge of cardiovascular, respiratory, non-traumatic abdominal, neurological, and diabetic emergencies.
- 10) Demonstrate knowledge of physiological changes during pregnancy, complications of pregnancy, stages of labor and delivery, normal childbirth, and resuscitation of the newborn.
- 11) Demonstrate knowledge of assessment of special populations such as infant, pediatric, and geriatric patients and their common illness, potential for abuse, and syndromes specific to each, e.g., sudden infant death.
- 12) Demonstrate knowledge of electrical emergencies, heat and cold emergencies, poisoning, water related emergencies, bites, stings, envenomation, altitude sickness, allergic reactions/anaphylactic shock.
- 13) Demonstrate knowledge of patient's response to illness and injury, legal aspects of behavioral emergencies, alcohol and substance abuse, attempted suicide, rape and sexual assault, disruptive behavior, and emotional problems.
- 14) Demonstrate knowledge of the incident command system, the medical branch, transportation, types of incidents and triage during multi-casualty scene management.



- 15) Demonstrate knowledge of principles of extrication and disentanglement.
- 16) Demonstrate knowledge of patient care during transport, including care of pre-existing indwelling devices, performing CPR during transport, and helicopter safety.
- 17) Demonstrate knowledge of hazardous material at the first responder awareness level.
- 18) Demonstrate knowledge of use of the semi-automatic defibrillator and policies/procedures regarding EMT defibrillation.
- 19) Describe the key concepts and principles of National Incident Management System
- 20) Demonstrate the knowledge of the Roles and Responsibilities of an EMT in a Tactical Emergency.

#### **Textbooks & Other Resources or Links**

#### TEXTBOOK:

- Option #1 = Real Book
  - Student Textbook-<u>REQUIRED</u> <u>Emergency Care 14th Ed. Publisher-Pearson Education, Author Limmer</u> <u>O'Keefe (2021).</u> ISBN-13: 9780135379134
- Option #2 = Pearson eText Emergency Care -- Instant Access ISBN-13: 9780136873242

#### **OTHER RESOURCES:**

- The LC Ready APP will be purchased by IVC. Students will receive an access code.
- American Heart Association Basic Life Support for Healthcare Providers Manual (2020) \*Manuals can be loaned by IVC. In classroom only
- American Heart Association-CPR Card \$5 (Day 3)
- I.D. Badge- \$5.00 required. Pay for badge at the business office
- Background check and drug screening = \$100 Mandatory
- Student must purchase Polo Shirts and Uniform Pants.
- Uniform pants Navy Blue Purchase at WALMART, or wherever
  - <u>Uniform Shirt Navy Blue with LOGO and your last name with the 1<sup>st</sup> initial. Purchase at Border Tactical in El Centro = 925 N Imperial Centro (760-353-9482)</u>
  - Students will wear the required uniform on all skills/simulation days. Purchase within 5 weeks of class

## **Course Requirements and Instructional Methods**

- Background/Drug/Immunization package. It must be completed by April 8th<sup>th</sup>. 2025
- All students are going to do an Ambulance/Fire Engine/Hospital Time. You must complete a Background check, Physical, Drug test, TB Test, FLU Shot, Hepatitis B shot, and other basic immunizations prior to doing their Field/Hospital Hours.
- EMT Students require 24 hours of patient experience. Students can receive 12 Hours live on the ambulance and hospital, only by completing the Background/Drug Packet. EMT students will do their 12 hours of hospital time



at **ECRMC** after completing the background/immunizations, and an orientation. The class will be designated for only one hospital. **ECRMC** 

- All students will document at least 10 patient contacts whether they are real or simulated.
- Hospital Hours are Mandatory

## **Course Grading Based on Course Objectives**

The EMT comprehensive final test must be passed with a score of 80% or higher.

Students have a second chance to take the written final if they get less than 80% the first time. The second chance score does not apply to their grade. A student who cannot achieve an 80% or higher after two chances, will receive an F for the entire course.

#### EMT Grading Scale:

93-100 -A 85-92 -B 77-84 -C Below 77 - F AND Pass Final with 80% or higher

- Mandatory exercise will be an everyday part of your class participation points. Squats and Push-ups.
- Written Final = 300 points
- Midterm= 200 points
- LC Ready APP Exams = 20 point after achieving an 80% or better on each of the 5 "Practice Exams" =100 points total.
- LC Ready APP Review Quizzes =Twelve HW Quizzes in APP 10 points each awarded after achieving an 80% or better on each of the "Review Quizzes" = 120 points total.
- **EMT Homework** = There will be Multiple choice and essay homework for each set of Chapters. Each HW assignment is worth 40 points. The Homework is a combination of Multiple choice and short answer/essay questions = 40 Points Each
- Ambulance/Scenarios/ 10 Documented Patients = 100 points. This is Mandated by the State of California and LEMSA. You will not pass the class unless you complete the background/drug/immunization and complete 24 hours of Clinical/Field Time with 10 Documented Patient Encounters.
- CPR Exam = 50 points
- Chapter Tests = 100 Points Each (4)
- Five CANVAS NREMT Exams = 25 points each 125 points

## Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

#### **Accessibility Statement**

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility



regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through *DSPS*, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

## **Course Policies**

- EMT 105 students will be on time to all Classes and after breaks
- EMT 105 students will wear a tucked in uniform on all skills days. Approximately 12
- You can only miss a total of 10.5 hours of class. No more than 2 full classes. Leaving early counts towards 10.5 hours. You will be dropped after excessive hours missed.
- You must put away your Cell phones or computers during chapter lectures. They cannot be on your desks. Offenders will be dropped. If you must use your phone during class, you can retrieve it and use it in the hallway. Students who try to hide their phone use during class will be viewed as undesirable EMTs, and they will be dropped from the class.
- \*\*Skills days may be difficult or impossible to recreate for the student.

## **Other Course Information**

- Emergency Medical Services is a wonderful profession. It is a special service to help people when they are sick, injured, and scared. The patients and their families and friends are counting on you.
- Upon completion of this course, you are eligible to take the National Registry of Emergency Medical Technicians (NREMT) Exam.
- You will plan to take a computer exam at an NREMT (Pearson Vue) Testing centers.
- Passing the NREMT exam means you are eligible to have an EMT license in any state in the United States.
- Your instructor will go over this process in the final weeks of class.

#### **Financial Aid**

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Makings SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at <u>finaid@imperial.edu</u>.

#### **IVC Student Resources**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <u>http://www.imperial.edu/studentresources</u> or click the heart icon in Canvas.



## Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Instructor(s) / Due	
2/12/25	Introduction to Course Syllabus	Dates/Tests Holt	
Day 1	Schedule Course	non	
Duy I	materials/Uniforms/Ride along	Begin work on	
	Hours	background/TB/FLU	
2/19/25	AHA CPR Day 1	Holt/Green/Ochoa	
Day 2	Mandatory Day	CPR BOOK	
2/21/25	AHA CPR Day 2	Holt / Green + 2 PE	
Day 3	Mandatory Day	CPR BOOK AHA CPR Exam	
2/26/25	EMS Operations/Preparatory	Holt	
Day 4	Cover Chapters 1-3	Study Chapters 1-6	
	Emergency Care Textbook 14th edition	HW Ch. 1-6 in CANVAS	
2/28/25	Anatomy and Physiology	Holt	
Day 5	Cover Chapter 4-6 From Emergency Care		
	Review Chapters 1-6		
3/5/25	Chapter Test 1-6	Holt	
Day 6	Pathophysiology	HW 7-10 Canvas	
	Cover Chapters 7-8	HW 1-6 is Due*	
3/7/25	Airway	Holt	
Day 7	Cover Chapters 9-10		
	Review Chapters 7-10		
3/12/25	Skills day; Airway, Lifting and Moving.	Ochoa/Talamantes +2 PE	
Day 8		Uniform/Skills Day	
3/14/25	Patient Assessment	Holt	
Day 9	Cover Chapters 11-14	HW 11-17 in CANVAS	
		HW 7-10 is Due*	
3/19/25	Patient Assessment	Holt	
Day 10	Cover Chapters 15-17		
	Review Chapters 11-17		
3/21/25	Chapter Test 7-17	Holt	
Day 11	Medical Emergencies/Pharmacology		
	Cover Chapters 18-20	HW 18-22 in CANVAS	



Date or Week	Activity, Assignment, and/or Topic	Instructor(s) / Due Dates/Tests
3/26/25	Cardiology	Holt
Day 12	Cover Chapters 21-22	
	Review Chapters 18-22	
3/28/25	Skills Day	Ochoa/ Suamataia +2 PE
Day 13	Patient Assessment and Vitals	
-	Ambulance Simulator	HW 11-17 Due*
	Pharmacology Skills	HW 18-22 Due*
4/2/25	Medical Emergencies	Holt
Day 14	Cover Chapter 23-25	
	Midterm Review	HW 23-29 in CANVAS
4/4/25	Medical Emergencies	Suamataia
Day 15	Cover Chapter 23-25	
4/9/25	Skills Day	Holt/Ochoa/+1 PE
Day 16	Live MIDTERM Ch 1-28	
	Pharmacology Skills	HW 23-28 Due*
	Epinephrine injection	
	Naloxone Skill	
	Glucometer skills	
4/11/25	Introduction to Clinical/Field	Holt
Day 17	<u>*Do Not miss this day</u>	HW 29-35 in CANVAS
		Clinical Field Packets are
	Introduction to Trauma	Due
	Cover Chapters 29-31	
4/16/25	Trauma Skills Day	Ochoa/Talamantes
Day 18	Bleed Control/Shock	+2 PE
	Long Bone/Joint Immobilization	
	Wound Management	
	Spinal Motion Restriction	
	Patient Assessment Trauma	
	Traction Splint	
4/18/25	Trauma Lectures	Holt
	<b>Trauma Lectures</b> Cover Chapters 32-35	Holt
4/18/25 Day 19 4/30/25		Holt Holt



	Instructor(s) / Due
Activity, Assignment, and/or Topic	Instructor(s) / Due Dates/Tests
Chapter Test 18-35	Holt
<b>OB/Geriatrics</b>	HW 29-35 DUE*
Ch 36 and 37	HW 36-41 in CANVAS
EMS Operations	Castro
Cover Chapter 39 and 40	
Mass Casualty Incident Drill	Castro + 2 PE
Tactical EMS	
EMS Operations	Holt
Cover Ch 38 and 41	
Review NREMT Process and Exams	Holt
Practice All Skills for Skills Final	Ochoa/Talamantes
Chapter Test 36-41	Holt/Ochoa
OB Skill and Testing	
CPAP Skill and Testing	
Vehicle Extrication	Castro/ Suamataia
Bleeding Control/Shock Management	
Skills Practice	
NREMT Skills Final Day 1	Holt/Green/Ochoa/+1 PE
NREMT Skills Final Day 2	Ochoa/Green +2 PE
Written Final Ch. 1- 41	Skills Packets Due
Any student who does not get an 80% on the written	<b><u>Clinical/Field packets</u></b>
final will have to take it again. You will receive an "F" in	*10 Patient
the course if you do not pass the second attempt	<b>Documentation Due</b>
	*5 LC Ready APP Tests Due *5 NREMT Exams Due
Written Final Retake	Holt
Only Opportunity	
	Chapter Test 18-35   OB/Geriatrics   Ch 36 and 37   EMS Operations   Cover Chapter 39 and 40   Mass Casualty Incident Drill   Tactical EMS   EMS Operations   Cover Ch 38 and 40   Review NREMT Process and Exams   Practice All Skills for Skills Final   Chapter Test 36-41   OB Skill and Testing   CPAP Skill and Testing   Vehicle Extrication   Bleeding Control/Shock Management   Skills Practice   NREMT Skills Final Day 1   NREMT Skills Final Day 2   Written Final Ch. 1- 41   Any student who does not get an 80% on the written final will have to take it again. You will receive an "F" in the course if you do not pass the second attempt   Written Final Retake   Only for those who received less than 80% on First attempt

\*\*\*Subject to change without prior notice\*\*\*