



IMPERIAL VALLEY COLLEGE

## Basic Course Information

Semester:	<b>Spring 2025</b>	Instructor Name:	<b>Tina A. Williams</b>
Course Title & #:	<b>PSY 101: Introduction to Psychology</b>	Email:	<b>tina.williams@imperial.edu</b>
CRN #:	<b>20311</b>	Webpage (optional):	<b>n/a</b>
Classroom:	<b>412</b>	Office #:	<b>n/a</b>
Class Dates:	<b>02/10-06/06/25</b>	Office Hours:	<b>Tuesday, Wednesday, Thursday 3:00-4:00 Zoom</b>
Class Days:	<b>MW</b>	Office Phone #:	<b>760-352-8320</b>
Class Times:	<b>8:00 -9:25 am</b>	Emergency Contact:	<b>760-562-5404</b>
Units:	<b>3</b>	Class Format/Modality:	<b>In-person</b>

## Course Description

*An introduction to the study of human behavior and cognition: Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social process (C-ID PSY 110).*

## Course Prerequisite(s) and/or Corequisite(s)

**Recommended: Twelfth grade reading level is highly recommended.**

## Learning Outcomes

***Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:***

- Identify basic parts and functions of the neuron and lobes of the brain (IL01; IL02; IL03)*
- Identify different parenting styles and their effect on human development (IL01; IL02; IL03)*
- Identify major psychological disorders, key symptoms, and the main strategies used for treatment (IL01; IL02; IL03, IL05).*

## Course Objectives

### **MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR A GRADE OF "C"**

***Upon satisfactory completion of the course, students will be able to:***

- 1. Discuss the development of psychology as a science.*
- 2. Identify the major biologic response systems of the human body and discuss their influence on behavior.*
- 3. Discuss the difference between sensation and perception, giving one illustration of each.*

4. Define consciousness and describe the major theories of human development and discuss how growth and development affect behavior.
5. Discuss the processes by which humans learn and store skills and information.
6. Discuss major theories of personality, their assumptions and implications.
7. Outline the nature, causes, and treatments of abnormal behavior.
8. Discuss the ways in which the social milieu affects human behavior.
9. Identify major theories of emotion and motivation.

## Textbooks & Other Resources or Links

Text: *Exploring Psychology*, Myers, David G, Dewall, C. Nathan 12<sup>th</sup> ed. ISBN: -13:978-1319132118/ISBN-10:1-319132111

## Course Requirements and Instructional Methods

**Weekly Journals:** Journals will be a resource for the students to be able to analyze and reflect on the reading, dialogue, and content discussed. Weekly journals also count as your participation grade.

**Discussion question:** Discussions will be based on a topic that is relevant to the chapter of the week. Students will reply to the post providing their relevant and appropriate response. Students will also reply to two of their classmates providing further information and/or opinion on the subject.

**Quizzes:** Quizzes may include any or all the following types of questions: multiple choice, true-false, matching, fill-in-the-blank, or short answer essay. **There are no makeups for quizzes.**

**Exams:** Exams will be given based on text reading, lecture materials, and multimedia presentations. Exam format will be multiple choices. No makeups for exams will be given without prod notification and/or documentation of an emergency.

**Out of Class Assignments:** The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

## Course Grading Based on Course Objectives

### Grading:

90-100 = A

80-89% = B

70-79% = C

60-69% = D

50-59% = F

## Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to



do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

## Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

## Course Policies

*A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of the class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.*

*Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.*

*Absences attributed to the representation of the college at officially approved events (conference, contests, and field trips) will be counted as "excused" absences.*

## Other Course Information

*Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.*

*Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.*

*Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.*

*Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.*

## Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at [finaid@imperial.edu](mailto:finaid@imperial.edu).



## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

## Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
02/10-12/25	<b>Syllabus &amp; Introduction</b> <b>Chapter 1: Thinking Critically with Psychological Science</b>	
02/17-19/25	<b>Chapter 2: The Biology of Behavior</b>	
02/24-26/25	<b>Chapter 3: Consciousness and the Two-Track Mind</b>	
03/03-05/25	<b>Chapter 4: Developing Through the Life Span</b>	
03/10-12/25	<b>Chapter 5: Sex, Gender, and Sexuality</b>	
03/17-19/25	<b>Chapter 6: Sensation and Perception</b>	
03/24-26/25	<b>Chapter 7: Learning</b>	
03/31-04/02/25	<b>Chapter 8: Memory</b>	
04/07-09/25	<b>Chapter 9: Thinking, Language, and Intelligence</b>	
04/14-16/25	<b>Chapter 10: Motivation and Emotion</b>	
04/21-23/25	<b>"Spring Break"</b>	
04/28-30/25	<b>Chapter 11: Stress, Health, and Human Flourishing</b>	
05/05-07/25	<b>Chapter 12: Social Psychology</b>	
05/12-14/25	<b>Chapter 13: Personality</b>	
05/19-21/25	<b>Chapter 14: Psychological Disorders</b>	
05/26-28/25	<b>Chapter 15: Therapy</b>	
06/02-04/2	<b>Final</b>	

\*\*\*Subject to change without prior notice\*\*\*



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