



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	Winter 2025	Instructor Name:	Nicole Rodiles
Course Title & #:	Intro to Psy/Psy 101	Email:	nicole.rodiles@imperial.edu
CRN #:	15043	Webpage (optional):	
Classroom:	Online	Office #:	203G
Class Dates:	1/2/25-2/2/2025	Office Hours:	Wednesday: 1-2pm
Class Days:	M-F	Office Phone #:	760/355-6142
Class Times:		Emergency Contact:	Todd: 760/960-3524
Units:	3	Class Format/Modality:	ONLINE

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

Course Prerequisite(s) and/or Corequisite(s)

Student Learning Outcomes

1. identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.



5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.
11. discuss the difference between sensation and perception, giving one illustration of each.
12. identify and describe the major theories of human development and discuss how growth and development affect behavior.
13. discuss the processes by which humans learn and store skills and information.
14. discuss major theories of personality, their assumptions and implications.
15. outline the nature, causes, and treatments of abnormal behavior.
16. discuss the ways in which the social milieu affects human behavior.
17. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

1. Myers, D.G. (2022). Exploring Psychology (12th/e). New York NY: Worth. ISBN: 9781319104191
2. E-Book - ISBN: 9781319127756
3. OER: [Psychology 2e \(Spielmen, Jenkins, and Lovett, 2020\) \(OpenStax\)](#) (CC BY 4.0); [Introductory Psychology \(OpenStax\) – LibreTexts \(CC BY 4.0\)](#)

Course Requirements and Instructional Methods

Demonstration

Discussion _____

Group Activity

Lecture _____

Simulation/Case Study _____

Distance Learning

Other, please identify



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Audio Visual

Computer Assisted Instruction

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

Course Grading Based on Course Objectives

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

ASSIGNMENTS:

Out-of-class:

Assignments that apply psychological theory discussed in the classroom to real-world settings. For example, doing a class presentation on a section of a specific chapter and using real life examples to explain the material. Written position statements on subjects that are chosen by the professor and/or student and relevant to course. Research would be done via internet to show information literacy and competency in finding acceptable sources such as peer-reviewed journal articles. Video/Movie Analysis where groups of students choose a movie that is related to one of the Psychology topics discussed in class and write a 2-3 page paper how the psychology concepts are presented in the movie.



Reading and Writing:

Reading assignments include assigned text readings; current articles and/or sources from the internet. A written and/or verbal critical analysis of the readings is required. Written assignments include reflective responses, sharing the student's viewpoints and opinions in regard to course material. Research papers on a pertinent psychological topic could be either compare/contrast psychological theory, or APA style literature review.

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Class Policies:

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. **Consider:** specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework.
Disciplinary
- procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.



Other Course Information

[Optionally, include other necessary information.]

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 January 2-5	Syllabus & Introduction Chapter 1 Chapter 2	
Week 2 January 6-12	Chapter 3 Exam 1 (Chpt 1-3) Thought Paper Chapter 4	
Week 3 January 13-19	Chapter 5 Exam 2 (Chapter 4-5) Chapter 7	
Week 4 January 20-27	Chapter 11 Chapter 12 Exam 3	
Week 5 January 28-Feb 2	Chapter 13 Chapter 14 Chapter 15 Final Exam	

*****Subject to change without prior notice*****