



Basic Course Information

Semester:	Fall 2024	Instructor:	Robert Wyatt
Course Title & #:	PSY 144: Interpersonal Relations	Email:	Robert.wyatt@imperial.edu
CRN #:	10386	Webpage	www.imperial.edu
Classroom:	Online	Office #:	1714
Class Dates:	08/12 – 12/07	Office Hrs:	T/TR: 8:30 – 10:30 am/Zoom
Class Days:	---	Office #:	760-355-6491
Class Times:	---	Emergency:	Text - 760-355-6491
Units:	3	Modality:	Online

Course Description

An exploration of the dynamics of interpersonal relationships. Starting, developing, understanding, and improving one's relationships with self and others will be the focus of this course. Topics will include love, jealousy, acceptance, listening skills, communication skills, perception of self and others, and self-disclosure. The course involves lecture, discussion, and experiential techniques.

Course Prerequisite(s) and/or Corequisite(s)

12th Grade Reading Level

Student Learning Outcomes

- I. Identify positive affirmations
- II. Create positive affirmations
- III. Practice positive affirmations

Course Objectives

- I. Recognize multiple modes of communication and the differences in congruent and non-congruent messages and self-evaluate communication style.
- II. Learn self-care and nurturing techniques.
- III. Practice active listening.
- IV. Practice appropriate self-disclosure; recognize and share feelings through "I messages."
- V. Recognize destructive self-defeating behavior.
- VI. Set relationship goals and build support networks.



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Textbooks & Other Resources or Links

Messages: The Communication Book

Matthew McKay PhD, Martha Davis PhD, Patrick Fanning
4th Edition

Course Requirements and Instructional Methods

Assignment	# of Assignments	Total Points
Class Discussions	5	500
Exams	5	250
Extra Credit	---	No more than 3% of your total grade

Course Grading Based on Course Objectives

Letter Grade	Percentage
A	100 - 90
B	89 - 80
C	79 - 70
D	69 - 60
F	59 - 00

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.



Course Policies

Attendance: Regular attendance and active participation are crucial for success in this class. Students are expected to attend all classes and contribute to discussions and activities. If this class is taken online, attendance is not required.

Late Work: I do not accept late work because of the amount of time that I give per assignment. Under medical reasons and prior notification may be accepted.

Academic Integrity: I expect you to uphold the highest standards of academic integrity. Plagiarism, cheating, and any form of dishonesty will not be tolerated.

Communication: All class-related communication should be conducted through official channels (e.g., university email or learning management system).

Classroom Behavior: You are expected to behave respectfully towards classmates and the instructor. Disruptive behavior will not be tolerated.

Electronic Devices: Use of electronic devices should be limited to class-related activities. Phones and other devices should be silenced or turned off during class.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Week	Date	Chapter	Assignment
Week 1	08/12 – 08/16	Syllabus & Chapter 1	
Week 2	08/19 – 08/23	Chapter 2	Class Discussion 1
Week 3	08/26 – 08/30	Chapter 3	Test 1
Week 4	09/02 – 09/06	Chapter 4	
Week 5	09/09 – 09/13	Chapter 5	
Week 6	09/16 – 09/20	Chapter 5	Class Discussion 2
Week 7	09/23 – 09/27	Chapter 6	
Week 8	09/30 – 10/04	Chapter 6	Test 2
Week 9	10/07 – 10/11	Chapter 7	
Week 10	10/14 – 10/18	Chapter 7	Class Discussion 3
Week 11	10/21 – 10/25	Chapter 8	
Week 12	10/28 – 11/01	Chapter 9	Test 3
Week 13	11/04 – 11/08	Chapter 10	
Week 14	11/11 – 11/15	Chapter 11	Class Discussion 4
Week 15	11/18 – 11/22	Chapter 12	Test 4
Week 16	11/25 – 11/29	FALL BREAK	
Week 17	12/02 – 12/06	Chapter 13	Class Discussion 5 Test 5

Subject to change without prior notice