

### Basic Course Information

Semester:	<b>Spring 2024</b>	Instructor Name:	<b>Suellen Encinas, MSN-Edu, RN Ana Cisneros, MSN, RN</b>
Course Title & #:	<b>VN 112 Intro to Patient Care II</b>	Email:	Suellen.Encinas@imperial.edu Ana.Cisneros@imperial.edu
CRN #:	<b>21127</b>	Webpage (optional):	www.imperial.edu
Classroom:	M & T: Lab 1 W & TH: 2110	Office #:	(760)355-6176
Class Dates:	April 14th – June 7th	Cell Phone #:	Ms. Encinas (760)879-3941 Mrs. Cisneros (760) 550-1809
Class Days/Times:	Monday 0700-1930 Tuesday 0800-1200 Wednesday 0800- 1210 Thursday 0800-1210	Office Hours:	M & T: 12-1 pm W: 1:15 -3:15 pm Th: 4:15-5:15
Units:	5.0	Class Format:	In-person

### Course Description

Communication skills are presented in this course. Basic psychological and physiological concepts related to stress that cause disruptions in the individual's ability to adapt to his/her environment are presented in the classroom. Concurrently in clinical and simulated sessions, the student relates learned skills and theory to the care of patients with well-defined commonly occurring illnesses in the hospital setting. (CSU)

### Course Prerequisite(s) and/or Corequisite(s)

VN 110 with a grade of "C" or better

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Utilizing principles of medical/surgical asepsis student will demonstrate safe and effective insertion of urinary catheter or other procedure in a simulated clinical setting.
2. On dosage calculation exam, students will have a score of 92% or better on the first attempt.
3. Perform an introductory patient assessment, identify and document long and short-term goals/expected outcomes for simulated and actual client situations.

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Utilize the nursing process to: Assess the client's general physical condition; Utilize available sources of information to develop a plan of care; Report and record data appropriately.
2. Identify the nature, effect, and response to stress.
3. Identify the following if given a set of common disruptions to coping behaviors: Adaptive and maladaptive feature; Effects of culture/ethnic features; Effects of age; Effects of religious preference.
4. Explain the role of the endocrine and autonomic nervous systems in maintaining homeostasis.

5. Administer oral, other non-injectable and parenteral (except IV) medications to assigned clients.
6. Apply principles of Standard Precautions to assigned client care situations.
7. Apply principles of Standard Precautions to assigned client care situations.
8. Explain the role of acid-base balance in maintaining homeostasis in assigned client care situations.
9. Student will identify nutritional needs in deviations from health with respect to: Age; Culture; Disease entity; Religious preference.
10. Assess individuals for Oxygen and Carbon Dioxide exchange and provide measures to maintain efficient and effective balance.
11. Assess needs of individuals with cardiovascular and cerebrovascular disruptions and provide care at a first semester student level to a patient.
12. Develop a teaching plan for a client with one of the disruptions to health studied in the class.
13. Assess the needs of individuals with common disruptions of urinary and/or intestinal elimination and provide care to a client.
14. Apply principles of surgical asepsis to assigned client care situations.

### Lecture Outline

#### Theory:

Module A: Using the Nursing Process to care for individuals with urinary and intestinal elimination problems.

Module B: Using the Nursing Process to plan patient care.

Module C-1: Principles of Adaptation to Stress

Module C-2: Common Defense Mechanism

Module D-1: Acid-Base Balance: The Basics

Module D-2: Acid-Base: Introduction to Acidosis and Alkalosis

Module E: Using the Nursing Process to care for individuals with problems in oxygen exchange.

Module F: Using the Nursing Process to care for individuals with common disruptions of fluid and electrolyte balance.

Module G: Using the Nursing Process to care for individuals with nutritional problems.

Skills: [VN 112 Skills Packet.pdf](#)

### Textbooks & Other Resources or Links

#### Required:

- Taylor, Lynn, & Barlett, Fundamentals of Nursing, Wolters Kluwer, Current Edition
- Lynn, Taylor's Clinical Nursing Skills, Lippincott Williams & Wilkins, Current Edition
- ATI Nursing Education [www.atitesting.com](http://www.atitesting.com)

#### Recommended:

- Doenges, Application of Nursing Process, F. A. Davis Company, Current Edition
- Kee, Laboratory & Diagnostic Tests, Pearson, Current Edition
- Doenges, Nurse's Pocket, F. A. Davis Company, Current Edition
- Doenges, Application of Nursing Process, F. A. Davis Company, Current Edition
- Hogan, Pearson Reviews and Rationales, Pearson Education, Current Edition
- Taber, Taber's Cyclopedic Medical Dictionary, F. A. Davis Company, Current Edition
- Willis, Fluids & Electrolytes Made Incredibly Easy, Lippincott Williams & Wilkins, Current Edition
- Doenges, Nursing Diagnosis Manual, F. A. Davis Company, Current Edition
- Roth, Nutrition & Diet Therapy, Cengage Learning, Current Edition
- Vallerand, Davis's Drug Guide for Nurses, F. A. Davis Company, Current Edition

- Doenges, Nursing Care Plans, F. A. Davis, Current Edition
- Springhouse, Pathophysiology Made Incredibly Easy, Current Edition
- Taylor, Lynn, & Barlett, Fundamentals of Nursing Workbook, Wolters Kluwer, Current Edition
- Springhouse, Fluids & Electrolytes Made Incredibly Easy, Current Edition

Resources:

- The National Association of Licensed Professional Nurses (NALPN), [www.nalpn.org](http://www.nalpn.org)
- The Point. Student book resources <http://thepoint.lww.com/student>
- [VN 112 Skills Packet.pdf](#)

## Course Requirements and Instructional Methods

### COURSE REQUIREMENTS

Class Activity

Essay

Mid-Term/Final Exam(s)

Objective

Oral Assignments

Problem Solving Exercise

Quizzes

Skill Demonstration

Written Assignments

### INSTRUCTIONAL METHODOLOGY:

In-person

Flipped Classroom

Computer Assisted Instruction

Demonstration

Discussion

Group Activity

Individual Assistance

Lab Activity

Lecture

Simulation/Case Study

## Course Grading Based on Course Objectives

LVN Program Grading:

To advance to the next semester, a “C” or better is required in this course.



The Licensed Vocational Program complies with the Imperial Valley College grading policies in the current catalog and the LVN program grading program policy as outlined.

All assignments are graded on the following scale and grades are not rounded.

A = 93%-100%

B = 85%-92%

C = 78%-84%

F = Below 78%

F= When the clinical evaluation is unsatisfactory regardless of the theory grade.

Student must pass the final examination with a 78% or a grade of "F" for the course will be issued as outlined in the LVN student handbook.

The student is responsible for making an appointment with their instructor any time their grade average drops below 82%.

Students must maintain a "C" average in all nursing courses to advance in the program.

Both the clinical and classroom aspects of each course must be passed. Failure in either part results in failure of the course and requires re-taking the entire course.

#### **Scoring requirements for successful completion of each course:**

- 78% or better of total possible points accumulated from all written work and examinations (overall coursework), and
- 78% or better of the total possible points accumulated from the major unit exams as designated in the course syllabi, and Imperial Valley College Course Syllabus
- Satisfactory and > 78% or better in clinical performance, including non-graded written assignments and pre-lab preparation.

#### **Major Unit Exams and Remediation**

The student who fails the 1st unit exam shall:

- Complete remediation in the Nursing Learning Center with a tutor.
- Demonstrate knowledge of those areas identified by the faculty as being deficient prior to sitting for the next modular exam.
- Receive a 0% on any subsequent exam, if non-compliant with remediation.
- The student who fails a 2nd unit exam or has an accumulated average less than 78% shall:
  - Meet with the teaching team.
  - Develop and submit a personal learning contract that includes all items of deficiencies and specific plan for improving test success.
- The student who fails a 3rd unit exam or has an accumulated average less than 78% shall:
  - Meet with the teaching team to consider withdrawal from the nursing program.
  - If the drop date has passed, the student will meet with the teaching team regarding the possible failure of the nursing course.

#### **ALGORITHM FOR DIAGNOSTIC EXAMS (ATI):**

Refer to LVN Handbook for information.

Scores may be considered as a unit exam.

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### Clinical and Skills Laboratory Performance Grading:

#### **Clinical and skills laboratory performance will be determined on a satisfactory or unsatisfactory basis.**

- 1st unsatisfactory in clinical/skills laboratory: Student will complete a NLC referral (remediation) established by the instructor prior to the next clinical/skills laboratory.
- 2nd unsatisfactory in clinical/skill laboratory: Student will complete NLC referral (remediation) established by the instructor prior to the next clinical/skills lab.
- 3rd unsatisfactory in clinical/skills laboratory: Student will meet with the teaching team to consider dismissal from the nursing course. Please bear in mind that two or three "unsatisfactory" clinical/skills lab performances could be received in one day.

The clinical instructor will conduct a formal clinical evaluation at the completion of each 4-weeks. The clinical instructor in conjunction will complete a comprehensive classroom and clinical evaluation with the team leader at the completion of the eight-week course.

When a care plan is returned to a student with an unsatisfactory grade, the student is expected to correct the plan within the designated time frame and return it to the instructor. If a student fails to correct the care plan on time or if the returned plan continues to be unsatisfactory, it will be reflected as unsatisfactory performance for the rotation.

Theory, clinical, and skills laboratory requirements must be satisfactorily completed independent of each other to successfully complete the course.

### **Course Policies**

Each student in this class is expected to respectfully participate. Additional to the learning this class provides, this is a fun course. Please act professionally and keep other students' feelings in mind and refrain from rude, inappropriate behavior and language in class.

**Electronic Devices:** Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.

**Food and Drinks** are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

**Disruptive Students:** Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

**Children in the classroom:** Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

**Academic Honesty:** Anyone caught cheating, or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

#### **Attendance:**

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

LVN students in the Imperial Valley College Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments.

Absences will be limited to the following for the semester: VN 112: 11.5 hours

A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The student will meet with the teaching team to discuss the situation and will be considered for dismissal. If remediation is considered, the student will be required to match missed hours; In excess of the maximum allowable, with assigned hours of study. These assignments will be based upon the classroom and clinical objectives. The instructor(s) will determine the appropriate type of remediation.

LVN students in the Imperial Valley College Vocational Nursing Program are expected to meet the attendance requirements approved by the Board of Vocational Nurse and Psychiatric Technician Examiners as posted on the bulletin board.

Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lecture, clinical and skills lab.

Regular attendance in all classes is expected of all students enrolled. Instructors are expected to take a student's record into account in computing grades. A student may be excluded from further attendance in a class during any semester when absences after the close of registration have exceeded the number of class hours which the class meets per week. Further, an instructor may drop any student judged to be a disturbing element in the class.

**Last day to drop with a "W" is 22 MAY 2024**

### **IVC Student Resources Content to be covered in all sections**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



## Anticipated Class Schedule/Calendar

### Week 1

**Module A: Using the Nursing Process to care for individuals with urinary and intestinal elimination problems.**

Week 1	Time	Location	Description	Assignment
Monday	0800-1630	IVC	<p>Syllabus Review</p> <p><b>Module A Reading</b>            Fundamentals of Nursing:            Ch: 37 Urinary Elimination            Ch: 38 Bowel Elimination</p> <p>Taylor's Clinical Nursing Skill:            Ch. 12: Urinary Elimination            Ch. 13: Bowel Elimination</p>	<p>Taylor's Clinical Nursing Skills Skills:</p> <ul style="list-style-type: none"> <li>• Ostomy</li> <li>• Foley</li> <li>• NG</li> </ul> <p>Videos:  <b>Ch. 12:</b></p> <ul style="list-style-type: none"> <li>• Catheterizing the Female Urinary Bladder: Intermittent and Indwelling Catheters</li> <li>• Catheterizing the Male Urinary Bladder: Intermittent and Indwelling Catheters</li> </ul> <p><b>Ch. 13:</b></p> <ul style="list-style-type: none"> <li>• Emptying an Ostomy Appliance</li> <li>• Changing an Ostomy Appliance</li> <li>• Inserting a Nasogastric Tube</li> <li>• Nasopharyngeal Suctioning</li> <li>• Providing Tracheostomy Care Using a Disposable Inner Cannula</li> </ul>
Tuesday	0800-1630	IVC Nursing Lab	Cont. Mod. A	
Wednesday	0800-1240	21	Cont. Mod. A	<p>Mod. A Activity:</p> <ol style="list-style-type: none"> <li>1. ATI Video Case Studies: Infection: Urinary Tract Infection</li> <li>2. ATI Engage Fundamentals: Physiological Concepts for Nursing Practice: Elimination</li> </ol>
Thursday	0800-1240	21	Cont. Mod. A	

**Week 2:**

**Module B: Using the Nursing Process to plan patient care.**

Week 2	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday	0800-1200	IVC Nursing Lab 1	Lab: Mod A Skills Check off	
Wednesday	0800-1210	21	<p><b>Exam #1: Mod. A</b></p> <p><b>Module B Reading</b> Fundamentals of Nursing: Ch. 14: Assessing Ch. 15: Diagnosing Ch. 16: Outcome Identification and Planning Ch. 17: Implementing Ch. 18: Evaluating Ch. 19 Documenting and Reporting</p> <p><b>Taylor's Clinical Nursing Skills</b> Ch: 3 Health Assessment</p>	<p>Skills:</p> <ul style="list-style-type: none"> <li>• Head to toe assessment</li> </ul> <p>Taylor's Clinical Nursing Skills <b>Ch: 3</b> Health Assessment Videos:</p> <ul style="list-style-type: none"> <li>• Assessing the Thorax and Lungs</li> <li>• Assessing the Heart</li> <li>• Assessing the Abdomen</li> <li>• Assessing the Cranial Nerves</li> <li>• Assessing the Musculoskeletal and Peripheral Vascular Systems</li> </ul>
Thursday	0800-1240	21	<p><b>Med. Math #1</b> Cont. Mod. B</p>	

**Week 3:**

**Module C-1: Principles of Adaptation to Stress**

**Module C-2: Common Defense Mechanism**

Week 3	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday	0800-1200	IVC Nursing Lab	Mod. B Skills	
Wednesday	0800-1210	21	<p><b>Exam #2</b> <b>Mod: B</b></p> <p><b>Module C1-C2 Reading</b> Fundamentals of Nursing Ch: 42 Self Concept</p>	
Thursday	0800-1210	21	Cont. Mod. C1 & C2	

**Week 4:**

**Module D-1: Acid-Base Balance: The Basics**

**Module D-2: Acid-Base: Introduction to Acidosis and Alkalosis**

**Module E: Using the Nursing Process to care for individuals with oxygen exchange problems.**

Week 4	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday	1200	IVC Nursing Lab	IVC Lab	Skills Check Off Mod. A-C
Wednesday	0800-1210	21	<p><b>Exam #3</b> <b>Module C</b></p> <p><b>Module D &amp; E Reading:</b> Fundamentals of Nursing Ch. 40: Oxygenation and Perfusion</p> <p>Taylor's Clinical Nursing Skills Ch. 14: Oxygenation Ch. 15: Perfusion and Cardiovascular</p>	
Thursday	0800-1240	21	Cont. Mod. D & E	

**Week 5:**

**Module F: Using the Nursing Process to care for individuals with common disruptions of fluid and electrolyte balance.**

Week 5	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday	0800-1200	IVC Nursing Lab	Module D&E Skills	
Wednesday	0800-1210	21	<p><b>Exam #4</b> <b>Mod. D &amp; E</b></p> <p><b>Module F Reading</b> Fundamentals of Nursing Ch. 41: Fluid, Electrolyte, and Acid–Base Balance</p>	
Thursday	0800-1210	2110	Cont. Mod. F	

**Week 6:**

**Module G: Using the Nursing Process to care for individuals with nutritional problems.**

Week 6	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday	0800-1200	IVC Nursing Lab	Predictor ATI	
Wednesday	0800-1210	21	Exam #5 Mod. F  <b>Module G Reading:</b> Fundamentals of Nursing Ch: 37 Nutrition  Taylor's Clinical Nursing Skills Ch. 11: Administering a Tube Feeding	-Group/topic selection
Thursday	0800-1210	21	Cont. Mod. G	

**Week 7:**

**Group Presentations**

Week 7	Time	Location	Description	Assignment
Monday Holiday				
Tuesday	0800-1200	IVC Nursing Lab	Module G Check-Off	
Wednesday	0800-1210	21	Group Presentations Module A-G 50pts.	
Thursday	0800-1210	21	Group Presentations Module A-G 50pts.	

**Week 8:**

**Finals**

Week 8	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday	0800-1200	IVC Nursing Lab 1	Clinical Evaluations	
Wednesday	0800-1210	2110	Theory Final Exam	
Thursday	0800-1210	2110	VN 112 Overview	



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Weekly activities, homework, videos will be incorporated into syllabus on a weekly basis

**\*\*\*Subject to change without prior notice\*\*\***