

## Basic Course Information

### Course Objectives

#### Imperial Valley College Course Syllabus – Course Title and number

Semester	Spring 2024	Instructor's Name	<b>Nicole Rodiles</b>
Course Title & #	<b>Into. To Psy./Psy. 101</b>	Instructor's Email	<a href="mailto:nicole.rodiles@imperial.edu">nicole.rodiles@imperial.edu</a>
CRN #	21023	Webpage (optional)	
Room	<b>ONLINE/HYBRID</b>	Office (PT Faculty:809)	807E
Class Dates	<b>4/15–6/7</b>	Office Hours (n/a for PT Faculty)	<b>Wed: 11:10am -12:10pm</b> <b>Tue: 12-1 pm Online</b>
Class Days	<b>Thursdays</b>	Office Phone # (PT may use dept. number)	760/355 - 6142
Class Times	11:20-11:45am	Who student s should contact if emergenc y o r other absence	Cell Phone: 760/791-4915
Units	3		

**Course/Catalog Description:** An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

**Student Learning Outcomes:** Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

## Measurable Course Objectives:

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.
11. discuss the difference between sensation and perception, giving one illustration of each.
12. identify and describe the major theories of human development and discuss how growth and development affect behavior.
13. discuss the processes by which humans learn and store skills and information.
14. discuss major theories of personality, their assumptions and implications.
15. outline the nature, causes, and treatments of abnormal behavior.
16. discuss the ways in which the social milieu affects human behavior.
17. identify major theories of emotion and motivation.

## Course Requirements and Instructional Methods

### Textbook (s) and Supplements

1. Myers,D.G. (2022). Exploring Psychology (12th/e). New York NY:Worth. ISBN:9781319104191
2. E-Book - ISBN:9781319127756
3. OER: [Psychology 2e \(Spielmen, Jenkins, and Lovett, 2020\) \(OpenStax\)](#) (CC BY 4.0); [Introductory Psychology \(OpenStax\) – LibreTexts \(CC BY 4.0\)](#)

### Instructional Methodology:

Demonstration

Discussion \_\_\_\_\_

GroupActivity Lecture \_\_\_\_\_

Simulation/Case Study \_\_\_\_\_

Distance Learning \_\_\_\_\_ Other,

please identify

Audio Visual \_\_\_\_\_

Computer Assisted Instruction \_\_\_\_\_

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

### **ASSIGNMENTS:**

#### Out-of-class:

Assignments that apply psychological theory discussed in the classroom to real-world settings. For example, doing a class presentation on a section of a specific chapter and using real life examples to explain the material. Written position statements on subjects that are chosen by the professor and/or student and relevant to course. Research would be done via internet to show information literacy and competency in finding acceptable sources such as peer-reviewed journal articles. Video/Movie Analysis where groups of students choose a movie that is related to one of the Psychology topics discussed in class and write a 2-3 page paper how the psychology concepts are presented in the movie.

#### Reading and Writing:

Reading assignments include assigned text readings; current articles and/or sources from the internet. A written and/or verbal critical analysis of the readings is required. Written assignments include reflective responses, sharing the student's viewpoints and opinions in regard to course material. Research papers on a pertinent psychological topic could be either compare/contrast psychological theory, or APA style literature review.

### **Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused
- absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

#### **Class Policies:**

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. **Consider:** specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary
- procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

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#### **Plagiarism/Cheating**

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service.

#### **Learning Resources**

- Canvas Help: <https://www.imperial.edu/courses-and-programs/distance-education/for-students/canvas/>
- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- Library Services: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

**DSPS:** Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

**Counseling/Health Services:** Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

**Students Services:** Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at <http://www.imperial.edu/index.php?>

[option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/)

**Student Tutorials:** Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

## Anticipated Class Schedule / Calendar

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**Tentative Class Schedule:** The instructor will provide a tentative, provisional overview of the reading, assignments, tests, or other activity for the duration of the course. The faculty may find a table format useful for this purpose.

Date or Week		Activity, Assignment, and/or Topic	Pages/ Due Dates/ Tests
Week 1 4/15		Syllabus & Introduction Chapter 1 Research Methods	
Week 2 4/22		Chapter 2 Biological Psychology Chapter 3 States of Consciousness	
Week 3 4/29		<b>Exam 1</b>  Thought Paper 1 Due Chapter 4 Development Psychology	
Week 4 5/6		Chapter 5 Gender and Sexuality <b>Exam 2 - Chpt 4 and 5</b> Thought Paper 2 Due	
Week 5 5/13		Chapter 7 Learning Chapter 11 - Stress, Health and Human Flourishing	
Week 6 5/20		Chapter 12 - Personality Exam 3 Extra Credit Thought Paper	
Week 7 5/27		Chapter 14 - Psychological Disorders	
Week 8 6/3		Chapter 15 - Therapy <b>Final - Chpt. 14-15</b>	

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