Basic Course Information   ADS 176 CRN 20949 Spring 2024 Five weeks class

Semester:	**Spring 2024**	Instructor Name:	**Aruna Patel**
Course Title	**ADS 176 Sex and Gambling**	Email:	**Mailto:aruna.patel@imperial.edu**
CRN #:	**20949**	Webpage (optional):	**N/A**
Classroom:	**Online class**	Office #:	**Room 203I**
Class Dates:	**12th February- 24th March six weeks class**	Office Hours:	**Thursdays 1:00- 2:00pm**
Class Days:	**Mondays**	Office Phone #:	**(760) 355-6579**
Class Times:	**Online class Assignments Tuesdays**	Emergency Contact:	**(760) 355-6144**
Units:	**1**		
Class starts on	**12 February 2024**		Ends on 15, March 2024
Last date to add class	**13th February 2023**		Deadline to drop with "W" 07th March 2023

STUDENT LEARNING OUTCOMES:
Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Provide training in application of therapeutic models and early intervention for non-substance related addictions

Course Description

This one-unit course is an introduction to addictive, non-substance related disorders.

Issues addressed will Issues addressed include sex and love addiction, gambling addiction, compulsive Obsessive Behaviors. Course will provide training in the application of appropriate therapeutic models and interventions. (CSU)
Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

Provide training in application of therapeutic models and early intervention for non-substance related addictions. This includes sex, gambling, eating disorder, Technology disorders, Hording, Shopaholics (ILO1, ILO2, ILO3, ILO5)

MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C": MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C":

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify problematic behavioral or obsessions of sexuality, compulsive gambling, and compulsive spending and the relationship to the addictive process.

2. Understand appropriate applications of therapeutic Intervention and behavioral modifications

Oral Assignments

Skill Demonstration

Other, please identify

Text
  Instructional Methodology:
  Audio Visual

  Demonstration

  Discussion

  Group Activity

  Lecture

  Simulation/Case Study

  Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours' lab, practicum, or the equivalent per unit is expected.

Textbooks & Other Resources or Links

Text book

1.   **Out of the Shadows**
            Understanding Sexual Addiction 3rd Edition
            By: Patrick Carnes, Ph.D. Out of the Shadows
Understanding Sexual Addiction 3rd Edition
ISBN: 13:978-1-56838-621-8

2.   *"Freedom from problem gambling": Workbook from Gambling Download from uclagamblingprogram.org*

3.   *Sex, Drugs, Gambling & Chocolate*
A workbook for Overcoming Addictions
2nd Edition

Dr. A. Thomas HorvathN1-886230-55-2

Course Grading Based on Course Objectives:

GRADING CRITERIA: Letter Grade Only

Out of Class Assignments: The Department of Education policy states that one

(1) credit hour is the amount of student work that reasonably approximates not less than one hour of Class time <u>and</u>

(2) two hours of out-of-class time per week over the span of a semester.

(3) WASC has adopted a similar requirement.

No Late Assignments Accepted!

GRADING CRITERIA: Letter Grade Only

90-100% A

89-80%   B

79-70%   C

69- 60% D

59- 50   F

Assignments: Grading for this class:

Thought Paper	**Points**	**25**
Quiz	**points**	**50**
Final	**Points**	**100**
Discussion/ Group work	**Points**	**50**
Assignment	**Points**	**50**
Total points		**275**	**100%**

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who

desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.

- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **Learning Services.**   There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- **Library Services**.   There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.
- **Student Health Center**. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6310 in Room 2109 for more information.
- **Mental Health Counseling Services**.   Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC Mental Health Counseling Services at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor.

Anticipated Class Schedule/Calendar

[Required Information – Discretionary Language and Formatting: The instructor will provide a tentative, provisional overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format may be useful for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 February 12th	**Syllabus & Introduction Non-Substance Addictions and Obsessive Compulsive Behaviors: Lecture # 1**	**Discussion and Quiz How do you approach any addiction and addictive behavior? Discussion and quiz What stood out for you in this lecture?**
Week 2 February 20th	**Sex Addiction: Lecture 1.**	**Assignment & Discussion** Quiz on Sex Addiction.
Week 3 February 27th	**Gambling Addiction: Lecture 2.**	**Discussion and quiz How many of you or your family members have gambling addictions that you know of now?** Quiz on Gambling.

Week March 5th	Other Addictions /behaviors. Lecture 3.	Discussion and quiz Thought paper due based on lecture notes, your research and interest.
Week 5 March 14th	Lecture 4 Discussion Finals	Discussion Student's viewpoint of this class Feedback on that you have learned about nonsubstance addictions.
Week 6 March 18th	Class ended	Next week Anger Management class starts

All class work assignments will be completed by Friday 15th March 2024
Tentative, subject to change without prior notice