



IMPERIAL VALLEY COLLEGE

### Basic Course Information

Semester:	Spring 2024	Instructor Name:	Dr. K
Course #:	CDEV 101	Email:	rebecca.laff@imperial.edu
CRN #:	20343	Webpage (optional):	
Classroom:	On-Line	Office #:	203 C
Class Dates:	February 12, 2024 - June 7, 2024	Office Hours:	MW 8 am- 9 am TuTh 11 am - 12 pm
Class Days:	On-Line	Office Phone #:	760-355-6233
Class Times:	On-Line	Emergency Contact:	Alexiss Castorena 760-355-6232
Units:	3 Units	Class Format:	On-line

### Course Description

Introduction the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. The key components that ensure physical health, mental health and safety for both children and staff will be identified along with the importance of collaboration with families and health professionals. Focus on integrating the concepts into every day planning and program development for all children. (C-ID ECE 220) (CSU)

### Course Prerequisite(s) and/or Corequisite(s)

None

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Describe strategies used to promote health (mental and physical), safety, and nutrition of children and adults in early childhood settings. (ISLO1, ISLO2, and ISLO5)
2. Evaluate environments for both positive and negative impacts on children's health and safety. (ISLO2)
3. Identify and implement regulations, standards, policies and procedures related to health, safety, and nutrition in early childhood settings. (ISLO2, ISLO4, and ISLO3)

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Define the broad concepts of health, safety, and nutrition.
2. Identify laws and regulations supporting health, safety, and nutrition in early childhood settings.
3. Identify health and safety risks in early childhood settings.
4. Describe a caregiver's role and responsibility in modeling good health, safety, and nutrition habits.



5. Plan economical and nutritious meals and snacks based on the age and individual needs of children.
6. Plan learning experiences on the topics of health, safety, and nutrition.

## Textbooks & Other Resources or Links

Marotz, Lynn R. (2020). *Health, Safety, and Nutrition for the Young Child* 10th. Cengage Learning ISBN: 978-035-704-0775

## Course Requirements and Instructional Methods

### THE STRUCTURE OF THIS COURSE

This course is completely Online with no face to face meeting dates in person or virtually. The work in this course has been divided into one-week modules. The modules begin on Mondays and end on Sundays. All due dates for Module work are embedded in the Modules. Please plan to complete your work early if you have travel plans or will not have access to the course on deadlines.

### TIME COMMITMENT

This course is 3 units. Past students have shared how important time management is to Online learning success. To help you manage your time, please understand that this course requires a time commitment of approximately 9 hours per week.

→ 3 hours per week on course materials (the equivalent of being in class)

→ 6 hours per week on assignments, homework, reading text, etc. (equivalent of 2 hours of out of class work per hour of class)

### TECHNOLOGY REQUIREMENT

It is expected that you have:

- Regular access to a computer (cell phones and tablets may work well with aspects of Canvas and certain assignments).
- Regular access to the internet.
- The ability to open PDFs. You can download Adobe Reader for free. A word processing program for your assignments.
- You have access to Microsoft Office 365 as part of your student email account. You can download free opensource software such as Libre Office
- You can use Google Docs for free (be sure to download work to submit if you use this)

Give yourself enough time to deal with any technical issues that arise (don't wait until the deadline to complete your work).

### COURSEWORK

Coursework should be submitted by the due date given in our Canvas course. Much of this work is collaborative, and students contributing late do not get to participate in that collaboration fully. Missing this work will cause you to lose important learning opportunities and/or to fall behind. If you are experiencing extenuating circumstances, please reach out to me as soon as possible.

I work to keep the coursework as consistent as possible, but there may be slight variances within each module. Be sure to look at the specific directions for work due in each module.



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## Course Grading Based on Course Objectives

CLASS ASSIGNMENTS	POINT VALUE
Class discussions 10 @ 2 points	20 Points
Practice Assignments 2 @ 5 points	10
Communicable Disease Info (PLO7 & 8)	25
Title 22 paper (PLO, 7)	25
Menu Planning (PLO 8)	50
Lesson Plan Assignment (PLO8)	30
3 tests @30 points each	90

Mid-term/Final 2@50 points each	100
Total Points	350 points

Grade
<b>A=90%-100% (315-350)</b>
<b>B=80%-89% (280-314)</b>
<b>C=70%-79% (245-279)</b>
<b>D=60%-69% (210-244)</b>
<b>F=59% and below (243 and below)</b>

Discussion points include course discussion and small group discussions. **If you do not participate in the weekly discussions, you will not receive your discussion points for the week.**

All assignments should be typed and submitted through Canvas.

## Course Policies

### DROP POLICY AND IMPORTANT DATES

Your attendance for this course will be evident each time you log in to participate. If you do not log on AND complete your work for two weeks, the instructor reserves the right to drop you from the course

Don't Forget! - Remember to withdraw or drop the course by the college's deadlines if you choose not to finish the course and/or do not want a failing grade on your transcript.

Attention Students Receiving Financial Aid: If you are receiving financial assistance, please be aware that if you do not complete the course, you will have to pay back unearned financial aid.

### LATE WORK POLICY

- Assignments are due on or before the due date.
- Assignments may be turned in ahead of time. Late work will not be accepted.
- I will consider a due date extension for full credit under serious circumstances if you discuss it with me prior to the due date.
- A request for an extension will not be granted if it is made on the due date.
- There are no make-up exams.
- If you know that you will be unavailable on an exam date, please inform me as soon as possible so that you may take the exam early.



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### FEEDBACK POLICY

- Please note that most of your questions can be answered by the syllabus and other assignment instructions.
- I will communicate with the class, as a whole, at least once per week via announcements, discussion boards, and/or the Q&A board. Please make sure to check these areas regularly for important information.
- Individual communications will be in the form of assignment feedback and email.
- Turnaround time on written assignments is two weeks.

### ACADEMIC INTEGRITY POLICY

Ethical behavior is not just critical in the professional world. It is a cornerstone of your academic experience and ensures that each student gets appropriate credit for the work they complete and have optimal learning opportunities. Please become familiar with the academic integrity and plagiarism policy of the College

Here are some helpful guidelines:

If you use information from any source, online or in print, in your own writing, be sure to acknowledge the source within the content AND in a reference at the end of your work/assignment. If you take more than one printed line of words consecutively from the source, put quotation marks around them, put the author's name in the parentheses, and provide a full reference. Complete original work for this class. Avoid reusing your own work (without permission) or using another student's work. If you are unclear about this, please contact me for clarification. If you submit or post work that violates the academic integrity and plagiarism policy, you will not receive credit for that work. Serious or repeat violations could result in being reported to the college, failing this course, and/or expulsion.

### THE MANY FORMS OF SUCCESS

While most students have a desire to see a certain grade on their transcripts at the end of the course, it's important to note that success happens in many ways. Success happens when we are the first in our families to go to college because we represent ourselves and our families. Success happens when we create new identities for ourselves – those that lie in contrast to the words and actions of others who tell us that we do not belong in college, that we are at risk, or that we are incapable of online classes. Success happens every time we notice a classmate who needs an advocate or a friend, and we act on their behalf through support, encouragement, and kindness. Recognize what success means to you and celebrate your efforts and accomplishments (even when others don't).

### WHAT YOU CAN EXPECT FROM ME

- To prepare the modules and open them by their start date. They will be opened a bit early for those students ready to move on early.
- To create a collaborative environment in which the learning of the group can thrive.
- To stay in regular contact throughout the course by grading, emailing, videos, and announcements.
- To respect your time by having a purpose for all content and work within the course.
- To be as transparent about the purpose of the work being completed as possible.
- To be clear with expectations and directions. But know some work may be very open-ended, without one “right” way.
- To be approachable, respectful, open-minded, and willing to be called out on my mistakes (I am human, and I do make mistakes).
- To help you develop a plan for your success if you are struggling.
- To grade your work in a timely manner (within the next module, unless otherwise stated).
- To provide constructive feedback and be willing to explain how you earn your points for the class.
- To protect our learning environment by responding to any disrespect or inappropriate behavior or reports of such behavior.

### MY EXPECTATIONS OF YOU

#### BE RESPONSIBLE

Please be responsible for your learning and success by:

- Logging in each week.

- Working through the content and assigned work before the due dates.
- Reaching out to each other and me as needed.

If you fall behind, it may be very difficult for you to catch up and you may not be able to earn enough points to pass the class.

### CREATE A CULTURE OF RESPECT

This course must be a safe place to allow people to fully engage and share. Please be open-minded, respectful, and non-judgmental of diverse practices and views. If you need further guidance, reach out to me. Please let me know immediately if you see or experience anything that is inappropriate, offensive, or confrontational.

### COMMIT YOUR TIME AND EFFORT

Time management is going to be vital to your success in this class. Here are some tips:

- You might find it useful to build time to work on the course into your schedule. Complete and submit all work.
- Meet (or beat) deadlines and due dates.
- Procrastination is not your friend; don't wait until the last minute.

### USE THE TECHNOLOGY

In order to complete your work for this course, you will be using a variety of technologies Within Canvas (discussion boards, blogs, assignments, and quizzes). Google Docs/Slides/Forms (you do not have to create an account). Contributions you make to the course (through Discussion Boards, Google Docs, Google Slides, etc.) are not made available to anyone outside of our course. If you ever have concerns about sharing, please contact me directly.

### BE A COURSE QUALITY ADVOCATE

- While I would prefer that my course be error-free and close to perfect, it won't be.
- Please contact me when you see an error or if something is not working correctly.
- If the first student who finds such a thing lets me know, it can be fixed before it affects anyone else.

### SEE ME AS A RESOURCE AND AS A SUPPORTER

I know that life happens and sometimes it can be difficult to balance it all. If you find yourself falling behind and missing deadlines for your work, reach out to me. Don't wait to get in contact with me (or your options may be very limited and have irreversible consequences). If the cause of your delays is temporary, you can create a plan to get back on track. You may have overextended yourself if you consistently find yourself without enough time (or energy) to complete your work.

### YOUR PRESENCE MATTERS

The learning that takes place in this course is a group effort.

- Everyone must be responsible for their actions in the course and recognize their importance and impact on everyone's learning.
- The learning environment for everyone is negatively impacted when students are not participating.
- Your presence is important!



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## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

## Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S telephone is 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

## Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus, but you must make an appointment. In addition, Pioneers Memorial Healthcare District provides basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at x6128, or visit Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in Room 1536 for appointments or more information.

## Veteran's Center

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students in three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie. The Center also serves as a central hub that connects military/veteran students, as well as their families, to campus and community resources. The goal is to ensure a seamless transition from military to civilian life. The Center is in Building 600 (Office 624), telephone 760-355-6141.

## Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, book grants, transportation assistance, individualized counseling, tutoring, and community referrals to eligible students. Our staff is available to assist and support students in navigating personal, psychological, academic, and/or career-related issues through empathy, cultural-competence, and a commitment to equity and social justice. Also under the umbrella of EOPS is the CARE (Cooperative Agency Resources for Education) Program, designed to serve single parents and assist with addressing issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program. For additional information about the EOPS or CARE Programs please contact our Program Office 760.335-6407 and/or visit our Program website [www.imperial.edu/students/eops](http://www.imperial.edu/students/eops) for eligibility criteria and application procedures. We look forward to serving you! - EOPS/CARE Staff.



## Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Syllabus and Introduction Module and Chap. 1 – Children’s Well Being Module	Read Pages 2-37 Discussion 1
Week 2	Chap. 2- Daily Health Observations Module	Read Pages 39-54 Discussion 2
Week 3	Chap. 3 – Assessing Children’s Health Module	Read Pages 55-80 Discussion 3 Review for test chapters 1-3
Week 4	Chap. 4 – Caring for Children with Special Medical Conditions Module	Read Pages 83-111 Complete TEST 1 Chapters 1-3 Review Infectious Disease Assignment/Presentation
Week 5	Chap. 5 –The Infectious Process and Environmental Control Module	Read Pages 114-134 Discussion 4
Week 6	Chap. 6 – Childhood Illnesses: Identification and Management Module	Read Pages 137-168 Review for test chapters 4-6 <b>Infectious Disease Assignment/Presentation Due</b>
Week 7	Chap. 7 –Creating High Quality Environments Module	Read Pages 172-205 Complete TEST 2 (Chapters 4-6) Review Title 22 Assignment
Week 8	Spring Break	
Week 9	Chap. 8 – Safety Management Module	Read Pages 208-237 Discussion 5
Week 10	Chap. 11 – Planning for Children’s Health & Safety Education and Chap. 19- Nutrition Education: Rationale, Concepts, and Lessons Module	Read Pages 296-321 Read Pages 489-511 <b>Title 22 Assignment Due</b> Review Lesson Plan Assignment Practice Assignment Lesson Plan Discussion 6
Week 11	Chap. 9- Management of Injuries /Acute Illness and Chap. 10 – Maltreatment of Children: Abuse & Neglect Module	Read Pages 239-294 Review for Mid-Term test Discussion 7



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<b>Date or Week</b>	<b>Activity, Assignment, and/or Topic</b>	<b>Pages/ Due Dates/Tests</b>
Week 12	Mid-Term	Complete Mid-Term TEST Chapters 7-11 and 19
Week 13	Chap. 12 – Nutritional Guidelines Module	Read Pages 324-342 Discussion 8 <b>Lesson Plan Due</b>
Week 14	Chap 13- Nutrients that Provide Energy and Chap. 14 – Nutrients that Promote Growth and Regulate Body Functions Module	Pages 344-382 Review Menu Plan Assignment Review for Test 3 (Chapters 12-14) Practice Assignment Menu Plan
Week 15	Chap 17 Planning and Serving Nutritious and Economical Meals Module	Read Pages 431-457 Discussion 9 Complete TEST 3 (Chapters 12-14)
Week 16	Chap 15 & 16 Feeding Infants/ Feeding Toddlers and Young Children Module	Read Pages 384-429 Discussion 10 <b>Menu Plan Due</b> Review for Final
Week 17	FINAL Module	Complete Final

**\*\*\*Subject to change without prior notice\*\*\***