

Basic Course Information				
Semester:	Fall 2023	Instructor Name:	Viridiana Salas	
Course Title & #:	ES 112 Basketball-Co- Ed	Email:	Viridiana.salas@imperial.edu	
CRN #:	10861	Webpage (optional):	N/A	
Classroom:	GYM	Office #:	Online	
Class Dates:	8/14/22- 12/9/22	Office Hours:	TBD	
Class Days:	M/ W	Office Phone #:	760-355-6165	
Class Times:	8:00- 9:05 am	Emergency Contact:		
Units:	1	Class Format:	In person ( face to face)	

#### **Course Description**

An introduction to the fundamental skills and strategy of the game. Rules and class competition are included in the course. (Formerly PE 112) (CSU, UC credit limited. See a counselor.)

# **Course Prerequisite(s) and/or Corequisite(s)**

**NO PREREQUISITES** 

#### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

-Perform with an increasing degree of proficiency in the skills, techniques and strategies of basketball.

#### **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1. Practice individual ball handling and body control skills and techniques in basketball.
- 2. Express an increased understanding of offensive tactics in basketball.
- 3. Express an increased understanding of defensive strategies in basketball.
- 4. Demonstrate knowledge of the rules of basketball.
- 5. Demonstrate greater levels of fitness through the participation of the game

# **Textbooks & Other Resources or Links**

Silvils, Kevin and Riddle, Deana 2010. *The Game of Basketball: Basketball Fundamentals, Intangibles and Finer Points of the Game for Coaches, Players and Fans* A Southern Family Publishing ISBN: 9780615345260. (optional)



#### **Course Requirements and Instructional Methods**

#### INSTRUCTIONAL METHODOLOGY:

-Group Activity -Individual Assistance -Lab Activity -Lecture -Demonstration

#### **Requirements:**

-Shorts/ sweatpants -Shirt -Basketball shoes / running shoes -Drinking water -Towel (optional)

# **Course Grading Based on Course Objectives**

Students will be evaluated on their work on a weekly basis and broken down in the following:

-Skill Demonstration (pre/ post)- 50pts (25 each)

-Mid-Term/Final Exam(s) – 50 each= 100 pts.

-Attendance/ Participation= 155pts

Total points= 305 points

# Grading scale:

- A= 90–100%
- B= 80-89%
- C= 70-49%
- D= 60-69%
- F= Below 60%

# **IVC Student Resources**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <u>http://www.imperial.edu/studentresources</u> or click the heart icon in Canvas.



# Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 & 2	Introduction	
	Pre evaluation	
Week 3-16	Scrimmage (play)	
	Midterm	
	Post Evaluation	
	Final Exam	

\*\*\*Subject to change without prior notice\*\*\*