



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	Fall 23	Instructor Name:	Christina Aguilera
Course Title & #:	Psy 101- Introduction to Psychology	Email:	Christina Aguilera
CRN #:	10569	Webpage (optional):	N/A
Classroom:	404	Office #:	On campus, Zoom, email/Canvas Inbox, text
Class Dates:	8/14/23 – 12/9/23	Office Hours:	M-Th (by appointment)
Class Days:	Monday & Wednesday	Office Phone #:	N/A
Class Times:	8 am – 9:25 am	Emergency Contact	(760) 352-8320
Units:	3.0	Class Format/Modality	Face-to-Face

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID: PSY 110) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

RECOMMENDED PREPARATION: - Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

<https://openstax.org/details/books/psychology-2e>

Course Requirements and Instructional Methods

Demonstration, Discussion, Group Activity, Lecture, Simulation/Case Study, Distance Learning, Audio Visual, Computer Assisted Instruction

Course Grading Based on Course Objectives

Letter Grade Only

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Course Policies

Expectations for the Student and Instructor Alike

Student Expectations- To be successful in this course, you are expected to:

- *Read the entire Syllabus.*
- *Consistently check Announcements, your school email account, and the Canvas Inbox. • Review the calendar for due dates.*
- *Participate in Discussions (post weekly and respond to your classmates).*
- *Turn in your own work that's been thoughtfully completed, proofread for errors in spelling and grammar.*
- *Communicate with your instructor of any problems or confusion well in advance of the due date.*
- *Complete all discussions, assignments, online quizzes and/or exams on time.*

Instructor Expectations- As your instructor, I will

- *Communicate to you via Canvas announcements and Inbox.*
- *Post weekly course-related announcements.*
- *Respond to your email or phone message within 24-48 hours.*
- *Monitor all discussions and provide feedback to the entire class where needed at least weekly.*
- *Provide individual feedback on assignments/papers/projects within one week of the due date as needed.*
- *Work with you so you will have a successful learning experience in this course!*
- *Provide all course material in an accessible format.*

Course content will be covered as necessary to meet the requirements for the course. Some of the material may be addressed and/or supplemented to reflect the appropriate quality of learning for each student. If course material is



adjusted, covered or not, each student will have access to materials to accomplish tasks/address assignments. Changes in the schedule can change at any given moment for any given reason.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Date or Week	Topic(s)	Assignments
Week 1 8/14 – 8/19	Syllabus & Introduction Chapter 1 Introduction to Psychology	Discussions/Assignments/Quiz
Week 2 8/21 – 8/26	Chapter 2 Psychological Research	Discussions/Assignments/Quiz
Week 3 8/28 – 9/2	Chapter 3 Biopsychology	Discussions/Assignments/Quiz
Week 4 9/4 – 9/9	Chapter 4 States of Consciousness	Discussions/Assignments/Quiz
Week 5 9/11 – 9/16	Chapter 5 Learning- Sensation, Perception	Discussions/Assignments/Quiz
Week 6 9/18 – 9/23	Chapter 6 Learning- Biology Cognition and Learning	Discussions/Assignments/Quiz
Week 7 9/25 – 9/30	Chapter 7 Thinking and Intelligence	Discussions/Assignments/Quiz
Week 8 10/2 – 10/7	Chapter 8 Memory	Discussions/Assignments/Quiz
Week 9 10/9 – 10/14	Chapter 9 Lifespan Development	Discussions/Assignments/Quiz Midterm
Week 10 10/16 – 10/21	Chapter 10 Motivation and Emotion	Discussions/Assignments/Quiz
Week 11 10/23 – 10/28	Chapter 11 Personality	Discussions/Assignments/Quiz
Week 12 10/30 – 11/4	Chapter 12 & 13 Social Psychology and Industrial/Organizational Psychology	Discussions/Assignments/Quiz
Week 13 11/6 – 11/11	Chapter 14 Stress, Health and Human Lifestyle	Discussions/Assignments/Quiz
Week 14 11/13 – 11/18	Chapter 15 & 16 Psychological Disorders and Psychological Therapies	Discussions/Assignments/Quiz Essay (Part 1 & 2)
Week 15 11/20 – 11/25	BREAK	BREAK
Week 16 11/27 – 12/2	Review	Discussions/Assignments/Quiz Review Projects

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Date or Week	Topic(s)	Assignments
Week 17 12/4 – 12/9	Final Week	Final Projects Extra Credit

*****Assignments and dates are tentative and subject to change without prior notice*****