



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	FALL 2023	Instructor Name:	Roxanne Morales
Course Title & #:	PSY 101 Introduction to Psychology	Email:	Roxanne.morales@imperial.edu
CRN #:	10479	Webpage (optional):	Imperial.edu
Classroom:	Online	Office #:	3114
Class Dates:	August 14th-December 9th	Office Hours:	Monday-Thursday 11 AM-12 PM Online
Class Days:	Online	Office Phone #:	760-355-6136
Class Times:	Online	Emergency Contact:	Alicia Arellano 760-355-6144
Units:	3.0	Class Format/Modality:	Asynchronous Online

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy and social processes. (C-ID PSY 110) (CSU, UC)

Course Prerequisite(s) and/or Corequisite(s)

RECOMMENDED PREPARATION: - Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.

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9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation

Textbooks & Other Resources or Links

OpenStax Psychology. Book will be provided online through Canvas

Course Requirements and Instructional Methods

Course Grading Based on Course Objectives

Discussion/Participation: 260 (13 @ 20)	A	900-1030 points
Weekly Journals: 130 (13@10 points)	B	800-899 points
Thought Papers: 100 (4@25 points)	C	700-799 points
Assignments: 260 (13 @ 20 pts)		
Quizzes/Concept Review 130 (13 @10 pts)	D	600-699 points
Midterm: 50 (1 @ 50 pts)	F	599 points and below
Final: 100 (1 @ 100 pts)		

To receive full credit, all work must be turned in on time. If you have an emergency which prevents you from participating in class, it is your responsibility to make acceptable arrangements prior to the absence. Class attendance and tardy policy follows the regulations in the IVC college catalog. Your attendance in class is important.

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to



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do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Course Policies

- Canvas Support: Can be [found online](#) and/or at the Canvas Hotline: (877) 893-9853

What does it mean to “attend” an online class?

Attendance is critical to student success and for IVC to use federal aid funds. Acceptable indications of attendance are:

- Student submission of an academic assignment
- Student submission of an exam
- Student participation in an instructor-led Zoom conference
- Documented student interaction with class postings, such as an interactive tutorial or computer-assisted instruction via modules
- A posting by the student showing the student's participation in an assignment created by the instructor
- A posting by the student in a discussion forum showing the student's participation in an online discussion about academic matters
- An email from the student or other documentation showing that the student has initiated contact with a faculty member to ask a question about an academic subject studied in the course.

Logging onto Canvas alone is NOT adequate to demonstrate academic attendance by the student.

What is netiquette?

Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Disruptive Students: Students who disrupt or interfere with an online class may be sent to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

How am I expected to act in an online “classroom” (especially Zoom)?

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Attending a virtual meeting can be a challenge when there are many students on one conference call. Participating in such meetings may count as class attendance, but disruptive behavior may also result in you not being admitted to future meetings. Follow the tips below for best results:

- Be Respectful
 1. Your written, verbal, and non-verbal communications should be respectful and focused on the learning topics of the class.
- Find a QUIET LOCATION & SILENCE YOUR PHONE (if zooming)
 1. People walking around and pets barking can be a distraction.
- EAT AT A DIFFERENT TIME.
 1. Crunching food or chugging drinks is distracting for others.
 2. Synchronous zoom times are set in advance so reserve meals for outside class meetings.
- ADJUST YOUR LIGHTING SO THAT OTHERS CAN SEE YOU
 1. It is hard to see you in dim lighting so find a location with light.
 2. If your back is to a bright window, you will be what is called “backlit” and not only is it hard on the eyes (glare) but you look like a
- POSITION THE CAMERA SO THAT YOUR FACE AND EYES ARE SHOWING
 1. If you are using the camera, show your face; it helps others see your non-verbal cues.
 2. You may be at home, but meeting in pajamas or shirtless is not appropriate so dress suitably. Comb your hair, clean your teeth, fix your clothes, etc. before your meeting time to show self-respect and respect for others.
- Be READY TO LEARN AND PAY ATTENTION
 1. Catch up on other emails or other work later.
 2. If you are Zooming, silence your phone and put it away.
 3. If you are in a room with a TV – turn it off.
- USE YOUR MUTE BUTTON WHEN IN LOUD PLACES OR FOR DISTRACTIONS
 1. Pets barking, children crying, sneezing, coughing, etc. can happen unexpectedly. It’s best if you conference in a private space, but if you can’t find a quiet place, when noises arise **MUTE** your laptop.
- REMEMBER TO UNMUTE WHEN SPEAKING
 1. Follow your instructor’s directions about using the “**raise hand**” icon or chat function to be recognized and to speak, but make sure you have unmuted your device.
 2. Do not speak when someone else is speaking.
- REMAIN FOCUSED AND PARTICIPATE IN THE MEETING
 1. Especially when the camera is on YOU, we can all see your actions. Engage in the meeting. Look at the camera. Listen to instruction. Answer questions when asked.
 2. Do not use the Zoom meeting to meet with your peers or put on a “show” for them.
- PAUSE YOUR VIDEO IF MOVING OR DOING SOMETHING DISTRACTING



1. Emergencies happen. If you need to leave the room or get up and move about, stop your video.
2. KEEP YOUR PASSWORDS CONFIDENTIAL.
 - You have a unique password to access online software like Canvas. Never allow someone else to log-in to your account.
3. COMPLETE YOUR OWN COURSEWORK.
 - When you register for an online class and log-in to Canvas, you do so with the understanding that you will produce your own work, take your own exams, and will do so without the assistance of others (unless directed by the instructor).

Examples of Academic Dishonesty that can occur in an online environment:

- Copying from others on a quiz, test, examination, or assignment;
- Allowing someone else to copy your answers on a quiz, test, exam, or assignment;
- Having someone else take an exam or quiz for you;
- Conferring with others during a test or quiz (if the instructor didn't explicitly say it was a group project, then he/she expects you to do the work without conferring with others);
- Buying or using a term paper or research paper from an internet source or other company or taking any work of another, even with permission, and presenting the work as your own;
- Using AI Tools to complete coursework;
- Excessive revising or editing by others that substantially alters your final work;
- Sharing information that allows other students an advantage on an exam (such as telling a peer what to expect on a make-up exam or prepping a student for a test in another section of the same class);
- Taking and using the words, work, or ideas of others and presenting any of these as your own work is plagiarism. This applies to all work generated by another, whether it be oral, written, or artistic work. Plagiarism may either be deliberate or unintentional.

Other Course Information

[Optionally, include other necessary information.]

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



Anticipated Class Schedule/Calendar

WEEK	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
WEEK 1	Orientation	Complete orientation
		Discussion 1
		Assignment 1
		Journal 1
		Quiz 1
WEEK 2	Introduction to Psychology	
		Discussion 2
		Assignment 2
		Journal 2
		Quiz 2
WEEK 3	Psychological Research	
		Discussion 3
		Assignment 3
		Journal 3
		Quiz 3
		THOUGHT PAPER 1
WEEK 4	Biopsychology	

WEEK 1	Orientation	Complete orientation
		Discussion 1
		Assignment 1
		Journal 1
		Quiz 1
		Discussion 4
		Assignment 4
		Journal 4
		Quiz 4
		Discussion 5
		Assignment 5
		Journal 5
		Quiz 5
WEEK 2	Introduction to Psychology	
WEEK 5	States of Consciousness	
WEEK 6	Sensation and Perception	

WEEK 1

Orientation

Complete orientation

WEEK 2

Introduction to Psychology

Discussion 1

Assignment 1

Journal 1

Quiz 1

Discussion 6

Assignment 6

WEEK 7

Learning

Journal 6

Quiz 6

Thought Paper 2 Due

WEEK 8

MIDTERM

WEEK 1	Orientation	Complete orientation
		Discussion 1
		Assignment 1
		Journal 1
		Quiz 1
		Discussion 7
		Assignment 7
		Journal 7
		Quiz 7
		Discussion 8
		Assignment 8
		Journal 8
		Quiz 8
WEEK 2	Introduction to Psychology	
		Discussion 7
		Assignment 7
		Journal 7
		Quiz 7
WEEK 9	Thinking and Intelligence	
		Discussion 8
		Assignment 8
		Journal 8
		Quiz 8
WEEK 10	Memory	
		Discussion 8
		Assignment 8
		Journal 8
		Quiz 8

WEEK 1

Orientation

Complete orientation

WEEK 2

Introduction to Psychology

Discussion 1

Assignment 1

Journal 1

Quiz 1

WEEK 11

Lifespan Development

Discussion 9

Assignment 9

Journal 9

Quiz 9

WEEK 12

Emotion and Motivation

Discussion 10

Assignment 10

Journal 10

Quiz 10

THOUGHT PAPER 3

WEEK 1	Orientation	Complete orientation
		Discussion 1
		Assignment 1
		Journal 1
		Quiz 1
		Discussion 11
		Assignment 11
		Journal 11
		Quiz 11
		Discussion 12
		Assignment 12
		Journal 12
		Quiz 12

WEEK 1	Orientation	Complete orientation
WEEK 2	Introduction to Psychology	Discussion 1 Assignment 1 Journal 1 Quiz 1
WEEK 15	THANKSGIVING BREAK	Extra Credit: Industrial-Organization
WEEK 16	Stress, Lifestyle and Health	Discussion 13 Assignment 13 Journal 13 Quiz 13 THOUGHT PAPER 4 Extra Credit: Psychological Disorders ALL LATE WORK DUE!



WEEK 1

Orientation

Complete orientation

WEEK 2

Introduction to Psychology

Discussion 1

Assignment 1

Journal 1

Quiz 1

WEEK 17

FINAL

Extra Credit: Therapy and Treatment

*****Subject to change without prior notice*****