



Thank you for choosing IVC! We are so happy to join you in your educational journey.

Basic Course Information

Semester:	Fall 2023	Instructor Name:	Monica S. Minor
Course Title & #:	Introduction to Psychology / Psy 101	Email:	monica.minor@imperial.edu
CRN #:	10310	Webpage (optional):	www.wakelet.com/mminor
Classroom:	2734	Office #:	Online - Calendly
Class Dates:	08/14/23 – 12/09/23	Office Hours:	Mon/Thur: 12:30-1:30-pm
Class Days:	Mondays	Office Phone #:	760-355-5716 (text or call)
Class Times:	6:00 – 9:10 pm	Emergency Contact:	7603555716
Units:	3	Class Format:	Fact-to-Face

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

Course Prerequisite(s) and/or Corequisite(s)

Recommended: Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.



9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

Required: OpenStax Psychology. Book will be provided for free online through Canvas.

Course Requirements and Instructional Methods

Method of evaluation: Class activities, attendance, homework, quizzes, problem solving exercise, and written assignments.

Instructional Methodology: Audio, visual, demonstration, discussion, group activity, and lecture.

Quizzes: There will be 6 quizzes. More details about the quizzes are posted in Canvas. The quizzes will cover chapters and course material throughout the semester. No makeups for exams will be given without prior notification and/or documentation of an emergency.

Discussions: Each module has a discussion board. Students must participate in each discussion in the form of one original post, and one response post per module. Original posts must contain at least 5 – 10 full sentences and response posts must contain 5 full sentences for full credit. Discussion posts are due at each module’s due date. Initial discussion post is due by Friday and reply posts due by Monday at 11:59 pm.

Reflection Paper: Students will be required to submit a 2-3 page APA format thought paper (not including the title and reference page). Details in Canvas modules.

Assignments: There will be 3 various assignments due. More details will be posted in the Canvas modules.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives		
Discussion Boards:	7 Discussion Activities	105 points
Reflection Paper	2 @ 25points each	50 points
6 Quizzes	Varied points (details in Canvas)	270 points
Assignments:	3 class assignments (details in Canvas)	75 points
Total Points:	Grade:	
500 - 450	A	
449 – 400	B	
399 – 350	C	
349 – 300	D	
299 and below	F	

Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped. Please communicate with me if you will be absent for more than 2 times.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Other Course Information

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property. There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

How do I access services now that we are mostly online?

- CANVAS LMS. Canvas is Imperial Valley College's Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.

Anticipated Class Schedule/Calendar

Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Syllabus and Attendance <ul style="list-style-type: none"> Acquire course materials, become familiar with Canvas and the course. Book is provided online through Canvas 	Review Module 0
Week 2	Introduction and Review Canvas <ul style="list-style-type: none"> Discussion 	Monday @ 11:59 pm
Week 3	<ul style="list-style-type: none"> Chapter 1 – Thinking critically with Psychology Journal 	Monday @ 11:59 pm
Week 4	<ul style="list-style-type: none"> Chapter 2 – Psychological Research Discussion 	Quiz 1: Ch. 1 & 2 due on Monday @ 11:59 pm
Week 5	<ul style="list-style-type: none"> Chapter 3- Biological Psychology Journal 	Monday @ 11:59 pm
Week 6	<ul style="list-style-type: none"> Chapter 4 – States of Consciousness Discussion 	Quiz 2: Ch. 3 & 4 due on Monday @ 11:59 pm
Week 7	<ul style="list-style-type: none"> Chapter 5 – Sensation & Perception Journal 	Monday @ 11:59 pm
Week 8	<ul style="list-style-type: none"> Chapter 6 – Learning Discussion 	Quiz 3: Ch. 5 & 6 due on Monday @ 11:59 pm
Week 9	<ul style="list-style-type: none"> Chapter 7 – Thinking & Intelligence Journal 	Monday @ 11:59 pm
Week 10	<ul style="list-style-type: none"> Chapter 8 – Memory Discussion 	Quiz 4: Ch. 7 & 8 due on Monday @ 11:59 pm
Week 11	<ul style="list-style-type: none"> Chapter 11 – Personality Assignment: Big 5 Personality Questionnaire 	Monday @ 11:59 pm
Week 12	<ul style="list-style-type: none"> Chapter 12- Social Psych Journal 	Quiz 5: Ch. 11 & 12 due on Monday @ 11:59 pm
Week 13	<ul style="list-style-type: none"> Chapter 14 Stress, lifestyle, & health Assignment: Life stress and health 	Monday @ 11:59 pm
Week 14		Monday @ 11:59 pm



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Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
	<ul style="list-style-type: none">• Chapter 15 – Psychological Disorders• Discussion	
Week 15	<ul style="list-style-type: none">• Chapter 16 – Therapy & Treatment• Journal	Review for Quiz
Week 16	<ul style="list-style-type: none">• Review for Quiz• Submit all extra credit	Quiz 6: Ch. 14, 15, 16

*****Subject to change without prior notice*****