

## Basic Course Information

Semester:	Spring 2023	Instructor Name:	Nicole Rodiles
Course Title & #:	Psy 210/Crisis Intervention	Email:	<a href="mailto:nicole.rodiles@imperial.edu">nicole.rodiles@imperial.edu</a>
CRN #:	21021	Webpage (optional):	
Classroom:	ICSO	Office #:	208
Class Dates:	2/14-6/3	Office Hours:	Wed: 11-12pm Thursday: 11-12pm
Class Days:	Monday	Office Phone #:	760/791-4915
Class Times:	1-4:10pm	Emergency Contact:	
Units:	3	Class Format:	

## Course Description

Techniques used for brief therapy crisis intervention, intake interviewing and referral will be studied and practiced. Special attention will be given to the process of intervention, admitting, and recording of information as it pertains to persons in crisis including alcohol and drug abuse clients. Through an experiential format, participants will learn and practice skills in brief therapy, different levels of client communication, and intake interviewing. (CSU)

## Course Prerequisite(s) and/or Corequisite(s)

NONE

## Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Develop and provide brief crisis counseling.
2. Make appropriate referrals.
3. Perform a five-point suicide assessment.

## Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Describe the process of becoming a helping person including: motivation, personal experiences, characteristics, and skills.
2. Identify communication styles and skills including: value systems, forming relationships, listening and communication skills;
3. Explain the intake interview and its purpose, content, and methods;
4. Recognize the substance abuses including major traits and problems in the initial interviewing sessions and special interviewing skills;
5. Define crisis intervention and problem solving;
6. Identify information and referral techniques;
7. Evaluate community resources and the process of making an effective referral follow-up and identify stresses of the helping profession;

## Textbooks & Other Resources or Links

*Kanel, Kristi. 2018. A Guide to Crisis Intervention. 6th Cengage. ISBN: 13:978-1337566414.*

## Course Requirements and Instructional Methods

### VI. METHODS OF EVALUATION:

Mid-Term/Final Exam(s)

Oral Assignments

Problem Solving Exercise

Quizzes

Skill Demonstration

Written Assignments

Class Activity

### VII. INSTRUCTIONAL METHODOLOGY:

Demonstration

Discussion

Group Activity

Lecture

Audio Visual

Distance Learning

## VIII. ASSIGNMENTS:

### Out-of-class

Students will visit one agency in the community and interview the director and/or a therapist/counselor. Students will be required to choose a recent crisis and prepare a crisis counseling scenario regarding the situation. This scenario will be presented to the class.

### Reading and Writing

Reading assignments include assigned text readings; current articles and/or sources from the internet. Students will research "burnout for counselors" and write a 3 page paper on the physical and emotional affects of counselor burnout to also include methods of self-care.

### Course Grading Based on Course Objectives

*Weekly Journal - 10 points X 12 weeks*

*Quizzes - 25 points X 6 weeks*

*Demonstrations - 50 points X 4*

*Short Answer - 10 points X 12 weeks*

### Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should read- mission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.
- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. **Consider**: specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and

- told to meet with the Campus Disciplinary Officer before returning to continue with coursework.  
Disciplinary
- procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### ***Plagiarism/Cheating***

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report

the incident to the Campus Disciplinary Officer, who may place related documentation in a file.

Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating

include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

**DSPS:** Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

**Counseling/Health Services:** Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

**Students Responsibilities:** Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at [http://www.imperial.edu/index.php?option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762)

**Students Tutorials:** Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

## Other Course Information

## IVC Student Resources

- **Canvas Help:** <https://www.imperial.edu/courses-and-programs/distance-education/for-students/canvas/>
- **Learning Labs:** There are several ‘labs’ on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- **Library Services:** There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.



## Anticipated Class Schedule/Calendar

*[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]*

<b>Date or Week</b>	<b>Activity, Assignment, and/or Topic</b>	<b>Pages/ Due Dates/Tests</b>
Week 1 February 14	Outside Orientation	
Week 2 February 21	Inside Orientation	
Week 3 February 28	First Class	
Week 4 March 6	Chapter 1	
Week 5 March 13	Chapter 2	
Week 6 March 20	Chapter 3	
Week 7 March 27	Chapter 4	
Week 8 April 3	Chapter 5	
Week 9 April 10	Easter Break	
Week 10 April 17	Chapter 6	
Week 11 April 24	Chapter 7	
Week 12 May 1	Chapter 8	
Week 13 May 8	Chapter 9	
Week 14 May 15	Chapter 10	
Week 15 May 22	Last Class	
Week 16 May 29	Certificate Ceremony	

**\*\*\*Subject to change without prior notice\*\*\***



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