



Basic Course Information

Semester:	Spring 23	Instructor Name:	Christina Aguilera
Course Title & #:	PSY 101 Introduction to Psychology	Email:	Christina.aguilera@imperial.edu
CRN #:	20311/20313	Webpage (optional):	HTTPS://www.imperial.edu
Classroom:	Online	Office #:	Zoom (by appointment) /text/email/Inbox
Class Dates:	Feb 13- Jun 9	Office Hours:	Tuesdays 11 am -2 pm
Class Days:	Online	Office Phone #:	Text ONLY- (760) 457 -5077
Class Times:	Online	Emergency Contact:	(760) 352-8320
Units:	3.0	Class Format:	Asynchronous

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Course Objectives

Course Objectives:

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

This course utilizes OERs and there is zero cost to the student.

Course Content, Instructional Methods and Grading

Expectations for the Student and Instructor Alike

Student Expectations- To be successful in this course, you are expected to:

- Read the entire Syllabus.
- Consistently check Announcements, your school email account, and the Canvas Inbox.
- Review the calendar for due dates.
- Participate in Discussions (post weekly and respond to your classmates).
- Turn in your own work that's been thoughtfully completed, proofread for errors in spelling and grammar.
- Communicate with your instructor of any problems or confusion well in advance of the due date.
- Complete all discussions, assignments, online quizzes and/or exams on time.

Instructor Expectations- As your instructor, I will

- Communicate to you via Canvas announcements and Inbox.
- Post weekly course-related announcements.
- Respond to your email or phone message within 24-48 hours.
- Monitor all discussions and provide feedback to the entire class where needed at least weekly.
- Provide individual feedback on assignments/papers/projects within one week of the due date as needed.
- Work with you so you will have a successful learning experience in this course!
- Provide all course material in an accessible format.

Course content will be covered as necessary to meet the requirements for the course. Some of the material may be addressed and/or supplemented to reflect the appropriate quality of learning for each student. If course material is adjusted, covered or not, each student will have access to materials to accomplish tasks/address assignments. Changes in the schedule can change at any given moment for any given reason. Planned course content is for lecture and labs.

Method of Evaluation: Essay(s), Mid-term/Final Exam(s), Objective, Oral Assignments, Problem Solving Exercise, Quizzes, Written Assignments and/or Participation Activities



Instructional Methodology: Audio/Visual, Demonstration, Discussion, Group Activity, Lecture and/or Simulation/Case Study Course Grading Based on Course Objectives

All course work will result in a letter grade. Letter grades will be calculated according to a point system. There are 100 points available for this course. Your final amount of points earned will equal a percentage that calculates into a letter grade.

Course Work and Grading Table

Course Work	Total Points / 100	Percent of Grade (%) / 100%
Assignments, Discussions, etc.	30	30%
Quizzes	30	30%

4



Midterm/Final	20	20%
Essay/Project/Presentation?Etc	20	20%

****Letter Grade Percentage Range: Points Range****

Grading Scale

- A = 90 - 100%
- B = 80 - 89%
- C = 70 - 79%
- D = 60 - 69%
- F = 59 or below

Course Policies

Be honest in all that you do! If you use a source that is not your work, make sure you cite each and every one. Everyone deserves credit for their work. Cheating will not be tolerated in any capacity.

Course Drop Policy:

During the first week of this course, you are required to participate, or you may be dropped from the course. Please post your introduction and complete any activities required for Module O.. These activities are very important so you won't be dropped from the course for non-participation during this first week. If you have any challenges with these tasks during the first week, please notify me as soon as possible so we can get you started!

Throughout the course, I will review your participation and assignments. If you fail to complete the required activities for two consecutive weeks, this may be considered excessive absences and may be grounds for being dropped. It's your responsibility to



IMPERIAL VALLEY COLLEGE

notify me if you have any challenges as soon as possible. It is also your responsibility to drop the course if you feel you can no longer participate and complete the course.

Please refer to the General Catalog for details of drop and withdrawal “W” deadlines. If you don’t drop the course before the end of the course, you will, unfortunately, earn a failing grade for the course. After the final withdrawal deadline, you will receive a grade regardless of whether you completed the work or not, potentially resulting in a failing grade on your permanent academic record.

Late Work Policy: In this online course, you are required to submit tests/quizzes, discussions and activities/ assignments by the due date via Canvas. Once a module/discussion closes, you won’t be able to post or respond so please set a reminder for those due dates. Check the calendar in Canvas for due dates and reminders. A handy tip is to set a calendar item or alarm on your phone to remind yourself of the due dates. Quizzes and exams can not be made up.

Copyright and Fair Use: IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

IVC Student Resources and Modality

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

This is an asynchronous course. That means we will NOT regularly meet online. Office hours are Tuesdays, 11 am- 2 pm (by appointment), from Feb 13 through Jun 9, 2023. Canvas will not include live transcript.

What if you need live transcript?

Should you need a copy of live transcript from a class, there will NOT be one available. Contact your instructor individually for further assistance:

Email: Christina.aguilera@imperial.edu o Text ONLY: 760-457-5077

If you choose to contact me via text please include the following information or there will be no reply:

Your full name (first and last), your class and crn, and your concern/communication.

Office Hours: Office hours are Tuesdays from 11 am -2 pm. You may contact me all week to get a response within 24-48 hours. If you have a pressing matter do not hesitate to email/text me outside of office hours. As soon as I am able to, I will get back to you. You will be contacted by me via Inbox if needed or in any fashion that you have established communication (text, email, inbox, etc.)

If you need further assistance or accommodations the Special Programs and Services for the Disabled (DSP&S) is available as well.

Special Programs and Services for the Disabled

Your experience in this class is important to me; it is the policy and practice of Imperial Valley College, to create inclusive and accessible learning environments consistent with federal and state law. If you experience barriers or are qualified for accommodations, please contact the Disabled Student Programs and Services (Links to an external site.) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313.

Anticipated Class Schedule/Calendar and Grading

Anticipated Class Schedule PSY 101 Introduction to Psychology

Week #	Dates	Topic	Assignments
1	2/13- 2/18	Orientation	



Introduction to Psychology

Discussions (Disc)/Participation Activities (PA)

2	2/20-2/25	Psychological Research	Disc/PA(s)
3	2/27- 3/4	Biopsychology	Disc/PA(s)
4	3/6- 3/11	States of Consciousness Sensation, Perception- Learning	• Disc/PA(s)
5	3/13- 3/18	Learning- Biology, Cognition and Learning	• Disc/PA(s)
6	3/20- 3/25	Thinking and Intelligence	• Disc/PA(s)
7	3/27- 4/1	Memory	Disc/PA(s)
8	4/3- 4/8	Lifespan Development	• Disc/PA(s)
9	4/10- 4/15	SPRING BREAK	SPRING BREAK
10	4/17- 4/22	Motivation and Emotion	• Disc/PA(s)
11	4/24- 4/29	Personality	• Disc/PA(s)
12	5/1- 5/6	Social Psychology	• Disc/PA(s)
13	5/8- 5/13	Industrial-Organizational Psychology	• Disc/PA(s)
14	5/15- 5/20	Stress, health and Human Lifestyle	Disc/PA(s)

15	5/22- 5/27	Psychological Disorders	• Disc/PA(s)
16	5/29- 6/3	Psychological Therapies	• Disc/PA(s)
17	6/5- 6/9	FINALS WEEK	FINALS WEEK

****This is a tentative schedule and subject to change without notice****