

Basic Course Information

Semester:	Winter 2023	Instructor Name:	Viridiana Salas
Course Title & #:	ES 128 Volleyball Co- Ed	Email:	Viridiana.salas@imperial.edu
CRN #:	15146	Webpage (optional):	N/A
Classroom:	Gymnasium Building 700	Office #:	758
Class Dates:	1/3/23 -2 /3/23	Office Hours:	TBD
Class Days:	Mon- Fri	Office Phone #:	760-355-6165
Class Times:	8:20am - 9:40 am	Emergency Contact:	
Units:	1	Class Format:	In person/ Activity/ Participation/

Course Description

Upon completion of this course students will have the knowledge and skills necessary to participate in the game of volleyball. Emphasis is placed on the basic skills of passing, setting, serving, blocking, spiking and digging. The history of volleyball, rules of the game and safety guidelines will be stressed.

Course Prerequisite(s) and/or Corequisite(s)

NO PREREQUISITES

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- Demonstrate improvement of skills and knowledge of the game of volleyball. (IL02)

Course Objectives

Upon completion of this class the student will know the basic rules of the game of volleyball. Students will know the basic skills associated with the sport of volleyball.

Textbooks & Other Resources or Links

- NO TEXTBOOK NEEDED
- Must have access to a laptop or a PC to obtain information associated with this class

Course Requirements and Instructional Methods

INSTRUCTIONAL METHODOLOGY:

- Group Activity
- Individual Assistance
- Lab Activity
- Lecture
- Demonstration

Requirements:

- Shorts/ sweatpants
- Shirt
- shoes
- Drinking water
- Towel (optional)

Course Grading Based on Course Objectives

Students will be evaluated on their work on a weekly basis and broken down in the following:

- Skill Demonstration (pre/ post)- 50pts (25 each)
- Mid-Term/Final Exam(s) – 50 each= 100 pts.
- Attendance/ Participation=120 pts

Total points= 270 points

Grading scale:

- A= 90–100%
- B= 80-89%
- C= 70-49%
- D= 60-69%
- F= Below 60%

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Introduction & Syllabus	
Week 2-5	Scrimmage (play) Midterm Post Evaluation Final Exam	

*****Subject to change without prior notice*****