

Basic Course Inform	nation		
			Suellen Encinas, MSN-Ed, RN
Semester:	Fall 2022	Instructor Name:	Rebekka Lerma, MSN, RN
	VN 112 Intro to Patient Care		Suellen.Encinas@imperial.edu
Course Title & #:	11	Email:	rebekka.lerma@imperial.edu
CRN #:	10673 & 11004	Webpage (optional):	www.imperial.edu
	M & T: Lab 1		
Classroom:	W & TH: 2110	Office #:	(760)355-6176
			M & T: 12-1 pm
			W: 1:15 -3:15 pm
Class Dates:	10/10/22 - 12/08/22	Office Hours:	Th: 4:15-5:15
			Ms. Encinas (760)879-3941
Class Days:	M T W Th	Cell Phone #:	Ms. Lerma (760)412-0757
	M 0650-1530 T 0800-1630		
Class Times:	W TH 0800-1240	Emergency Contact:	Office (760)355-6348
Units:	5.0	Class Format:	In-person

Course Description

Communication skills are presented in this course. Basic psychological and physiological concepts related to stress that cause disruptions in the individual's ability to adapt to his/her environment are presented in the classroom. Concurrently in clinical and simulated sessions, the student relates learned skills and theory to the care of patients with well-defined commonly occurring illnesses in the hospital setting. (CSU)

Course Prerequisite(s) and/or Corequisite(s)

VN 110 with a grade of "C" or better

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Utilizing principles of medical/surgical asepsis student will demonstrate safe and effective insertion of urinary catheter or other procedure in a simulated clinical setting.
- 2. On dosage calculation exam, student will have a score of 92% or better on the first attempt.
- 3. Perform an introductory patient assessment, identify and document long and short term goals/expected outcomes for simulated and actual client situations.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- 1. Utilize the nursing process to: Assess the client's general physical condition; Utilize available sources of information to develop a plan of care; Report and record data appropriately
- 2. Identify the nature, effect, and response to stress
- 3. Identify the following if given a set of common disruptions to coping behaviors: Adaptive and maladaptive feature; Effects of culture/ethnic features; Effects of age; Effects of religious preference



- 4. Explain the role of the endocrine and autonomic nervous systems in maintaining homeostasis.
- 5. Administer oral, other non-injectable and parenteral (except IV) mediations to assigned clients.
- 6. Apply principles of Standard Precautions to assigned client care situations.
- 7. Apply principles of Standard Precautions to assigned client care situations.
- 8. Explain the role of acid-base balance in maintaining homeostasis in assigned client care situations.
- 9. Student will identify nutritional needs in deviations from health with respect to: Age; Culture; Disease entity; Religious preference
- 10. Assess individuals for Oxygen and Carbon Dioxide exchange and provide measures to maintain efficient and effective balance.
- 11. Assess needs of individuals with cardiovascular and cerebrovascular disruptions and provide care at a first semester student level to a patient.
- 12. Develop a teaching plan for a client with one of the disruptions to health studied in the class.
- 13. Assess needs of individuals with common disruptions of urinary and/or intestinal elimination and provide are to a client.
- 14. Apply principles of surgical asepsis to assigned client care situations.

Lecture Outline

Theory:

Module A: Using the Nursing Process to plan patient care

Module B-1: Principles of Adaptation to Stress

Module B-2: Common Defense Mechanism

Module C-1: Acid-Base Balance: The Basics

Module C-2: Acid-Base: Introduction to Acidosis and Alkalosis

Module D: Using the Nursing Process to care for individuals with common disruptions of fluid and electrolyte balance Module E: Using the Nursing Process to care for individuals with nutritional problems

Module F: Using the Nursing Process to care for individuals with problems in oxygen exchange

Module G: Using the Nursing Process to care for individuals with urinary and intestinal elimination problems

Skills: VN 112 Skills Packet.pdf

Textbooks & Other Resources or Links

Required:

- Taylor, Lynn, & Barlett, Fundamentals of Nursing, Wolters Kluwer, Current Edition
- Lynn, Taylor's Clinical Nursing Skills, Lippincott Williams & Wilkins, Current Edition
- ATI Nursing Education <u>www.atitesting.com</u>

Recommended:

- Doenges, Application of Nursing Process, F. A. Davis Company, Current Edition
- Kee, Laboratory & Diagnostic Tests, Pearson, Current Edition
- Doenges, Nurse's Pocket, F. A. Davis Company, Current Edition
- Doenges, Application of Nursing Process, F. A. Davis Company, Current Edition
- Hogan, Pearson Reviews and Rationales, Pearson Education, Current Edition
- Taber, Taber's Cyclopedic Medical Dictionary, F. A. Davis Company, Current Edition
- Willis, Fluids & Electrolytes Made Incredibly Easy, Lippincott Williams & Wilkins, Current Edition
- Doenges, Nursing Diagnosis Manual, F. A. Davis Company, Current Edition
- Roth, Nutrition & Diet Therapy, Cengage Learning, Current Edition



- Vallerand, Davis's Drug Guide for Nurses, F. A. Davis Company, Current Edition
- Doenges, Nursing Care Plans, F. A. Davis, Current Edition
- Springhouse, Pathophysiology Made Incredibly Easy, Current Edition
- Taylor, Lynn, & Barlett, Fundamentals of Nursing Workbook, Wolters Kluwer, Current Edition
- Springhouse, Fluids & Electrolytes Made Incredibly Easy, Current Edition

Resources:

- The National Association of Licensed Professional Nurses (NALPN), <u>www.nalpn.org</u>
- The Point. Student book resources http://thepoint.lww.com/student
- VN 112 Skills Packet.pdf

Course Requirements and Instructional Methods

COURSE REQUIREMENTS

Class Activity

Essay

Mid-Term/Final Exam(s)

Objective

Oral Assignments

Problem Solving Exercise

Quizzes

Skill Demonstration

Written Assignments

INSTRUCTIONAL METHODOLOGY:

In-person

Flipped Classroom

Computer Assisted Instruction

Demonstration

Discussion

Group Activity

Individual Assistance

Lab Activity

Lecture

Simulation/Case Study

Course Grading Based on Course Objectives

LVN Program Grading:



To advance to the next semester, a "C" or better is required in this course.

The Licensed Vocational Program complies with the Imperial Valley College grading policies in the current catalog and the LVN program grading program policy as outlined.

All assignments are graded on the following scale and grades are not rounded

A = 93%-100% 8=85%-92% C= 78%-84% F = Below 78%

F= When the clinical evaluation is unsatisfactory regardless of the theory grade.

Student must pass the final examination with a 78% or a grade of "F" for the course will be issued as outlined in the LVN student handbook.

The student is responsible making an appointment with their instructor any time their grade average drops below 82%.

Students must maintain a "C" average in all nursing courses to advance in the program.

Both the clinical and classroom aspects of each course must be passed. Failure in either part results in failure of the course and requires re-taking the entire course.

Scoring requirements for successful completion of each course:

- 78% or better of total possible points accumulated from all written work and examinations (overall coursework), and
- 78% or better of the total possible points accumulated from the major unit exams as designated in the course syllabi, and Imperial Valley College Course Syllabus
- Satisfactory and > 78% or better in clinical performance, including non-graded written assignments and pre-lab preparation

Major Unit Exams and Remediation

The student who fails the 1st unit exam shall:

- Complete remediation in the Nursing Learning Center with a tutor.
- Demonstrate knowledge of those areas identified by the faculty as being deficient prior to sitting for the next modular exam.
- Receive a 0% on any subsequent exam, if non-compliant with remediation.
- The student who fails a 2nd unit exam or has an accumulated average less than 78% shall:
- Meet with the teaching team
- Develop and submit a personal learning contract that includes all items of deficiencies and specific plan for improving test success.
- The student who fails a 3rd unit exam or has an accumulated average less than 78% shall:
- Meet with the teaching team to consider withdrawal from the nursing program.
- If the drop date has passed, the student will meet with the teaching team regarding the possible failure of the nursing course.

ALGORITHM FOR DIAGNOSTIC EXAMS (ATI):

Refer to LVN Handbook for information.



Scores may be considered as a unit exam.

Clinical and Skills Laboratory Performance Grading:

Clinical and skills laboratory performance will be determined on a satisfactory or unsatisfactory basis.

- 1st unsatisfactory in clinical/skills laboratory: Student will complete a NLC referral (remediation) established by the instructor prior to the next clinical/skills laboratory.
- 2nd unsatisfactory in clinical/skill laboratory: Student will complete NLC referral (remediation) established by the instructor prior to the next clinical/skills lab.
- 3rd unsatisfactory in clinical/skills laboratory: Student will meet with the teaching team to consider dismissal from the nursing course. Please bear in mind that two or three "unsatisfactory" clinical/skills lab performances could be received in one day

Clinical instructor will conduct a formal clinical evaluation at the completion of each 4-weeks. The clinical instructor in conjunction will complete a comprehensive classroom and clinical evaluation with the team leader at the completion of the eight-week course.

When a care plan is returned to a student with an unsatisfactory grade, the student is expected to correct the plan within the designated time frame and return it to the instructor. If a student fails to correct the care plan on time or if the returned plan continues to be unsatisfactory, it will be reflected as unsatisfactory performance for the rotation.

Theory, clinical, and skills laboratory requirements must be satisfactorily completed independent of each other to successfully complete the course.

Course Policies

Each student in this class is expected to respectfully participate. Additional to the learning this class provides, this is a fun course. Please act professionally and keep other students feelings in mind and refrain from rude, inappropriate behavior and language in class.

Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.

Food and Drinks are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Academic Honesty: Anyone caught cheating, or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.



Attendance:

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

LVN students in the Imperial Valley College Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments.

Absences will be limited to the following for the semester: VN 112: 11.5 hours

A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The student will meet with the teaching team to discuss the situation and will be considered for dismissal. If remediation is considered, the student will be required to match missed hours; In excess of the maximum allowable, with assigned hours of study. These assignments will be based upon the classroom and clinical objectives. The instructor(s) will determine the appropriate type of remediation.

LVN students in the Imperial Valley College Vocational Nursing Program are expected to meet the attendance requirements approved by the Board of Vocational Nurse and Psychiatric Technician Examiners as posted on the bulletin board.

Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lecture, clinical and skills lab.

Regular attendance in all classes is expected of all students enrolled. Instructors are expected to take a student's record into account in computing grades. A student may be excluded from further attendance in a class during any semester when absences after the close of registration have exceeded the number of class hours which the class meets per week. Further, an instructor may drop any student judged to be a disturbing element in the class.

Last day to drop with a "W" is 09/22/22.

IVC Student Resources Content to be covered in all sections

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <u>http://www.imperial.edu/studentresources</u> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar



Week 1 Module A: Using the Nursing Process to plan patient care

Week 1	Day	Time	Room	Instructor	Description	Assignment
10/10/22	Monday	0700-1530	EC Post-Acute	Ms. Encinas Ms. Lerma	Clinical Orientation EC Post-Acute	
10/11/22	Tuesday	0800-1630	IVC Nursing Lab 1	Ms. Encinas Ms. Lerma	Syllabus Review Pharmacology Calculation Exam 25 Questions ATI Predictor	Misc. Lab Skill Sign-off's
10/12/22 10/13/22	Wednesday & Thursday	0800-1240	2110	Ms. Encinas	Module A: Using the Nursing Process to plan patient care	Fundamentals of Nursing Ch: 14 Assessing Ch: 15 Diagnosing Ch: 15 Diagnosing Ch: 16 Outcome Identification and Planning Ch: 17 Implementing Ch: 17 Implementing Ch: 18 Evaluating Ch: 19 Documenting and Reporting and Reporting ATI Content Mastery
10/13/22	Thursday	0800-1240	2110	Ms. Encinas	Cont. Mod. A	Ch: 7 (see above)

Week 2:

Module B-1: Principles of Adaptation to Stress

Module B-2: Common Defense Mechanism

Week 2	Day	Time	Room	Instructor	Description	Assignment
10/17/22	Monday	0700-1530	EC Post-Acute	Ms. Encinas	CLINICAL	
			PMH	Ms. Lerma		



10/18/22	Tuesday	0800-1630	IVC Nursing Lab 1	Ms. Encinas Ms. Lerma	Lab: Mod A review Wound Care Nutrition	Taylor's Clinical Skills Ch: 8 & 11
10/19/22	Wednesday	0800-1240	2110	Ms. Encinas	Exam 1: Mod. A Module B-1: Principles of Adaptation to Stress	Fundamentals of Nursing Ch: 42 ATI Content Mastery Ch: 33
10/20/22	Thursday	0800-1240	2110	Ms. Encinas	Module B-2 Common Defense Mechanism	Fundamentals of Nursing Ch: 42 ATI Content Mastery Ch: 33

Week 3:

Module C-1: Acid-Base Balance: The Basics

Module C-2: Acid-Base: Introduction to Acidosis and Alkalosis

Week 3	Day	Time	Room	Instructor	Description	Assignment
10/24/22	Monday	0700-1530	EC Post-Acute	Ms. Encinas	CLINICAL	
			PMH	Ms. Lerma		
10/25/22	Tuesday	0800-1630	IVC Nursing	Ms. Encinas	Lab:	Pop Quiz &
			Lab 1	Ms. Lerma	Mod: B1-B2 &	Skill Sign-off's
					G Review	Chapter 8 &
						11
					Oxygenation	
						Taylor's Skills
						Chapter 14
10/26/22	Wednesday	0800-1240	2110	Ms. Encinas	Exam #2:	
					Mod: B1&B2	
					Module C-1:	Fundamentals
					Acid-Base	of Nursing
					Balance: The	Ch: 40
					Basics	Fluid,
						Electrolyte,



						and Acid–Base Balance
						ΑΤΙ
						Content
						Mastery
						Ch: 57 & 58
10/27/22	Thursday	0800-1240	2110	Ms. Encinas	Module C-2: Acid-Base: Introduction to Acidosis and Alkalosis	Fundamentals of Nursing Ch: 40 Fluid, Electrolyte, and Acid–Base Balance
						ATI Ch: 57 & 58

Week 4:

Module D: Using the Nursing Process to care for individuals with common disruptions of fluid and electrolyte balance

Week 4	Day	Time	Room	Instructor	Description	Assignment
10/31/22	Monday	0700-1530	EC Post-Acute	Ms. Encinas	CLINICAL	
			PMH	Ms. Lerma		
11/01/22	Tuesday	0800-1630	IVC Nursing	Ms. Encinas	Lab	Pop-Quiz &
			Lab 1	Ms. Lerma	Mod: C1 & C2	Sign-off's
					review	Chapter 14
11/02/22	Wednesday	0800-1240	2110	Ms. Encinas	Module D:	
					Using the Nursing	
					Process to	Fundamentals
					care for	of Nursing
					individuals	Ch: 40
					with common	Fluid,
					disruptions of	Electrolyte,
					fluid and	and Acid–Base
					electrolyte	Balance
					balance	
						ΑΤΙ
						Content
						Mastery
						, Ch: 57 & 58
11/03/22	Thursday	0800-1240	2110	Ms. Encinas	Cont. Mod. D	(see above)



Module E: Using	g the Nursing Proc	ess to care for in	dividuals with nut	tritional problem	S	
Week 5	Day	Time	Room	Instructor	Description	Assignment
11/07/22	Monday	0700-1530	EC Post-Acute PMH	Ms. Encinas Ms. Lerma	CLINICAL	
11/08/22	Tuesday	0800-1630	IVC Nursing Lab 1		Lab: Mod D & E Urinary Elimination	Taylor's Clinical Skills Chapter 12
11/09/22	Wednesday	0800-1240	2110	Ms. Encinas	Exam #3 Mod: C1, C2 & D Module E: Using the Nursing Process to care for individuals with nutritional problems	Fundamentals of Nursing Ch: 36 Nutrition ATI Content Mastery Ch: 39
11/10/22	Thursday	0800-1240	2110	Ms. Encinas	Cont. Mod. E	(see above)

Week 6:

Module F: Using the Nursing Process to care for individuals with problems in oxygen exchange

Week 6	Day	Time	Room	Instructor	Description	Assignment
11/14/22	Monday	0700-1530	EC Post-Acute	Ms. Encinas	CLINICAL	
			PMH	Ms. Lerma		
11/15/22	Tuesday	0800-1630	IVC Nursing	Ms. Encinas	Lab:	Pop-Quiz &
			Lab 1	Ms. Lerma	Mod. F	Sign-off's
					review	Chapter 12
11/16/22	Wednesday	0800-1240	2110	Ms. Encinas	Exam #4	
					Mod. E	
					Module F:	
					Using the	Fundamentals
					Nursing	of Nursing
					Process to	Ch: 39
					care for	Oxygenation
					individuals	and Perfusion
					with oxygen	
					exchange	ΑΤΙ
					problems	Content
						Mastery



						Ch: 53
11/17/22	Thursday	0800-1240	2110	Ms. Encinas	Cont. Mod. F	(see above)

Week 7:

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Week 8:

Module G: Using the Nursing Process to care for individuals with urinary and intestinal elimination problems

Week 8	Day	Time	Room	Instructor	Description	Assignment
11/28/22	Monday	0700-1530	EC Post-acute	Ms. Encinas	CLINICAL	
			PMH	Ms. Lerma		
11/29/22	Tuesday	0800-1630	IVC Nursing	Ms. Encinas	Bowel	Taylor's Skills
			Lab 1	Ms. Lerma	Elimination	Chapter 13
11/30/22	Wednesday	0800-1240	2110	Ms. Encinas	Exam #5	
					Module F	
					Module G:	Fundamentals
					Using the	of Nursing
					Nursing	Ch: 37
					Process to	Urinary
					care for	Elimination
					individuals	cl. 20
					with urinary	Ch: 38
					and intestinal	Bowel
					elimination	Elimination
					problems	ATI
						Content
						Mastery
						Ch: 43 & 44
12/01/22	Thursday	0800-1240	2110	Ms. Encinas	Cont. Mod. G	(see above)

Week 9:

Review Module: A, B-1&2, C1&2, D, E, F, and G

Week 9	Day	Time	Room	Instructor	Description	Assignment
12/05/22	Monday	0700-1530	EC Post-Acute	Ms. Encinas	CLINICAL	
			PMH	Ms. Lerma		
12/06/22	Tuesday	0800-1630	IVC Nursing	Ms. Encinas	Final Skills	Pop-Quiz &
			Lab 1	Ms. Lerma	Check off	Sign-off's
						Chapter 13
					ATI Predictor	



12/07/22	Wednesday	0800-1240	2110	Ms. Encinas	Study for Final Exam (Theory) Mod.	
					A, B-1&2, C1&2, D, E, F, and G	
12/08/22	Thursday	0800-1240	2110	Ms. Encinas	Final Exam	

Weekly activities, homework, videos will be incorporated into syllabus on a weekly basis

Subject to change without prior notice