

### Basic Course Information

Semester:	<b>Fall 2022</b>	Instructor Name:	<b>Robert Wyatt</b>
Course Title:	<b>Interpersonal Relationships</b>	Course #:	<b>PSY 120</b>
CRN #:	<b>10386</b>	Email:	<b>Robert.wyatt@imperial.edu</b>
Classroom:	<b>402</b>	Office #:	<b>1714</b>
Class Dates:	<b>08/15 – 12/08</b>	Office Hours:	<b>M/W: 9:30 – 10:30 / T-TR: 11 - 12</b>
Class Days:	<b>Tuesdays &amp; Thursdays</b>	Office Phone #:	<b>760-355-6491</b>
Class Times:	<b>1:00 – 2:25pm</b>	Emergency:	<b>Elvia Camillo (760-355-6144)</b>
Units:	<b>3.0</b>	Class Format:	<b>Hyflex</b>

### Course Description

An exploration of the dynamics of interpersonal relationships. Starting, developing, understanding, and improving one's relationships with self and others will be the focus of this course. Topics will include love, jealousy, acceptance, listening skills, communications skills, perception of self and others, and self-disclosure. The course involves lecture, discussion, and experiential techniques. (CSU)

### Course Prerequisite(s) and/or Corequisite(s)

None

### Course Outcomes

1. Recognize multiple modes of communication and the differences in congruent and non-congruent messages and self-evaluate communication style.
2. Learn self-care and nurturing techniques.
3. Practice active listening.
4. Practice appropriate self-disclosure; recognize and share feelings through "I messages."
5. Recognize destructive self-defeating behavior.
6. Set relationship goals and build support networks.

### Student Learning Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify positive affirmations.
2. Create positive affirmations.
3. Practice positive affirmations.

## Textbooks & Other Resources or Links

### Messages

**Author: McKay**

**ISBN: 978-1-68403-171-9**

## Course Requirements and Instructional Methods

The course will consist of classroom lectures and activities in support of student learning.

1. **Quizzes** – You will have a quiz for every chapter. There are 10 questions.
2. **Class Discussions** - There will be class discussions in which everyone will participate. This is to apply the information in the textbook to real-life situations.
3. **Individual Paper** - You will write an APA format paper on a topic of your choice that is covered in the textbook.

*Out-of-Class Assignments:* The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

## Course Grading Based on Course Objectives

ASSIGNMENTS	# of Assignments	TOTAL POINTS
QUIZZES	15	150
CLASS DISCUSSIONS	11	110
GROUP PAPER	1	100
<b>TOTAL</b>	<b>16</b>	<b>360</b>

GRADES	PERCENTAGE
A	90 – 99%
B	80 – 89%
C	70 – 79%
D	60 – 69%
F	59 – 0%

## Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct.

Acts of cheating include, but are not limited to, the following:

- (a) Plagiarism;
- (b) copying or attempting to copy from others during an examination or on an assignment
- (c) communicating test information with another person during an examination
- (d) allowing others to do an assignment or portion of an assignment
- (e) using a commercial term paper service.

## Additional Help

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

[Learning Services \(Links to an external site.\)](#) - It consists of instructional labs designed to assist students in completing specific assignments intended to supplement and reinforce classroom instruction, and to help students succeed in specific classes through individual tutoring appointments.

[Library Services \(Links to an external site.\)](#) - The Library is open while classes are in session. It is closed on observed holidays as well as during winter and spring recess.

## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

## Anticipated Class Schedule/Calendar

DATE	CHAPTER	ASSIGNMENT	DUE DATE
08/15 – 08/19	Syllabus Introductions		
08/22 – 08/26	Chapter 1: Listening		
08/29 – 08/31	Chapter 2: <b>Self Disclosure</b>		
09/05 – 09/09	Chapter 3: Expressing		
09/12 – 09/16	Chapter 4: Body Language		
09/19 – 09/23	Chapter 5: Paralanguages and Meta-messages		
09/26 – 09/30	Chapter 6: Hidden Agendas Chapter 7: Transactional Analysis		
10/03 – 10/07	Chapter 8: Clarifying Language Chapter 9: Assertive Training		
10/10 – 10/14	Chapter 10: Validation Strategies Chapter 11: Negotiation		
10/17 – 10/21	Chapter 12: Forming Accurate First Impressions Chapter 13: Making Contact		
10/24 – 10/28	Chapter 14: Digital Communication Chapter 15: Couples Skills		
10/31 – 11/04	Chapter 16: Communicating with Children Chapter 17: Family Communications		
11/07 – 11/11	Chapter 18: Influencing Others		
11/14 – 11/18	Chapter 19: Public Speaking		
11/21 – 11/25	<b>No School – FALL BREAK</b>		
11/28 – 12/02	Chapter 20: Interviewing		
12/05 – 12/09		Group Paper Class Feedback	

\*\*\*Subject to change without prior notice\*\*\*