Basic Course Information

Semester:	**Summer 2022**	Instructor Name:	**Summer Winford, MSN, RN**
Course Title & #:	**NURS 219: Psychiatric and Mental Health Nursing**	Email:	**summer.winford@imperial.edu**
CRN #:	**30180 & 30181**	Webpage (optional):	**N/A**
Classroom:	**2711**	Office #:	**Online**
Class Dates:	**6/21/22 – 7/27/22**	Office Hours:	**Tuesday 1200-1400**
Class Days:	**T (Theory) W & TH (Clinical)**	Office Phone #:	**760-355-6348 (Nursing Office)**
Class Times:	**T (Theory) 09:00- 14:50 W & TH (Clinical) 07:00- 15:50**	Emergency Contact:	**760-355-6348 (Nursing Office)**
Units:	**3.0**	Class Format:	

Course Description

This course focuses on the care of clients across the lifespan experiencing cognitive, mental and behavioral disorders. Emphasis is placed on management of clients facing emotional and psychological stressors as well as promoting and maintaining the mental health of individuals and families. Concepts of crisis intervention, therapeutic communication, anger management, and coping skills are integrated throughout the course. The community as a site for care and support services is addressed. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe client care to clients in selected mental health settings. Clinical experience may be out of county. (CSU)

Course Prerequisite(s) and/or Corequisite(s)

NURS 128

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Determine actual and potential psychiatric problems and appropriate nursing responses to restore and promote health.
2. Identify the commonly used psychopharmacological agents for treatment of clients in mental health facilities and nursing measures needed when administering these treatments.
3. Assess a set of clinical data, formulate a nursing diagnosis, implement a plan, and evaluate outcome of the action plan.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Perform a mental behavioral health assessment on clients with common mental health disorders.
2. Develop an individualized, evidence-based plan of care that demonstrates an appreciation of a client's cultural, spiritual, and developmental variations and includes recommendations for the adoption of health-promoting behaviors.
3. Collaborate as a member of the health care team and client advocate while providing safe, quality care to clients with common mental health disorders.
4. Demonstrate clinical judgment and participate in the evaluation of outcomes when providing care to clients with common mental health disorders.
5. Apply knowledge of pharmacology, nutrition, and psychopathology as well as evidence- based practice to the care of clients with common mental health disorders.
6. Use therapeutic verbal and nonverbal communication that promotes therapeutic relationships with clients and their families, as well as professional relationships with members of the health care team.
7. Use information technologies to access evidence-based literature and client information as well as communicate with members of the health care team, accurately documenting client care in a secure and timely manner.
8. Identify, plan, and provide health and safety related education to adult clients and their families in conjunction with members of the health care team.

9. Use organizational and priority setting skills when providing care to clients with common mental health disorders in selected settings.
10. Report concerns related to client safety and the delivery of quality care and participate in activities that promote performance improvement.
11. Adhere to ethical, legal and professional standards while maintaining accountability and responsibility for the care provided to mental health clients and their families.

Textbooks & Other Resources or Links

Videbeck, Sheila (2017). *Psychiatric-Mental Health Nursing with Access* (7/e). Wolters Kluwer
ISBN: 978-1-975111-78-6
OR
Videbeck, Sheila (2019). *Psychiatric-Mental Health Nursing with Access (8*/e). Wolters Kluwer
ISBN-13: 978-19751116378 ISBN-10: 1975116372
ATI Mental Health Nursing (current edition).

Websites:

- ATI Nursing education. www.atitesting.com
- The Point. Student book resources. http://thepoint.lww.com/student
- The National Association of Licensed Professional Nurses (NALPN), www.nalpn.org
- American Heart Association www.heart.org/
- American Diabetes Association www.diabetes.org
- American Academy of Pediatrics, www.aap.org
- Institute of Pediatric Nursing, www.ipedsnursing.org
- American Lung Association, www.lung.org
- American Neurological Association www.myana.org
- American Gastrointestinal Association www.gastro.org
- American Renal Association www.renal.org
- American Society of Hematology www.hematology.org
- Khan Academy Video www.khanacademy.org
- RegisteredNurseRN.com You Tube Channel www.registerednurse.com
- Keith RN You Tube Channel www.keithrn.com
- Simple Nursing You Tube www.simplenursing.com

Course Requirements and Instructional Methods

Throughout this five (5) week course clinical experiences will be simulated in the Imperial Valley College Nursing Skills Laboratory and may include experience in an acute care setting.

Reading and Writing:

Read assigned chapters in textbooks, develop care plans, accurate documentation by completing charting exercises to participate in data collection

- Audio Visual: DVD of skills required for successful course completion

- Computer Assisted Instruction: Internet research, case study

- Demonstration: skills required for successful course completion

- Discussion: Related topics on Nursing Fundamentals and skills

- Group Activity

- Lab Activity: Assessment Skills; Nursing Fundamental Skills; Check-off demonstrations

- Lecture; Power-point

- Simulation/Case Study: Nursing skills.

ASSIGNMENTS:

Class activities: Class participation and discussion, presentations, unit exams, pop quizzes, calculation exam and Final exam.

Out-of-class: Reading assignments from required textbooks listed for this course (see text book list), and the pharmacology text used in the pharmacology course. Writing assignments will reflect the objectives listed and may include, but not be limited to, care plans, concept-mapping, drug cards, short essays, and/or professional papers. CD/DVD viewing, internet, research evidence-based articles. Additional reference materials will be available in the nursing learning center. Outside assignments may include, but not limited to, nursing lectures or in-services offered by local health facilities, independent exercises, and learning center activities.

Clinical/simulations assignments: Clinical/simulations assignments will include preparing for clinical by practicing and demonstrating skills in a check-off simulation, obtaining patient data, reviewing medication information. Clinical hours will be spent demonstrating proficiency in nursing skills and patient care in the clinical lab setting. Written post- assignments will relate to clinical experience and may include but not be limited to care plans, case studies, and documentation exercises. Clinical sites may include hospitals, clinics, simulation lab.

Simulations: Simulations are a safe learning environment where all students will have the opportunity to interact within a structured scenario. Simulations will be utilized during this class and simulation materials will be handed out during the semester. All advance assignments must be completed before the start of class.

Failure to complete the pre-assignment will prevent the student from attending the class for the day and results in a clinical absence.

It is each student's responsibility to complete all facility requirements, i.e., BLS training, immunizations, background checks, drug screening, specific hospital orientation, etc., prior to clinical rotations (please see the student handbook for more information). A student will not be allowed to attend any clinical hours until this is done. If over the maximum hours of absenteeism because of this, the student will be dropped from the class.

Plagiarism and cheating policies noted in the student handbook and IVC policies will be strictly enforced. Students are expected to develop original work for this course. It is recommended that students visit the college library to become acquainted with research tools available.

ATI testing: Students are **responsible** for reading all material in the ATI book prior to the assigned test date.

Course Grading Based on Course Objectives

Program Grading
The ADN/RN Program complies with the Imperial Valley College grading policies in the current catalog **and** the ADN/RN program grading policy as outlined.

    1.) All assignments are graded on the following scale and grades are not rounded.
        A = 93-100%
        B = 85-92%
        C = 78-84%
        F = Below 78%
        Grades will not be "rounded"
F = When the clinical evaluation is unsatisfactory regardless of the theory grade.
The final examination must be passed with a 78% or a grade of "F" for the course will be issued in conjunction with the ADN student handbook.
The student is responsible for making an appointment with their instructor any time their grade average drops below 78%.
    2.) All of the following must be attained to successfully pass this course:
        a.   Final Theory Exam score must be passed at a 78%.

b. Clinical grade must total equivalent of 78% or greater based on all points accumulated.

c. Theory (exams) grade must total equivalent of 78% or greater.

d. Dosage Calculation quiz must be passed with a 92% on the first attempt (if applicable).

e. Attendance requirements as noted below must be met.

f. Less than 3 unsatisfactory in clinical work must occur.

g. Final clinical evaluation must show all categories as "Adequate" or "Satisfactory

3.) Final Course Grades must be 78% ('C') or better, based on ==ALL== the following:

a. ==All finals will be passed with a score of 78% or better==

b. The theory portion must be passed with a score of 78% or better

c. The clinical portion must be passed with a score of 78% or better (satisfactory)

4.) Clinical evaluation: Clinical evaluation will be done on an ongoing basis with a student required to meet "adequate" or "satisfactory" in all areas to pass the course. Evaluation is based on written assignments, adherence to nursing standards of care, QSEN competencies, and professional performance. An unsatisfactory in clinical may be given based on the same standards of care and professional performance and will require remediation in the learning center. **Three unsatisfactory grades given in clinical or failure to meet the clinical objectives will result in failure of this class regardless of the overall grade.**

5.) ATI testing: Students are **responsible** for reading all material in the ATI book prior to the assigned test date.

Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class.
- It is the student's responsibility to drop or officially withdraw from the class. See ADN Student Handbook for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absence exceed the number of hours the class is scheduled to meet per week may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences. It is the responsibility of each student to attend all classroom and clinical hours and to contact the instructor(s) before the start of class of any need to be excused from class.
- If a student does not contact the faculty member by the assigned time and is absent, a clinical unsatisfactory for professional behaviors will be given.
- **Students are expected to attend all classes. Absences are limited ==6 hours== in the course**. A student who reaches the maximum allowable hours of absenteeism or tardiness may be dropped by the instructor. Acceptance of absenteeism excuses is at the discretion of the faculty member and may result in failure of the class. A student who reaches the maximum allowable number of hours absent and is not allowed to continue may file a petition to reenter the nursing program. The teaching team will meet with the student to discuss remediation and the possibility of reentry.
- ==***Students who are late for class/clinical three times will be considered absent for one day!***==

We expect each student in this class to respectfully participate. While we enjoy teaching, we hope you have fun in this class, please act professionally and keep other students' feelings in mind and refrain from rude, inappropriate behavior and language in class.

- **Electronic Devices:** Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- **Food and Drink are prohibited in all classrooms.** Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- **Disruptive Students:** Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework.
- Disciplinary procedures will be followed as outlined in the General Catalog.
- **Children in the classroom:** Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Online Netiquette:

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty:

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Other Course Information

- CANVAS LMS (Learning Management Systems): To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Week	Topic(s)	Reading Assignments
Week 1 6/20 – 6/24	Introductions/Foundation Theories Therapeutic Communication Pharmacology Legal and Ethical Issues	Discussion Thread: Introduction (Due Day #1) Chapters 1-9 ATI (Book): UNITS 1, 2, 4 VSIM: Therapeutic Communication **Alvarado Parkway Institute (API) Orientation: TBA** **Movie: A Beautiful Mind (2 hr., 20 min.)**
Week 2 6/27 – 7/1	**Exam 1, Chapters 1-9** Anxiety OCD Schizophrenia Suicide Disorders of: Mood Personality	**A Beautiful Mind Assignment/DQ due at 6/28 by 0900.** Chapters 14, 15, 16, 17, 18 ATI: Pertaining chapters. **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
Week 3 7/4 (Holiday) - 7/8	**Exam 2, Chapters 14-18** Addiction Eating Disorders Somatic Symptom Illness	Chapters 19, 20, 21 ATI: Pertaining chapters. **Movie: 28 Days (1 hr., 44 min.)** **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
Week 4 7/11 – 7/15	**Exam 3 (Ch. 19, 20, 21)** Grief and Loss Anger, Hostility, and Aggression Abuse & Violence Trauma and Stress-Related Disorders	**28 Days Assignment/DQ due at 0900.** Chapters 10-13 ATI: Pertaining chapters. **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
Week 5 7/18 – 7/22	**Exam #4 (Ch. 10-13)** Neurodevelopmental Disorders Disruptive Behavior Disorder Cognitive Disorders	Chapters 22, 23, 24 ATI: Pertaining chapters. **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
Week 6 7/25 – 7/29	**ATI Mental Health Proctored Assessment** **Final Exam** (Comprehensive and Ch. 22, 23, 24 included)	**Final Exam Tuesday 7/26/22.**

==***Tentative, schedule subject to change without notice***==

Anticipated Clinical Schedule/Calendar

Week	Topic(s) Reading Assignments	Clinical Location / Assignments
CLINICAL 0645-1550 **Week 1**	Introductions/Foundation Theories Therapeutic Communication Pharmacology Legal and Ethical Issues	Chapters 1-9 ATI: Pertaining chapters. **Alvarado Parkway Institute** Orientation: TBA
CLINICAL 0645-1550 **Week 2**	Anxiety OCD Schizophrenia Mood Disorder Suicide Personality	Chapters 14, 15, 16. 17. 18 ATI: Pertaining chapters. **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1550 **Week 3**	Addiction Eating Disorders Somatic Symptom Illness	Chapters: 19, 20, 21 ATI: Pertaining chapters **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1550 **Week 4**	Grief and Loss Anger, Hostility, and Aggression Abuse & Violence Trauma and Stress-Related Disorders	Chapters 10-13 ATI: Pertaining chapters. **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1550 **Week 5**	Neurodevelopmental Disorders Disruptive Behavior Disorder Cognitive Disorders	Chapters 22, 23, 24 ATI: Pertaining chapters. **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1550 **Week 6**	Study for Final Exam! **(Comprehensive and Chapters 22, 23, and 24)**	**Final Exam Tuesday 7/26/22.** **API** PROCESS RECORDINGS CARE PLANS DRUG CARDS

***Tentative, schedule subject to change without notice ***

CLINICAL INSTRUCTOR	PROFESSOR WINFORD PROFESSOR NACIONALES	Wednesday Clinical Thursday Clinical

DIRECTIONS TO ALVARADO PARKWAY INSTITUTE (API): I-8 WEST TOWARD SAN DIEGO, TAKE THE LAKE MURRAY/ 70th STREET EXIT (STAY IN THE RIGHT LANE), MAKE IMMEDIATE RIGHT. API IS ON THE LEFT.
PLEASE PARK IN THE DIRT PARKING LOT TO THE NORTH OF THE INSTITUTE.