



IMPERIAL VALLEY COLLEGE

Welcome to NUR 80 Winter 2022! We are excited and looking forward to meeting you all!

Basic Course Information

Semester:	Winter 2022	Instructor Name:	Cristal Mora MSN, RN
Course Title & #:	Introduction to Nursing	Email:	cristal.mora@imperial.edu
CRN #:	15001	Webpage (optional):	
Classroom:	3700 Trailer	Office #:	Online/Confer zoom/4100
Class Dates:	M,T,W,Th, F	Office Hours:	Mondays 2-4pm, Tuesday 2-4pm. Please email me for an appointment
Class Days:	10	Office Phone #:	760-355 -6345; mobile-760-791-7557 only emergency
Class Times:	0800-1250pm	Emergency Contact:	Analisa Veliz Nursing Secretary 760 355-6348
Units:	1.5	Class Format:	Face to face/On campus

Course Description

NURS 80 is a nursing course that provides an introduction to nursing and the study of nursing including roles of the registered nurse, as well as profession related and patient care concepts. Differentiation is made between the role of the health aide, vocational nurse and the registered nurse. The student will become familiar with the expectations and realities of becoming a student nurse. Utilizing a variety of topics, activities, examinations and general information, this course is designed to assist the student in developing strategies for success in the nursing program. The focus will be on the development of critical thinking, problem-solving and clinical judgment skills. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these basic skills in a clinical laboratory setting. The philosophy, conceptual framework, objectives, guidelines and policies of the nursing program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct will be affirmed.

Course Prerequisite(s) and/or Co-requisite(s)

The course pre-requisite is the acceptance to the ADRN program

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify strategies for personal and academic success in the Imperial Valley College Associate Degree Nursing program. (IL03).
2. Demonstrate respect and sensitivity for professional role through appropriate behavior, being prompt for clinical experience, meetings, learning activities, class and assignment deadlines.
3. Identify reasons for dismissal from the ADRN program.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors which promote or inhibit success in the ADRN program.
2. State changes needed in one's personal life to meet the challenges and demands of the ADRN program.
3. Identify activities designed to meet the challenges and demands to be successful in the ADRN program; including time management and study skills.
4. Develop critical thinking, problem-solving and clinical judgment skills at the basic level.
5. Achieve a 92% on Math Examinations, complete tests within the given time frame.
6. Recognize that the format for all written work in the ADRN program is APA. Familiarize self with the APA format.
7. Educate self on financial resources that are available; i.e., scholarships, financial aid.
8. Develop a plan for financial management while in the ADRN program.
9. Discuss the risks of employment while in the ADRN program.
10. Apply and analyze the information in the ADRN Student Handbook.
11. Review and discuss the parameters of the ANA Code of Ethics and pertinent ethical and legal concepts.
12. Discuss the role of the student nurse and scope of nursing practice related to established code of ethics, nurse practice acts, and professional registrations/ certifications.
13. Discuss reasons for dismissal from the ADRN program: unprofessional conduct, cheating, HIPAA violations.
14. Demonstrate basic nursing skills using proper techniques and measures that ensure patient safety: 60 second assessments, infections control, hand washing, vital signs, patient safety, positioning patients in bed, transferring patients and utilizing proper body mechanics.
15. Explain the principles and underlying concepts for the identified basic nursing skills.

Textbooks & Other Resources or Links

The student is not required to purchase these text books; they are for reference only.

Websites:

- *ATI Nursing education. www.atitesting.com
- The Point. Student book resources. <http://thepoint.lww.com/student>
- Medcom <https://www.medcomrn.com/imperial>
- California Board of Registered Nursing. <http://www.rn.ca.gov/>
- National Council of State Boards of Nursing. <https://www.ncsbn.org/index.htm>
- OWL //Purdue Writing Lab <https://owl.purdue.edu>

Other links:

- Khan Academy Video www.khanacademy.org
- RegisteredNurseRN.com. You Tube Channel www.registerednurse.com
- Simple Nursing You Tube www.simplenursing.com
- Keith RN You Tube Channel www.keithrn.com

Books:

- American Psychological Association (7th edition). *Publication Manual of the American Psychological Association*. Lippincott, Williams & Wilkins. ISBN: 1433805618

- Ehrlich, Ann. (current addition) *Medical Terminology for Health Professionals*-with CD and Flashcards. 7th. Delmar Publication. ISBN: 1111543275.
- Nugent, Patricia. (current edition). *Fundamentals of Success: A course review applying critical thinking to test-taking*. F.A. Davis ISBN: 97808036627796.
- Nugent, Patricia. (current edition). *Test Success: Test-Taking Techniques for Beginning Nursing Students*. F.A. Davis ISBN: 9780803628182.
- Olrech, Nancy. (current edition). *Student Success for Health Professionals Made Incredibly Easy*. Lippincott, Williams & Wilkins. ISBN: 1609137841.
- Venes, Donald. (current edition). *Taber's Cyclopedic Medical Dictionary Index*. F. A. Davis. ISBN: 0803615590.
- Anatomy & Pathophysiology Made Incredibly Easy. (current edition). Lippincott William & Wilkins. Wolters Kluwer.

Course Requirements and Instructional Methods

Admission to the Associate Degree Nursing Program.

Audiovisual (Movies and Video)
 Computer Assisted Instruction
 Demonstration /Return demo
 Individual or group discussion
 Written assignments
 Lecture

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Pass/No Pass

Student Rights and Responsibilities/Conduct & Civility/Course Policies

Student Rights & Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

Conduct & Civility

Students are expected to adhere to the accepted standards of Student Conduct and the regulations adopted by the college. Academic misconduct includes, but not limited to cheating in any form, plagiarism, behavior misconduct. Civility is treating others and ourselves with respect, dignity and care. Civility is evident when we are sensitive to the impact that our communications, practices and behaviors have on others in our communities. Incivility includes any and all forms of misconduct, disrespect or disregard for instruction, the instructor or a fellow student. The American Nurses' Association Code of Ethics requires nurses to treat their colleagues, students and patients with dignity and respect and does not tolerate any form of harassment, disrespect or threatening action. Nursing students are expected to promote self-accountability for their actions and to foster cultures of civility and a high standard of civil, respectful and professional conduct in all academic and clinical interactions. Violations are



subject to student disciplinary actions, including but not limited to the removal, suspension or expulsion of a student.

Education Code Section 76034, IVC Code of Student Conduct, and the RN Program Code of Academic and Clinical Conduct

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lecture, clinical and skills lab.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absence exceed the number of hours the class is scheduled to meet per week may be dropped. NUR 80 is a synchronous class course. There is total of 8 class meetings for this winter session. Missing more than 1 day of class may be considered for dismissal from the course. Please inform me of any emergency circumstances.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.
- Students who actively enrolled in the Imperial Valley College Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments. Absences will be limited to the maximum allowable number of hours absent. A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The student will meet with the teaching team to discuss the situation and may be considered for dismissal.

Face to Face Classroom/Clinical/Lab Practice Etiquette

Always follow the IVC nursing student code of conduct and professional behavior outlined in the RN student handbook when face to face, lab practice and clinical setting. Out of compliance of these standards and guidelines are subject for placement on a behavioral contract.

- **Electronic Devices:** Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Students may not use recording devices in the classroom or Skills Labs unless documented on a DSPS accommodation sheet.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- **Disruptive Students:** Students who disrupt or interfere with a class is out compliance of student code of conduct and unprofessional behavior outline in the RN student handbook. The student or students' may be sent out of the classroom/lab/clinical and will meet with the course nursing instructor(s) or team and Assistant Dean of Nursing. Disciplinary procedures will be followed as outlined in the RN student and handbook.
- **Children in the classroom:** Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.
- **Recording Device:** Students MAY NOT use recording devices unless documented on DSPS accommodation sheet. If it is documented, the recording device must be placed on the table or podium in front of instructor at the beginning of class.

Online Netiquette

What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Always follow the IVC nursing student code of conduct, professional behavior and social media



guidelines and policies outlined in the RN student handbook.

A. General guidelines for distance education/on-line learning/zoom class meeting/clinical orientation zoom meetings:

- Be mindful that when using the webcam, everyone can see everyone else. Proper attire will be expected.
- Make every attempt to secure daycare arrangements for children, assure pets are fed/walked, and family knows that you are 'in class'.
- Cell phones should be on silent and no texting, or web surfing during class.
- Instructors will provide several break times during the lecture class. You will not need to log off. You can step away from the computer but please be back and ready at the time given.
- If you have connection problems, please reach out to me. You will need fairly reliable internet for virtual learning.
- This is a new experience for us all. Please be patient with yourself, each other, and your instructor 😊
If you have constructive feedback about the course presentation, please reach out us or provide us your feedback with our end of course evaluation. We cannot fix something if unaware that it needs to be fixed.

B. Guidelines when texting or emailing IVC staff, nursing faculty, nursing tutors, classmates:

Students are to comply with the following rules of netiquette:

1. Identify yourself
2. Include a subject line
3. Avoid sarcasm
4. Respect others' opinions and privacy
5. Acknowledge and return messages promptly,
6. Copy with caution
7. Do not spam or junk mail
8. Be concise
9. Use appropriate language
10. Use appropriate emoticons (emotional icons) to help convey meaning
11. Use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.
- Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file.

Note: RN student handbook policies on academic dishonesty supersedes IVC General Catalog and may

be subject to disqualify from the program. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

How do I show academic honesty and integrity in an online platform?

- **KEEP YOUR PASSWORDS CONFIDENTIAL.**
- You have a unique password to access online software like Canvas, The Point and ATI. Never allow someone else to log-in to your account.
- **COMPLETE YOUR OWN COURSEWORK.**

When you register for an online class and log-in to Canvas, you do so with the understanding that you will produce your own work, take your own exams, and will do so without the assistance of others (unless directed by the instructor).

Examples of Academic Dishonesty that can occur in an online environment:

- Copying from others on a quiz, test, examination, or assignment;
- Allowing someone else to copy your answers on a quiz, test, exam, or assignment;

**Refer to the IVC RN student handbook on academic dishonesty. IVC RN student handbook guidelines and policies supersedes IVC [General Catalog](#)

Other Course Information

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services \(DSP&S\)](#) office as soon as possible. The DSP&S office telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

A copy of your accommodation documentation **must be provided each semester to your course nursing instructor, and on file in the Nursing office.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's Learning Management System. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **[Library Services](#).** Visit the Spencer Library's page on the IVC website for a wealth of valuable resources and online access to databases, e-books and more. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor. Contact us so we can help you with instructional and research development skills (for those conducting research and writing academic papers).
- **[Study Skills Center](#)**-Learning Intervention & Networking Communities (LINC) helps students improve their study skills, no matter their academic background. Most importantly, it helps bridge the gap for students that are revisiting their academic goals and might need help adjusting to a new environment. For more information on LINC workshops, times and topics, look below at the [Study Skills Center](#) calendar.
- **[Career Services Center](#).** The Career Services Center is dedicated to serve all IVC students and Alumni. Services include Career Assessments, Resume and Cover Letter Assistance, Interview Preparation, Internship Opportunities and Job Placement.
- **[Child Development Center](#).** The Preschool and Infant/Toddler Centers are on-campus demonstration lab programs that meet the educational, research, and service needs of the institution and community at



large. The Preschool program (children three to five years of age) and the Infant/Toddler program (newborn to three years of age) is in buildings 2200 and 2300. Service is available to families who meet the California Department of Education qualifications for enrollment. The centers are open during COVID from Monday-Friday 7:15-5:30. Breakfast, lunch and snack are provided through the California Adult and Child Food Program. Location: Buildings 2200 and 2300. Phone: (760) 355-6232. Application form is located in the [Child Development Center](#) site.

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 (next to the Assessment Center-400 building) for appointments or more information.

Anticipated Class Schedule/Calendar

RN Nursing 80 – Winter 2022

Daily Schedule: (Subject to change at Instructors' discretion)

Monday, January 3rd, 2022:

Orientation to Nursing Program:

- Intro to Student Handbook, philosophy
- Financial Aid (Analise Garcia TBA)
- Graduation requirements (Tanya Dorsey TBA)
- Clearances, uniforms, etc. (Ana Beltran IVC Student)
- Student Physicals (Ana Beltran IVC Student)
- IVC Math Lab Tutor- Alexandria Van Zandt & Diana Alvarez
- NLC Services (N81)- Alejandra Villegas
 - Academic and clinical skills tutoring & how to set up appointments
 - Open skills lab tutor
 - Regular tutoring hours
 - Open skills lab hours-
- Intro to textbooks
- Intro to ATI / Taylor's Videos/Medcom link

Skills: -HIPPA / Social Media / Legalities, Med Math knowledge check & review
-Watch "The American Nurse"

- *Homework:** - Start to develop a "**Motivational**" PowerPoint presentations (5-10 slides) Assignment is in CANVAS. **Due Monday Jan 5th @ 8am** Submit via CANVAS. Students will be assigned presentation times for next week.
- Complete the Professionalism in Healthcare Part 1: Professional Behavior, Attitude, and Attire. <https://www.medcomrn.com/imperial> Submit your post score via Canvas
 - Complete the Professionalism in Healthcare, Part 2 Patient Interactions, Communications and Personal Development <https://www.medcomrn.com/imperial> Submit post test score in Canvas

- Practice basic arithmetic (addition, subtraction, multiplication, dividing, solving fraction)
- Practice Med Math Questions minimum of 15-25 questions. TIME YOURSELVES. See dosage calculation resource found under module on Canvas & check out medcom link <https://www.medcomrn.com/imperial>

Tuesday, January 4th:

The Start

DUE Social Media /Student Code of Conduct/Verification of RN Handbook

-NUR 80 Syllabus Quiz

- Medication math quiz & Review

How to Succeed in Nursing School:

- Mental Health (Lupita Castro) TBA
- Guest Speaker Sara Rosa Mindful Mediation for Nursing Students (TBA)
- Demographic and Stress score papers
- Brain Rules
- Being Positive
- Avoiding procrastination
- Family Preparations
- Intro to textbooks
- Intro to ATI / Taylor's Videos (computer lab)

Skills: -60 Second Assessment, Nurse/client introductions, & Identifying client, Performing 60 second assessment, handwashing, [donning and doffing PPE](#)

***Homework: -Complete the RN Student Handbook quiz**

- Complete the assignment found on Canvas for VARK Assessment. See Assignments in CANVAS
- Complete the Canvas assignment: Demographic and Stress score paper due Wednesday at 8am
- Practice Med Math Questions minimum of 15-25mins
- Watch videos on asepsis, applying PPE section & CDC guidelines on Donning & Doffing PPE, COVID-19 pandemic.

Wednesday, January 5th:

- Medication math quiz & review
- Infection Control
- Motivational Posters/ PowerPoint Presentations. Be ready to present!
- Infection Control & Medical Asepsis & COVID19
- CDC, WHO, DHS website resources
- Infection Control Measures & Disposing infectious material (CDC Donning & Doffing Link)
- Intro to Priority Setting, time management & delegation
- Vital Signs lecture, Vital Signs (T/BP/R/P & Pain)/Medcom link/Taylor's videos

Skills: 60 second assessment, handwashing, donning and doffing PPE, introduction to clients, identifying client, vital signs

- #### ***Homework:**
- Practice Med Math Questions minimum of 15-25,
 - Review skills (handwashing, donning and

doffing PPE, introduction to clients, identifying client, Review vital signs videos

Thursday, January 6th:

Real Life:

- Medication math quiz & review
- Motivational Posters/ PowerPoint Presentations. Be ready to present!
- Critical Thinking / Nursing Process
- Nursing Process / Critical thinking Pre-test
- NCSBN & NCLEX RN test plan & client needs categories & NEXTGEN
- Test Taking Techniques (part 1)

Skills: Review body mechanics, moving / transferring patients / bathing & bed making (occupied and unoccupied bed) integrated skills: 60 seconds handwashing, nurse/client, introductions, identifying client, and donning and doffing PPE.

- * Homework:** - Practice Med Math Questions minimum of 15-25. (Time yourselves!)
- Review Test taking skills- ATI
 - Review skills: Moving / Transferring Patients & integrated skills: 60 second assessment, handwashing, nurse/client introductions, identifying client, and donning and doffing PPE, taking vital sign.

Friday, January 7th

Real Life:

- Motivational Posters/ PowerPoint Presentations. Be ready to present!
- Med Math Assessment- 25 item question
- Test Taking Techniques (part 2)
- Body Mechanics / Moving / Transferring Lecture

Skills: Review body mechanics, moving / transferring patients / bathing & bed making (occupied and unoccupied bed) integrated skills: 60 seconds handwashing, nurse/client, introductions, identifying client, and donning and doffing PPE.

- *Homework:** - Practice Med Math Questions minimum of 15-25. (Time yourselves!)
- Review Test taking skills- ATI
 - Review & Practice Skills: Moving / Transferring Patients & integrated skills: 60 sec, handwashing, nurse/client introductions, identifying client, and donning and doffing PPE, taking vital sign.

Monday, January 10th:

Real Life:

- Nursing Process exam
- Test Taking Techniques (part 2)
- Medical terminology review and practice
- APA 7th edition format
- Develop your student E-Portfolio-Canvas assignment due Friday at 0800am



Skills: Review body mechanics, moving / transferring patients / bathing & bed making (occupied and unoccupied bed) integrated skills: 60 seconds handwashing, nurse/client, introductions, identifying client, and donning and doffing PPE.

- *Homework:** - Practice Med Math Questions minimum of 15-25. (Time yourselves!)
-Review Test taking skills- ATI
-Take the Medical terminology Kahoot knowledge check & Review Medical terminology terms
-Start developing student E-Portfolio-Canvas assignment due Friday at 8am.
-Review & Practice Skills: Moving / Transferring Patients & integrated skills: 60 second assessment, handwashing, nurse/client introductions, identifying client, and donning and doffing PPE, taking vital signs

Tuesday, January 11th

Real Life:

- FAMILY DAY!** Bring **1 (one)** family member or friend to class (08 – 10)
 - Schedule for Students / Tour of Labs / Etc.
- Meet your Instructor – Mrs. Jepson
- Intro to Clinical Simulations- Teresa Santos (TBA)

Skills Check-Off (5 skills, 10-15 minutes, time cap) Be ready!!

- *Homework:** - Practice Med Math Questions minimum of 15-25. (Time yourselves!)
-Review Test taking skills- ATI
-Take the Medical terminology Kahoot knowledge check & Review Medical terminology terms
-Continue developing student E-Portfolio-Canvas assignment due Friday at 8am
-Review & Practice Skills: Moving / Transferring Patients & integrated skills: 60 sec, handwashing, nurse/client introductions, identifying client, and donning and doffing PPE, taking vital sign.

Wednesday, January 12th:

Real Life:

- APA Review and Quiz
- Medical terminology review and practice
- Roundtable with previous students.

Skills Check-Off (5 skills, 10-15 minutes, time cap) Be ready!!

- *Homework:** -Practice Med Math Questions minimum of 15-25. (Time yourselves!)
-Continue developing student E-Portfolio-Canvas assignment due Friday at 8am
-Review & Practice Skills: Moving / Transferring Patients & integrated skills: 60 second assessment, handwashing, nurse/client introductions, identifying client, and donning and doffing PPE, taking vital sign.

Thursday, January 13th:

- SDSU Helina Hoyt (TBA)
- UOP (TBA)
- Industry Partner round table (TBA) via zoom (Bring your laptops)
- Skills Practice Time

Skills Check-Off (5 skills, 10-15 minutes' time cap) Be ready!!

- *Homework:**
- Practice Med Math Questions minimum of 15-25. (Time yourselves!)
 - Take the Medical terminology Kahoot knowledge check & Review Medical terminology terms
 - Continue developing student E-Portfolio-Canvas assignment due Friday at 8am.
 - Review & Practice Skills: Moving / Transferring Patients & integrated skills: 60 sec, handwashing, nurse/client introductions, identifying client, and donning and doffing PPE, taking vital sign.

Friday January 14th

- E-Portfolio-Canvas assignment due Friday at 0800am
- Medication Math Exam – 25 question item exam
- Mentor & Mentee Assignments
- Closing comments

*****Tentative, subject to change without prior notice*****