



## Basic Course Information

Semester:	<b>Spring 2021</b>	Instructor Name:	<b>Hugo Ortega</b>
Course Title & #:	<b>Intercollegiate Women's Soccer &amp; PE</b>	Email:	<b>Hugo.ortega@imperial.edu</b>
CRN #:	<b>21706</b>	Webpage (optional):	
Classroom:	<b>Online</b>	Office #:	
Class Dates:	<b>02/16/21- 06/11/2021</b>	Office Hours:	
Class Days:	<b>TBA</b>	Office Phone #:	<b>760-925-7825</b>
Class Times:	Online	Emergency Contact:	
Units:	3	Class Format:	

## Course Description

*This course is designed for preparation and training involved with intercollegiate soccer competition.*

## Course Prerequisite(s) and/or Corequisite(s)

*Eligibility will be determined by CCCAA rules.*

## Student Learning Outcomes

- 1. Perform with an increasing degree of proficiency, the skills and techniques of competitive soccer. (ILO1, ILO2, ILO3)*
- 2. Increase and improve their physical conditioning for competitive soccer. (ILO1, ILO2, ILO3)*

## Course Objectives

- 1. To develop fundamental soccer skills, physical conditioning and tactical strategies.*
- 2. To understand the basic rules and terminology.*
- 3. To develop and upgrade soccer level for college soccer team.*
- 4. To develop sufficient interest in soccer to continue at college and university level.*

## Textbooks & Other Resources or Links

*Map my Run by Under Armour  
Nike Training App*



## Course Requirements and Instructional Methods

*Conditioning and skills will be done through weekly logs and discussions*

## Course Grading Based on Course Objectives

*The final grade will be based on total points accumulated as follows:*

- i. Attendance and class participation (50) percent of grade.*
- ii. Assignments and discussions (25) percent of grade.*
- iii. Tests and presentations (25) percent of grade.*

## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

## Anticipated Class Schedule/Calendar

**Schedule of workouts and assignments will be posted on modules**

**\*\*\*Subject to change without prior notice\*\*\***