

Basic Course Information					
Semester:	Spring 2021	Instructor Name:	Dr. Cuauhtemoc Carboni		
Course Title & #:	PE for Elementary ES 211	Email:	temo.carboni@imperial.edu		
CRN #:	21652	Webpage (optional):			
Classroom:	Online	Office #:	Zoom		
Class Dates:	Feb 16 to Jun 11	Office Hours:	Wednesdays 4:00 to 6:00pm		
Class Days:	Online	Office Phone #:	N/A		
Class Times:	Online	Emergency Contact:	temo.carboni@imperial.edu		
Units:	3.0	Class Format:	Online		

Course Description

This course is designed to prepare the elementary school teacher to teach the whole child through physical education. (CSU)

Course Prerequisite(s) and/or Corequisite(s)

None

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Create and perform appropriate elementary PE lessons. (ILO1, ILO2, ILO3)
- 2. Determine and evaluate appropriate and inappropriate elementary PE practices and lesson components. (ILO1, ILO2, ILO3, ILO4)
- 3. Critique lesson highlights and needed improvements. (ILO1, ILO2, ILO3)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- 1. Analyze and assess concepts in the field of physical education.
- 2. Discover the characteristics of different age levels for physical education programs and methods of teaching for various age groups.
- 3. Analyze the history and philosophy of physical education.
- 4. Observe and examine current trends in elementary school physical education curriculum.
- 5. Analyze movement fundamentals including cardiovascular activities in structured games and activities.
- 6. Discover rhythmic activities used for elementary school children.



- 7. Develop a reasonable repertoire of activities for sports activities including gymnastics and aquatics.
- 8. Discover different methods and techniques in teaching a wide variety of activities.

Textbooks & Other Resources or Links

Required Textbook

Pangrazi, R. and Beighle, A. 2016. *Dynamic Physical Education for Elementary School Children* 18th. Pearson ISBN 9780321934956.

[Describe which textbooks and/or other resources are required for the course. Be sure to include ISBN.]

Course Requirements and Instructional Methods

Instructional Methods:

- 1. Audio Visual
- 2. Discussion
- 3. Group Activity
- 4. Individual Activity
- 5. Online Module Completion

Student Requirements and Responsibilities:

Reading before each class session is one of the most important requirements for this course. During this course we will be engaged in discussions, group and individual activities that require prior preparation from you to be able to successfully meet daily learning objectives according to each topic.

During classroom discussions and activities, you are expected to be respectful of others and the instructor.

Successful students in this course spend two (2) hours of independent work done out of class per each hour of lecture or class work. For this course it means that you spend 6 hours outside of class a week reading or doing assigned homework.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.



Course Grading Based on Course Objectives

Assignments and Grading Procedures:

Each Module contains 25 points possible and there are 16 Modules in the course. A total of 400 points are possible. Each module contains assignments, quizzes, projects, discussions and activities that count towards the 400 total points possible in the course.

Grading Points: 400 total possible for 16 Modules

Grading Scale:

A = 400 - 370 points

B = 369 - 340 point

C= 339 – 310 points

D = 309 - 280 points

F= 280 or below points

Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused
 absences exceed the number of hours the class is scheduled to meet per week may be dropped. For
 online courses, students who fail to complete required activities for two consecutive weeks may be
 considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

What does it mean to "attend" an online class?

Attendance is critical to student success and for IVC to use federal aid funds. Acceptable indications of attendance are:

- Student submission of an academic assignment
- Student submission of an exam
- Student participation in an instructor-led Zoom conference
- Documented student interaction with class postings, such as an interactive tutorial or computerassisted instruction via modules
- A posting by the student showing the student's participation in an assignment created by the instructor
- A posting by the student in a discussion forum showing the student's participation in an online discussion about academic matters



• An email from the student or other documentation showing that the student has initiated contact with a faculty member to ask a question about an academic subject studied in the course.

Logging onto Canvas alone is <u>NOT</u> adequate to demonstrate academic attendance by the student.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Module Orientation and Module 1 Elementary School PE	
Feb 16 - 23	Chapter 1 Elementary School PE	
		Due 2/23
Week 2	Module 2 Growth & Development	
Feb 24-Mar 2	Chapter 2 Understanding the Growth & Development of Children	
		Due 3/2
Week 3	Module 3 Quality Lesson PE Lesson	
Mar 3-9	Chapter 3 Preparing a Quality Lesson	
		Due 3/9
Week 4	Module 4 PE Curriculum	
Mar 10-16	Chapter 4 Curriculum Development	
		Due 3/16
Week 5	Module 5 Instructional Effectiveness	
Mar 17-23	Chapter 5 Improving Instructional Effectiveness	
		Due 3/23
Week 6	Module 6 Management & Discipline	
Mar 24-30	Chapter 6 Management & Discipline	
		Due 3/30
Week 7	Module 7 Children with Disabilities	
March 31-Apr	Chapter 7 Children with Disabilities	
6		Due 4/6
Week 8	Module 8 Evaluation & Technology	
Apr 13-20	Chapter 8 Evaluation & Technology	
		Due 4/20
Week 9	Module 9 Legal Liability, Supervision & Safety	
Apr 21-27	Chapter 9 Legal Liability, Supervision & Safety	
		Due 4/27
Week 10	Module 10 Facilities, Equipment & Supplies	
Apr 28-May 4	Chapter 10 Facilities, Equipment & Supplies	
		Due 5/4
Week 11	Module 11 Integrating Concepts in Physical Education	Due 5/11



Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
May 5-11	Chapter 11 Integrating Concepts in Physical Education	
Week 12	Module 12 Promoting & Monitoring Physical Activity	
May 12-18	Chapter 12 Promoting & Monitoring Physical Activity	
		Due 5/18
Week 13	Module 13 Physical Fitness	
May 19-25	Chapter 13 Physical Fitness	
		Due 5/25
Week 14	Module 14 Active & Healthy Schools	
May 26-Jun 1	Chapter 14 Active & Healthy Schools	Due 6/1
Week 15 & 16	Module 15 Teaching Demonstrations	
Jun 2-11		Due 6/11

^{***}Subject to change without prior notice***