

PSY 101

Basic Course Information: Introduction to Psychology

Semester: Spring 2021	Instructor Name: Christina Aguilera
Course Title: Psy 101	Email: Christina.aguilera@imperial.edu
CRN: 20605	Webpage: N/A
Classroom: Online	Office: Online
Class Dates: Feb 16- June 11	Office Hours: MW 1-2pm (by appointment)
Class Times: 11:20 am- 12:45 pm	Office Phone: Online
Units: 3.0	Emergency Contact: 760 457 5077 (text only)
Class Days: MW	Class Format: Synchronous Online

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110)

Course Prerequisite(s) and/or Corequisite(s)

Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)

3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

4. discuss the development of psychology as a science.
5. identify the major biologic response systems of the human body and discuss their influence on behavior.
6. discuss the difference between sensation and perception, giving one illustration of each.
7. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
8. identify and describe the major theories of human development and discuss how growth and development affect behavior.
9. discuss the processes by which humans learn and store skills and information.
10. discuss major theories of personality, their assumptions and implications.
11. outline the nature, causes, and treatments of abnormal behavior.
12. discuss the ways in which the social milieu affects human behavior.
13. identify major theories of emotion and motivation

Course Requirements and Instructional Methods

Requirements:

This course is completely online. Each student is expected to have a device to access the internet and to also complete quality work on time.

Course Materials and Software

Required Textbook

Myers, D. G., & DeWall, C. N. (2016). Exploring psychology. 10th edition.

Resources and Materials

[Imperial Valley Online Library \(Links to an external site.\)](#)

[Imperial Valley College Bookstore \(Links to an external site.\)](#)

Software

Microsoft Office or other word processing software. If you are using Pages on a Mac, export the file as .docx or .pdf.

As an IVC student, you have access to a free version of Microsoft Office. The video below will show you how to install Microsoft Office on your personal device.

[Download Adobe Acrobat Reader \(Links to an external site.\)](#) to open PDF Documents.

Instructional methods:

Demonstration

Discussion

Group Activity

Lecture

Simulation/Case Study

Distance Learning

Audio Visual

Computer Assisted Instruction

Course Grading Based on Course Objectives

Core content to be covered in all sections, lecture outlines:

Overview of the science of psychology, including history, sub field specialization and methods of inquiry

Biological areas of behavior

Sensation and Perception

Sleep and consciousness

Human Development

Learning and memory

Personality

Mental disorders and therapy

Social Processes

Emotion and motivation

Methods of evaluation to determine if objectives have been met by students:

Essay

Midterm/Final exam

Objective

Oral Assignments

Problem Solving Exercise

Quizzes

Written Assignments

Course Work and Grading

All course work will result in a letter grade. Letter grades will be calculated according to a point system.

There are 100 points available for this course. Your final number of points earned will equal a percentage that calculates into a letter grade.

Course Work	Total Points / 100	Percent of Grade (%) / 100%
Class Participation Activities/Assignments= <i>*Breakdown:</i> <i>Discussions/Replies/Summaries</i> <i>Science Project</i> <i>HYLB Paper</i> <i>Class Participation's</i> <i>Activities/Assignments</i>	60= *15 10 5 30	60%= *15% 10% 5% 30%
Quizzes	20	20%
Midterm/Final	20	20%

****Letter Grade Percentage Range: Points Range****

Grading Scale

A = 90 - 100%

B = 80 - 89%

C = 70 - 79%

D = 60 - 69%

F = 59 or below

Course Policies

Course Academic Honesty Policy:

Be honest in all that you do! If you use a source that is not your work, make sure you cite each and every one. Everyone deserves credit for their work. Cheating will not be tolerated in any capacity.

Course Drop Policy:

During the first week of this course, you are required to participate, or you may be dropped from the course. Please **post your introduction, respond to at least two classmates, then complete any activities required for Module O.** These activities are very important so you won't be dropped from the course for non-participation during this first week. If you have any challenges with these tasks during the first week, please notify me as soon as possible so we can get you started!

Throughout the course, I will review your participation and assignments. If you fail to complete the required activities for **two consecutive weeks**, this may be considered excessive absences and may be grounds for being dropped. It's your responsibility to notify me if you have any challenges as soon as possible. It is also your responsibility to drop the course if you feel you can no longer participate and complete the course.

Please refer to the [General Catalog](#) for details of drop and withdrawal/"W" deadlines. If you don't drop the course before the end of the course, you will, unfortunately, earn a failing grade for the course. After the final withdrawal deadline, you will receive a grade regardless of whether you completed the work or not, potentially resulting in a failing grade on your permanent academic record.

Late Work Policy:

In this online course, you are required to submit the discussions and assignments by the due date. Once a module/discussion closes, you won't be able to post or respond so please set a reminder for those due dates. Check the calendar in Canvas for due dates and reminders. A handy tip is to set a calendar item or alarm on your phone to remind yourself of the due dates.

Copyright and Fair Use:

Academic work, especially criticism and research, involves using the work of other writers, researchers, and artists. Students need to know they are allowed to use this material, so long as they supply attribution. In addition, if you use the work of any other writer, researcher, or artist, even an image from the internet, you need to provide attribution and ensure you are modeling fair use. Refer to the [Creative Commons](#) page for further information.

Other Course Information:

Work-Base Learning: Career possibilities in Psychology

Work-Based Learning (WBL) allows students to apply classroom content in professional settings while gaining real-world experiences. These opportunities will provide you with a deeper, more engaging and relevant learning environment. This semester, I will be

offering the following WBL activities in order to provide you with the opportunity to explore career options Psychology.

Some Work-Base Learning activities incorporated into the course are: critical thinking activities, Science Project and HYL B Paper.

Student Expectations

To be successful in this course, you are expected to:

- Read the entire **Syllabus**.
- Consistently check **Announcements**, your school email account, and the Canvas Inbox.
- Review the **calendar** for due dates.
- Participate in **Discussions** (post weekly and respond to your classmates).
- Turn in your own work that's been thoughtfully completed, proofread for errors in spelling and grammar.
- **Communicate** with your instructor of any problems or confusion well in advance of the due date.
- **Complete** all discussions, assignments, online quizzes and/or exams on time.

Instructor Expectations

As your instructor, I will

- **Communicate** to you via Canvas announcements and Inbox.
- **Post** weekly course-related announcements.
- **Respond** to your email or phone message within 24-48 hours.
- **Monitor** all discussions and provide feedback to the entire class where needed at least weekly.
- Provide individual **feedback** on assignments/papers/projects within one week of the due date as needed.
- Work with you so you will have a **successful learning experience** in this course!
- Provide all course material in an accessible format.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Course Work and Grading

All course work will result in a letter grade. Letter grades will be calculated according to a point system. There are 100 points available for this course. Your final number of points earned will equal a percentage that calculates into a letter grade.

****Letter Grade Percentage Range: Points Range****

Grading Scale:

A = 90 - 100%

B = 80 - 89%

C = 70 - 79%

D = 60 - 69%

F = 59 or below

Anticipated Class Schedule/Calendar

Psy 101: Introduction to Psychology/Spring 2021 (CRN: 20605)

Instructor: Christina Aguilera

[20605: Synchronous course](#)

[M/W 11:20- 12:45, Feb 16- June 11](#)

Week #	Dates	Chapters/Topic	Assignments
1	Feb 16- 20	-Orientation	-Get your book -Read Chapter (Ch) 1
2	Feb 22- 27	Chapter 1:	-Discussions (Disc)/ Summaries (Sum) -Participation activities (PA) -Read Ch 2
3	March 1- 6	Chapter 2:	-Disc/Sum/PA -Quiz (Qz) 1 -Read Ch 3
4	March 8- 13	Chapter 3:	-Disc/Sum/PA -Read Ch 4
5	March 15- 20	Chapter 4:	-Disc/Sum/PA -Read Ch 5
6	March 22- 27	Chapter 5:	-Disc/Sum/PA -Qz 2 -Read Ch 6&7
7	March 29- April 3	Chapter 6: Chapter 7:	-Disc/Sum/PA -Read Ch 8
8	April 5- 10	SPRING BREAK	SPRING BREAK
9	April 12- 17	Chapter 8:	-Disc/Sum/PA -Read Ch 9
10	April 19- 24	Chapter 9:	-Disc/Sum/PA -Midterm (Chapters 1-8) -Read Ch 10
11	April 26- May 1	Chapter 10:	-Disc/Sum/PA -Read Ch 11

12	May 3- 8	Chapter 11:	-Disc/Sum/PA -Qz 3 -Read Ch 12
13	May 10- 15	Chapter 12:	-Disc/Sum/PA -Read Ch 13
14	May 17- 22	Chapter 13:	-Disc/Sum/PA -Read Ch 14&15
15	May 24- 29	Chapter 14: Chapter 15:	-Disc/Sum/PA -Qz 4
16	May 31- June 5	Review	-Disc/Sum/PA -Study Guide -Review -HYLB Paper (1-10) -Science Project
17	June 7- June 11	Final Extra Credit	-Final (Chapters 9- 15) -Extra Credit

This is a tentative schedule and subject to change without notice