

Basic Course Information

Semester:	Winter 2020	Instructor Name:	Roberta Webster RN, MSN Cristal Mora RN, MSN
Course Title & #:	NURS 080	Email:	roberta.webster@imperial.edu cristal.mora@imperial.edu
CRN #:	15001	Webpage (optional):	
Classroom:	2139	Office #:	2155
Class Dates:	Jan 06 - Jan 16, 2020	Office Hours:	MT 0700-0800 WTH1330-1430
Class Days:	Monday - Friday	Office Phone #:	760-355-6348 760-355-6549
Class Times:	08:00am- 13:00pm	Emergency Contact:	Nursing office 760-355-6348
Units:	1.5 units		

Course Description

Nurs 80-Introduction to Nursing course provides an introduction to nursing and the study of nursing including roles of the registered nurse, as well as profession related and patient care concepts. Differentiation is made between the role of the health aide, vocational nurse and the registered nurse. The student will become familiar with the expectations and realities of becoming a student nurse. Utilizing a variety of topics, activities, examinations and general information, this course is designed to assist the student in developing strategies for success in the nursing program. Focus will be on the development of critical thinking, problem-solving and clinical judgment skills. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these basic skills in a clinical laboratory setting. The philosophy, conceptual framework, objectives, guidelines and policies of the nursing program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct will be affirmed.

Course Prerequisite(s) and/or Corequisite(s)

Acceptance to the ADRN program

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify strategies for personal and academic success in the Imperial Valley College Associate Degree Nursing program. (IL03).
2. Demonstrate respect and sensitivity for professional role through appropriate behavior, being prompt for clinical experience, meetings, learning activities, class and assignment deadlines.
3. Identify reasons for dismissal from the ADRN program.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors which promote or inhibit success in the ADRN program.
2. State changes needed in one's personal life to meet the challenges and demands of the ADRN program.
3. Identify activities designed to meet the challenges and demands to be successful in the ADRN program; including time management and study skills.
4. Develop critical thinking, problem-solving and clinical judgment skills at the basic level.
5. Achieve a 92% on Math Examinations, complete tests within the given time frame.
6. Recognize that the format for all written work in the ADRN program is APA. Familiarize self with the APA format.
7. Educate self on financial resources that are available; i.e., scholarships, financial aid.
8. Develop a plan for financial management while in the ADRN program.
9. Discuss the risks of employment while in the ADRN program.
10. Apply and analyze the information in the ADRN Student Handbook.
11. Review and discuss the parameters of the ANA Code of Ethics and pertinent ethical and legal concepts.
12. Discuss the role of the student nurse and scope of nursing practice related to established code of ethics, nurse practice acts, and professional registrations/ certifications.
13. Discuss reasons for dismissal from the ADRN program: unprofessional conduct, cheating, HIPAA violations.
14. Demonstrate basic nursing skills using proper techniques and measures that ensure patient safety: 60 second assessments, infections control, hand washing, vital signs, patient safety, positioning patients in bed, transferring patients and utilizing proper body mechanics.
15. Explain the principles and underlying concepts for the identified basic nursing skills.

Textbooks & Other Resources or Links

- American Psychological Association (current edition). *Publication Manual of the American Psychological Association*. Lippincott, Williams & Wilkins. ISBN: 1433805618
- Ehrlich, Ann. (current addition) *Medical Terminology for Health Professionals*-with CD and Flashcards. 7th. Delmar Publication. ISBN: 1111543275.
- Nugent, Patricia. (current edition). *Fundamentals of Success: A course review applying critical thinking to test-taking*. F.A. Davis ISBN: 97808036627796.
- Nugent, Patricia. (current edition). *Test Success: Test-Taking Techniques for Beginning Nursing Students*. F.A. Davis ISBN: 9780803628182.
- Olrech, Nancy. (current edition). *Student Success for Health Professionals Made Incredibly Easy*. Lippincott, Williams & Wilkins. ISBN: 1609137841.
- Venes, Donald. (current edition). *Taber's Cyclopedic Medical Dictionary Index*. F. A. Davis. ISBN: 0803615590.

The student is not required to purchase these text books; they are for reference only.

Course Requirements and Instructional Methods

Admission to the Associate Degree Nursing Program.

Audio Visual (Movies and Video clips)

Computer Assisted Instruction

Demonstration /Return demonstration

Discussion

Lecture

Written assignments

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Pass/No Pass

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.
- Students in the Imperial Valley College Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments. Absences will be limited to the maximum allowable number of hours absent. A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The student will meet with the teaching team to discuss the situation and will be considered for dismissal.
- Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lecture, clinical and skills lab.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor. Students may not use recording devices in the classroom or Skills Labs unless documented on a DSPS accommodation sheet.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework.

Disciplinary procedures will be followed as outlined in the [General Catalog](#).

- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.
- Recording Device: Students MAY NOT use recording devices unless documented on DSPS accommodation sheet. If it is documented, the recording device must be placed on the table or podium in front of instructor at the beginning of class.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of

the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services \(DSP&S\)](#) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations. A copy of your accommodation sheet needs to be given to your nursing Instructor, on file in the Nursing office and in the Nursing Learning Center.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information.

Veteran's Center

The mission of the [IVC Military and Veteran Success Center](#) is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of

both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, lourdes.mercado@imperial.edu.

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, alexis.ayala@imperial.edu.

Student Equity Program

- The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.
- The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

RN Nursing 80 – Winter 2020

Daily Schedule: (Subject to change at Instructors' discretion)

Monday, January 6th:

Orientation to Nursing Program:

- Intro to Student Handbook, philosophy
- Financial Aid
- Graduation requirements
- clearances, uniforms, etc.
- student Physicals

Skills: -HIPPA / Social Media / Legalities

- Watch "The American Nurse"

*Homework: read Chapter 10 in Fundamentals of Nursing Textbook.

Tuesday, January 7th:

How to Succeed in Nursing School:

- Mental Health (Lupita Castro)
- Demographic and Stress score papers
- Brain Rules
- Being Positive
- Avoiding procrastination
- Family Preparations
- NLC Services (N81)- academic and clinical skills tutoring
 - Open skills lab tutor
 - Regular tutoring hours 0900-1800 M-F
 - Open skills lab hours- 1300-2100 MT, F 1300-1700
- Intro to textbooks
- Intro to ATI / Taylor's Videos (computer lab)

Skills: -60 Second Assessment

*Homework: Watch Asepsis (Module 3) handwashing section on Taylor's videos

Wednesday, January 8th:

The Start

- Computer lab: ATI Critical Thinking Entrance Exam
- Math Review
- Getting to Know You :)

- Motivational Posters
- Infection Control
- Red Bags

Skills: -Handwashing

*Homework: Watch Asepsis (Module 3) applying PPE section on Taylor's videos

Thursday, January 9th:

Real Life:

- Critical Thinking / Nursing Process
- Nursing Process / Critical thinking Pre-test
- Test Taking Techniques (part 1)
- Math Review

Skills: -Applying PPE

*Homework: Watch Vital Signs (Module 1) Taylor's videos

Friday, January 10th

Real Life:

- APA format
- Test Taking Techniques (part 2)
- Vital Signs Lecture

Skills: -Vital Signs (T/BP/R/P)

*Homework: Watch Activity (Module 10) Moving / Transferring Patients section Taylor's videos

Monday, January 13th:

Real Life:

- Nursing Process exam
- Math Review

Skills: -Body Mechanics / Moving / Transferring a Patient

- Practice skills

*Homework review for skills check-off.

Tuesday, January 14th:

Real Life:

- FAMILY DAY!** Bring **1 (one)** family member or friend to class (08 – 10)
 - Schedule for Students / Tour of Labs / Etc.
- Math Exam – 25 questions
- Meet your Instructor – Mrs. Jepson
- Intro to Clinical Simulations- Daniel Ortiz

Skills:-Practice all skills for Skills Check-off. **Must be in uniform.**

Wednesday, January 15th:

Real Life:

- Clinical simulations practice and skills Practice!!!
- Roundtable with previous students.

Thursday, January 16th:

Skills Check-Off (5 skills, 30 minutes, timed, 0830 - 1300) Be ready!!

*****Tentative, subject to change without prior notice*****