Basic Course Information

Semester:	**Summer 2019**	Instructor Name:	**Pam Hansink, BSN RN**
Course Title & #:	**Nurs 080**	Email:	**pam.hansink@imperial.edu**
CRN #:	**30004**	Webpage (optional):	
Classroom:	**2139**	Office #:	**2137**
Class Dates:	**July 1 – July 11**	Office Hours:	**Monday – Thursday 1-3 pm**
Class Days:	**Monday - Thursday**	Office Phone #:	**760-355-6530**
Class Times:	08 am – 3pm	Emergency Contact:	**Nursing Office: 760-355-6438**
Units:	1.5		

Course Description

This course is designed to provide the pre-nursing student with an introduction to the study of nursing. The student will participate in eight- five hour sessions to explore and become familiar with the expectations and realities of being a nursing student. Utilizing a variety of topics, activities, examinations and general information, it is designed to assist the student to develop strategies to be successful in the nursing program. The philosophy of the nursing program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct are discussed.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify strategies for personal and academic success in the Nursing Program, as demonstrated by being able to write a reference page in APA format. ILO3

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors which promote and inhibit success in the nursing program. State changes needed in personal life and activities designed to meet the challenges to be successful in the nursing program, including time management and study skills.
2. Begin developing critical thinking and problem-solving skills. Define "Critical Thinking" in nursing practice.
3. Achieve 75% on Math Examinations, complete tests within appropriate time frames.
4. Attend an information literacy skills workshop and write a 4-page paper in APA format.
5. Receive information on good financial management.

6. Receive information on available scholarships for nursing and complete essay for one scholarship.
7. Review Medical Terminology.
8. Be familiar with nursing student handbook.
9. Receive information on graduation requirements.
10. Be familiar with National Patient Safety Goals and Quality and Safety Education for Nurses.
11. Review the ANA Code of Ethics for Nurses and discuss pertinent ethical and legal concepts.
12. Demonstrate basic nursing skills: infection control, hand washing, vital signs, intake and output, patient safety, bed making, bathing, positioning patient in bed, transferring patient and proper body mechanics, oral care, glucometer testing and toileting needs.

Textbooks & Other Resources or Links

- American Psychological Association 2010. *Publication Manual of the American Psychological Association* 6th . Lippincott, Williams & Wilkins ISBN: 1433805618.
- Ann Ehrlich 2012. *Medical Terminology for Health Professions-With Cd and Flashcards* 7th. Delmar Publications ISBN: 1111543275.
- Donald Venes 2009. *Taber's Cyclopedic Medical Dictionary Index - With DVD* 21st. F. A. Davis ISBN: 0803615590.
- Nancy Olrech 2011. *Student Success for Health Professionals Made Incredibly Easy* 2nd . Lippincott, Williams, & Wilkins ISBN: 1609137841.
- Patricia Mary Nugent 2011. *Fundamentals Success - With CD: course review applying critical thinking to test-taking* 3rd . F. A. Davis ISBN: 9780803627796.

Patricia Mary Nugent 2011. *Test Success : Test-Taking Techniques for Beginning Nursing Students - With Cd* 6th. F. A. Davis ISBN: 9780803628182

Course Requirements and Instructional Methods

Audio Visual (Movies and Video clips)
Computer Assisted Instruction
Demonstration /Return demonstration
Discussion
Lecture
Written assignments

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Pass / No Pass

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- **Electronic Devices**: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- **Food and Drink** are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- **Disruptive Students**: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- **Children in the classroom**: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.
- **Recording Device**: Students MAY NOT use recording devices unless documented on DSPS accommodation sheet. If it is documented, the recording device must be placed on the table or podium in front of the instructor at the beginning of class.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- CANVAS LMS. Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- Learning Services.   There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- Library Services.   There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)
Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services
Students have counseling and health services available, provided by the pre-paid Student Health Fee.
- **Student Health Center**. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.

- **Mental Health Counseling Services**. Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information..

Veteran's Center

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

Student Equity Program

- The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.
- The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor.

Anticipated Class Schedule/Calendar

VN Nursing 80 – Summer 2019

Daily Schedule: (Subject to change at Instructor's discretion)

Monday, July 1st:

    <u>Orientation to Nursing Program</u>:

        -Intro to Student Handbook, philosophy

        -Clearances

        -Student Physicals (Ana)

        -Mental Health (Lupita)

        -Financial Aid

        -Uniforms / policies

    <u>Skills</u>:   -HIPPA / Social Media / Legalities

        -Watch "The American Nurse"

*Go home and order Taylor's Fundamental of Nursing book plus the Point. Start reading Chapter 10. Buy your uniforms ☺

Lecture: 2 hours / Lab: 3 hours

Tuesday, July 2nd:

    <u>How to Succeed in Nursing School:</u>

        -Meet your Instructor (Carmen / Summer)

        -Demographic and Stress score papers

        -Brain Rules

        -Being Positive

        -Avoiding procrastination

        -Family Preparations

        -60 second https://www.youtube.com/watch?v=F6eFFCi12v8

        -NLC Services (N81) / Pow-Wow's / Intro to texts /

        -Intro to ATI / Taylor's Videos (computer lab)

    <u>Skills</u>:   -60 Second Assessment

    *Watch Asepsis (Module 3) handwashing section on Taylor's videos

Lecture: 2 hours / Lab: 3 hours

Wednesday, July 3rd:

    <u>The Start</u>

        -Computer lab: ATI Critical Thinking Entrance Exam

        -Math Review

        -Getting to Know You :)

        -Motivational Posters

        -Red Bags

        -Infection control

    <u>Skills</u>:   -Handwashing

        -Check off

    *Watch Asepsis (Module 3) applying PPE section on Taylor's videos

Lecture: 2 hours / Lab: 3 hours

Monday, July 8th:

    <u>Real Life</u>:

            -Graduation Requirements (Stella)

            -Critical Thinking / Nursing Process

            -Nursing Process / Critical thinking Pre-test

            -Test Taking Techniques (part 1)

            -Math Review

    <u>Skills</u>:   -Applying PPE

            -Check off

    *Watch Vital Signs (Module 1) Taylor's videos

Lecture: 2 hours / Lab: 3 hours

Tuesday, July 9th:

    <u>Real Life</u>:

            -APA format

            -Test Taking Techniques (part 2)

            -Vital Signs Lecture

            -Math Review

    <u>Skills</u>:   -Vital Signs (T/BP/R/P)

    *Watch Activity (Module 10) Moving / Transferring a Pt section Taylor's videos

Lecture: 2 hours / Lab: 3 hours

Wednesday July 10th:

    <u>Real Life</u>:

            FAMILY DAY! Bring 1 family member or friend to class (08 – 10)

                  -Schedule for Students / Tour of Labs / Etc.

            -Math Exam – 25 questions

            -Meet your Instructors- (???)

            -Nursing Process exam

            -Math Review

    <u>Skills</u>:   -Body Mechanics / Moving / Transferring a Patient

Lecture: 2 hours / Lab: 3 hours

Thursday, July 11th:

    <u>Real Life</u>:

            -**FAMILY DAY**! Bring 1 family member or friend to class (0830 - 0930)

                  -Schedule for Students / Tour of Labs / Etc.

            -Math Exam – 25 questions

            -Skills Check-Off   Be ready!!

            -**Roundtable** with previous students / **Pot luck lunch**

Lecture: 2 hours / Lab: 3 hours

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Tentative, subject to change without prior notification

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