

**Imperial Valley College**  
**PSY 101 Introduction to Psychology**  
**Winter 2019**

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**Instructor:** Crystal McSee  
**Class Times:** Mon-Fri 12:30-2:45p.m. (CRN# 15088)  
**E-Mail:** [crystal.mcsee@imperial.edu](mailto:crystal.mcsee@imperial.edu)  
**Office Hours:** By Appointment Only

**Required Textbook:** Exploring Psychology (9<sup>th</sup> Edition) David G. Myers

**Course Description:** This course is an introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes

**Student Learning Outcome (IVC):** 1. Identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3), 2. Identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3), 3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1;ILO2; ILO3; ILO5)

**Course Requirements:**

**Attendance and Class Participation**

Attendance is a crucial part of this course. Students are expected to demonstrate their understanding of the assigned readings by actively participating in class discussion. Please schedule all appointments outside of class time. If for some reason you are absent, it is your responsibility to get class notes from a fellow student. Additionally, if you decide not to continue the course, it is your responsibility to drop the course on WEBSTAR by or before the drop date.

### **Thought Papers (3 @ 25 pts)**

There will be a total of three thought papers throughout the semester. This is a 1-2 page paper based on the readings and class material. Thought papers should address an interesting idea regarding a learned behavior from the text, class discussion, an article from the internet or magazine, movie and/or television show from your point of view. Please do not provide a review of the assigned reading but your own thoughts regarding the topic. The main focus of this assignment is for you to think critically about psychology and to begin exploring your ideas. You do not have to write what you think I would agree with, you just need to justify your ideas and statements with explanations.

Each paper is worth twenty-five points. All thought papers must be typed, in twelve point font, and double spaced. All papers are due at the beginning of class. **No late papers will be accepted nor will they be accepted via e-mail.**

### **Project (100 pts)**

Students will research and present a power point on a psychological disorder (Chapters 14 and 15). The presentation must be a **minimum of 7 slides**. A hard copy must be submitted to me before you begin your presentation in class. The presentation must **include the definition of the disorder, the diagnosis and symptoms according to the DSM-5, therapies, types of medications used to treat the symptoms, statistics and a works cited page/slide**. Your presentation must be **twenty minutes in length**.

Please make sure to tell the class everything they need to know about your topic. Remember, you are the teacher! You may use handouts, demonstrations, etc. Please, make it interesting, interactive and be creative! Do not just read from your power point.

### **Tests (3 @ 50 pts)**

There will be a total of three tests given throughout the semester. All tests will be multiple choice and are worth fifty points each. **Please make sure to bring a #2 pencil and scantron with you to class. No make-up exams will be given.**

\*\*A make-up exam will only be allowed with a 48-hour prior notification and/or a documented proof of emergency, jury duty or medical appointment unable to be scheduled at a different time. All make-up exams must be completed the week prior to finals.

## **In-Class/Homework Assignments (5 @ 15pts)**

In class assignments and/or homework will be given for each chapter we cover. Further information will be given as the semester transpires. Any missed assignments that were missed due to an excused absence must be completed the week prior to finals.

### **Grading:**

<b>Thought Papers</b>	<b>(3 x 25pts)</b>	<b>75pts</b>
<b>Project</b>	<b>(1 x 100pts)</b>	<b>100pts</b>
<b>Tests</b>	<b>(3 x 50pts)</b>	<b>150pts</b>
<b>In-Class/HW Assignments</b>	<b>(5 x 15pts)</b>	<b>75pts</b>

**\*\*\*Total of 400pts\*\*\***

400-350 points = **A**

349-300 points = **B**

299-250 points = **C**

249-200points = **D**

199 & below = **F**

### **Classroom Etiquette:**

Please turn your cell phones off or to "vibrate". Texting and answering your phone will not be allowed in class. Laptops and tablets will be allowed for note taking purposes only.

### **Disabled Student Programs and Services (DSP&S):**

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. Contact Info: (760) 355-6312, Room 2117

### **Student Counseling and Health Services**

Mental health counseling and health services are available to students provided by the pre-paid Student Health Fee. Counseling services are provided by licensed clinicians and interns at IVC Student Health Center located inside of the Health Science building. Contact Info: (760) 355-6310

### Class Agenda

<b>Date</b>	<b>Topic</b>	<b>Homework</b>
<b>Day 1</b> 1/2/19	Introductions/Syllabus	Buy book for class! Read Chapter 1
<b>Day 2</b> 1/3/19	Chapter 1 In Class Assignment	Read Chapter 2
<b>Day 3</b> 1/4/19	Chapter 2 In Class Assignment	Read Chapter 3
<b>Day 4</b> 1/7/19	Chapter 3 In Class Assignment	
<b>Day 5</b> 1/8/19	Chapter 3 Film	<b>Thought Paper #1</b> <b>Study for Test</b> (Ch. 1-3) Please, be on time!
<b>Day 6</b> 1/9/19	<b>TEST</b> (Ch. 1-3) <b>Turn in Thought Paper #1</b>	Read Chapter 4
<b>Day 7</b> 1/10/19	Chapter 4 In Class Assignment	Read Chapter 6
<b>Day 8</b> 1/11/19	Chapter 6 In Class Assignment	Read Chapter 7
<b>Day 9</b> 1/14/19	Chapter 7 In Class Assignment	Read Chapter 8
<b>Day 10</b> 1/15/19	Chapter 8 In Class Assignment	<b>Thought Paper #2</b> <b>Study for Test</b> (Ch. 4, 6-8) Please, be on time!
<b>Day 11</b> 1/16/19	Chapter 8 Film	
<b>Day 12</b> 1/17/19	<b>TEST</b> (Ch. 4, 6-8) <b>Turn in Thought Paper #2</b>	Read Chapter 10

<b>Day 13</b> 1/18/19	Chapter 10 In Class Assignment	
<b>Day 14</b> 1/21/19	<b>NO CLASS!</b> <b>MLK Day</b>	Read Chapter 12
<b>Day 15</b> 1/22/19	Chapter 12 In Class Assignment	Read Chapter 13 <sup>th</sup>
<b>Day 16</b> 1/23/19	Chapter 13 <sup>th</sup> In Class Assignment	<b>Thought Paper #3</b> Study for Test (Ch. 10, 12 & 13)
<b>Day 17</b> 1/24/19	<b>Test</b> (Ch. 10, 12 & 13) <b>Turn in Thought Paper #3</b>	
<b>Day 18</b> 1/25/19	Finalize & Prepare for Group Presentations!	
<b>Day 19</b> 1/28/19	<b>Group Presentations Begin!</b>	
<b>Day 20</b> 1/29/19	<b>Group Presentations Cont.</b>	
<b>Day 21</b> 1/30/19	<b>Group Presentations Cont.</b>	
<b>Day 22</b> 1/31/19	<b>Group Presentations Cont.</b>	
<b>Day 23</b> 2/1/19	<b>Group Presentations Completed</b>	<b>Have a wonderful Break!! 😊</b>