

### Basic Course Information

Semester	<b>Fall 2018</b>	Instructor's Name	<b>Nicole Rodiles</b>
Course Title & #	<b>Intro. To Psy./Psy. 101</b>	Instructor's Email	<a href="mailto:nicole.rodiles@imperial.edu">nicole.rodiles@imperial.edu</a>
CRN #	<b>10609</b>	Webpage (optional)	
Room	<b>2734</b>	Office (PT Faculty:809)	807E
Class Dates	<b>8/13/18 - 12/8/2018</b>	Office Hours (n/a for PT Faculty)	<b>Mon: 11-12:00pm Tue: 11-12:00pm</b>
Class Days	<b>T/Th</b>	Office Phone # (PT may use dept. number)	760/355 - 6142
Class Times	<b>9:40am - 11:05am</b>	Who students should contact if emergency or other absence	Cell Phone: 760/791-4915
Units			

### Course Description

**Required language:** An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

### Student Learning Outcomes

**Required language:** Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:  
 identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)  
 identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)  
 identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

### Course Objectives

**Required language: Required language:** Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect

consciousness.

5. identify and describe the major theories of human development and discuss how growth and development

affect behavior.

6. discuss the processes by which humans learn and store skills and information. 7. discuss major theories of personality, their assumptions and implications.

8. outline the nature, causes, and treatments of abnormal behavior.

9. discuss the ways in which the social milieu affects human behavior.

10. identify major theories of emotion and motivation.

#### **Textbooks & Other Resources or Links**

##### **Required Information—discretionary language**

1. Myers, D.G. (2016). Exploring Psychology (10th/e). New York NY: Worth.

#### **Course Requirements and Instructional Methods**

##### **Required Information—discretionary language**

**Students are expected to comply with the following classroom norms:**

**1. Arrive to class on time, with all electronic equipment turned off and put away.**

**2. Remain in the classroom during each class session until excused by the instructor.**

**3. Be respectful of fellow students, the instructor, and any guests.**

**4. Maintain confidentiality of information shared by fellow students.**

**5. Actively listen during class, and participate in class activities and/or discussion.**

**6.**

**7. Method of evaluation: Class activities, attendance, homework, quizzes, final, problem solving exercise, and written assignments.**

**8. Instructional Methodology: Audio, visual, demonstration, discussion, group activity, and lecture**

**9. Exams: will cover chapters and course material throughout the semester. Makeups for exams or quizzes will be given ONLY with prior notification and/or documentation of an emergency.**

**10. Thought Paper: Students will be required to submit a 2 page thought paper comparing and contrasting a psychological perspective or phenomenon that was covered in the lesson and featured in news article, television show, movie, song, and etc.**

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

**Course Grading Based on Course Objectives**

**Overview of the science of psychology, including history, subfield specialization, and methods of inquiry 10.00%**

**Biological areas of behavior**

**10.00%**

**Sensation and perception**

**10.00%**

**Sleep and consciousness**

**10.00%**

**Human Development**

**10.00%**

**Learning and memory**

**10.00% Personality**

**10.00%**

**Mental disorders and therapy**

**10.00%**

**Social processes**

**10.00%**

**Emotion and motivation**

**10.00%**

**TOTAL 100%**

**Attendance**

**Required language**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

### Classroom Etiquette

#### Required Information --Discretionary language

**This is where an instructor explains his/her policy on these matters. Here is some suggested language:**

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. **Consider:** specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

#### Online Netiquette •

What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online. • Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others’ opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!)].

### Academic Honesty

#### Required Language

- Plagiarism is to take and present as one’s own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly ‘cite a source’, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

### **Additional Help – Discretionary Section and Language**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

• CANVAS LMS. Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day.

Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.

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• Learning Services. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.

• Library Services. There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

### **Disabled Student Programs and Services (DSPS)**

**Required Language:** Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

### **Student Counseling and Health Services**

**Required Language:** Students have counseling and health services available, provided by the pre-paid Student Health Fee.

• **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.

• **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information..

### **Veteran's Center**

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

### **Student Rights and Responsibilities**

**Required Language:** Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at [http://www.imperial.edu/index.php?option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762)

## Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying lowincome students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population. Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid Imperial Valley College Course Syllabus – Click here to enter text. 6 assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, [lourdes.mercado@imperial.edu](mailto:lourdes.mercado@imperial.edu). EOPS provides additional support and services that may identify with one of the following experiences: • Current and former foster youth students that were in the foster care system at any point in their lives • Students experiencing homelessness • Formerly incarcerated students To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355- 5713, [alexis.ayala@imperial.edu](mailto:alexis.ayala@imperial.edu).

## Student Equity Program

- The Student Equity Program strives to improve Imperial Valley College’s success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students’ access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.
- The Student Equity Program also houses IVC’s Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

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### • **Information Literacy**

**Required Language:** Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

**Tentative Class Schedule / Calendar**

**Required Information –Discretionary Language and Formatting:** The instructor will provide a tentative, provisional overview of the reading, assignments, tests, or other activity for the duration of the course. The faculty may find a table format useful for this purpose.

<b>Date or Week</b>	<b>Activity, Assignment, and/or Topic</b>	<b>Pages/ Due Dates/Tests</b>
Week 1 8/13-17	Syllabus & Introduction Chapter 1	
Week 2 8/20-8/24	Chapter 2	
Week 3 8/27-8/31	Chapter 3	
Week 4 9/3 9/4-9/7	Labor Day - Enjoy! Exam 1 Thought Paper 1 Due	
Week 5 9/10-14	Chapter 4	
Week 6 9/17-21	Chapter 5	
Week 7 9/24-28	Exam 2 Thought Paper 2 Due	
Week 8 10/1-5	Chapter 7	
Week 9 10/8-12	Chapter 11	
Week 10 10/15-19	Chapter 11	

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Week 11 10/22-26	Chapter 12	
Week 12 10/29-11/2	Chapter 12 Exam 3	
Week 13 11/5-9	Chapter 13	
Week 14 11/12-16	Chapter 13	
Week 15 11/19-21	Chapter 14	
Week 16 11/26-30	Chapter 14	
Week 17 12/3-7	Final	