

Imperial Valley College Course

Basic Course Information

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| Semester | Summer 2018 | Instructor Name | Roberta Webster RN, MSN |
| Course Title & # | Nursing 219, Psych Mental Health | Email | roberta.webster@imperial.edu |
| CRN # | | Webpage (optional) | NA |
| Room | 2150 | Office | 2126 |
| Class Dates | 06/11/18-07/13/18 | Office Hours | Monday 0730-0830 |
| Class Days | Tuesday (Lecture) Wed., Thurs. & Friday(Clinical) | Office Phone # | 760-355-6549 |
| Class Times | 9:00 AM- 4:00 PM- Lecture 6:45AM-5:20PM - Clinical | Clinical Practicum Hours | 54 |
| Units | 2 | | |

Welcome to Psychiatric Nursing. This course will cover the essential components required for being a safe practitioner in the area of behavioral health. Multiple teaching modalities will be utilized.

Course Description

Videbeck’s Psychiatric Mental Health Nursing utilizes the nursing process framework. The text emphasizes assessment, therapeutic communication, neurobiologic theory and pharmacology throughout its chapters. Interventions focus on aspects of care, which includes clients care, communication, client and family teaching, and community resources, as well as practical application in various clinical settings. Students will be presented with current knowledge related to care of the mentally ill, including elderly considerations. Key points, critical thinking questions, drug alerts, cultural considerations, application of the nursing process, and clinical vignettes will allow facilitation of the nursing student’s learning.

Course Objectives

- Describe basic concepts of mental health nursing including delivery of client care, critical thinking, health education/promotion, nursing process and current issues in psychiatric nursing
- Discuss the neurobiologic and psychosocial theories related to mental illness, psychopharmacology, and various treatment settings in which mentally ill patients received care
- Understand the concepts of therapeutic relationship and therapeutic communication
- Describe the client’s response to illness and correlating assessment strategies
- Discuss legal and ethical issues, and emotional concerns related to the mentally ill population
- Describe the major categories of the DSM-IV-TR
- Describe the role of the mental health nurse in various practice settings
- Incorporate the nursing process in caring for mentally ill client, with implementation of safe and effective care

Textbooks & Other Resources or Links

Videbeck, Sheila (2013). *Psychiatric-Mental Health Nursing with Access* (6/e). Lippincott-Raven Publishers
 ISBN: 978-1451187892
 ATI Mental Health Nursing current edition .

Attendance

Attendance to all clinical and class sessions is expected. Absences will be limited per college catalogue to 6.5 hours for the semester. It is at the discretion of the instructor to require an assignment to make up for the missed time.

Student Evaluation/Grading Policies

All exams will be graded per nursing department policy. Each exam will be valued at 100% the final must be passed with a minimum of 75%. Each quiz will be valued at 25 points to be added as a grade to the overall grade average.

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Examination Policy: All exams including the final must be passed with a minimum of 75%. If the final exam is not passed the student will receive an “F” in the class and will not be able to progress to the next nursing course and the student will be dismissed from the nursing program.

Expectations of Students

The student will attend class and spend a minimum of 6 hours outside of class reviewing in class material. The student will pass the ATI assessment exam which will be graded on the levels not the raw score.

Disabled Student Programs and Services (DSPS)

Required Language: Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6312 if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Required Language: Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Required Language: Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Student Learning Outcomes

- 1) Determine actual and potential psychiatric problems and appropriate nursing responses to restore and promote health.
- 2) Identify the commonly used psychopharmacological agents for treatment of clients in mental health facilities and nursing measures needed when administering these treatments.

Anticipated Psychiatric & Mental Health Class Schedule / Calendar

| Week | Topic(s) | Reading Assignments |
|--------------------|---|--|
| Week 1 06/11/18 | <u>Exam 1, Chapters 1-9 & Chapters 15-16</u> Introductions/Foundations Theories Therapeutic Communication Pharmacology Legal Issues OCD Schizophrenia | Chapters 1-9 ATI: UNITS 1, 2, 4 Chapters 15-16 ATI Movie: Beautiful Mind (2.16) |
| Week 2 06/18/18 | <u>Exam 2 Chapters 15-16</u> Anxiety Moods Personality | A Beautiful Mind assignment due at 0900. Chapters 14, 17, 18 ATI CH. 11, 12, 13, 15, 19, 20, 21 Movie: Girl Interrupted (1.85) |
| Week 3 06/25/18 | <u>Exam 3, Chapters 14, 17, 18</u> Addiction Disruptive Behavior Eating Disorders Somatic Sx | Girl Interrupted Assignment due at 0900. Chapters 19-24 ATI CH. 16, 17, 18, 24 28 Days (1.85) |
| Week 4 07/02/18 | <u>Exam 4, Chapters 19-24</u> Grief and Loss Trauma Abuse | 28 Days Assignment due at 0900 Chapters 10-14 ATI CH. 14, 22, 29, 31 |
| Week 5 07/09/18 | Childhood Disorders ATI FINAL EXAM | ATI Ch. 23, 26 TBA |
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Anticipated Psychiatric & Mental Health Clinical Schedule / Calendar

| Week | Topic(s) | Reading Assignments | Clinical Location / Assignments |
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| <p>CLINICAL 0645-1720</p> <p>Week 1 06/13/18- 06/14/18 06/15/18</p> | <p>Introductions/Foundations Theories Pharmacology Legal Issues Chapters 1-9</p> <p>OCD Schizophrenia Chapters 15-16</p> | <p>ALVARADO PARKWAY INSITIUTE ORIENTAION- TBA</p> <p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p> |
| <p>CLINICAL 0645-1720</p> <p>Week 2 06/20/18 06/21/18 06/22/18</p> | <p>OCD Schizophrenia Chapters 15-16</p> <p>Anxiety Moods Personality Chapters 14, 17, 18</p> | <p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p> |
| <p>CLINICAL 0645-1720</p> <p>Week 3 06/27/18 06/28/18 06/29/18</p> | <p>Anxiety Moods Personality</p> <p>Addiction Disruptive Behavior Eating Somatic Sx Chapters 19-24</p> | <p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p> |
| <p>CLINICAL 0645-1720</p> <p>Week 4 07/04/18 07/05/18 07/06/18</p> | <p>Chapters 10-14 Grief and Loss Trauma- Concussion</p> | <p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p> |
| <p>CLINICAL 0645-1720</p> <p>Week 5 07/11/18 07/12/18 07/13/18</p> | <p>Childhood Disorders</p> | <p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p> |

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| CLINICAL INSTRUCTORS | PROFESSOR ZECHAR PROFESSOR ZECHAR PROFESSOR NACIONALES | WEDNESDAY CLINCAL THURSDAY CLINCAL FRIDAY CLINICAL |

DIRECTIONS TO ALVARADO PARKWAY INSTITUTE (API):

I-8 WEST TOWARD SAN DIEGO, TAKE THE LAKE MURRAY/ 70TH STREET EXIT STAY IN RIGHT LANE, MAKE IMMEDIATE RIGHT. API IS ON THE LEFT.

PLEASE PARK IN THE DIRT PARKING LOT TO THE NORTH OF THE INSTITUTE.