

### Basic Course Information

Semester:	<b>Spring 2017</b>	Instructor Name:	<b>Monica Minor</b>
Course Title & #:	<b>Introduction to Psychology PSY 101</b>	Email:	<b>Monica.minor@imperial.edu</b>
CRN #:	<b>20610</b>	Webpage (optional):	
Classroom:	<b>205</b>	Office #:	
Class Dates:	<b>2/14/17 - 06/08/17</b>	Office Hours:	<b>By appointment only</b>
Class Days:	<b>Tuesday &amp; Thursday</b>	Office Phone #:	<b>760-355-5716</b>
Class Times:	4:45pm – 6:10pm	Who students should contact if an emergency or other absence.	<b>760-455-1656</b>
Units:	3		

### Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy and social processes. (C-ID Psy 110) (CSU, UC)

### Student Learning Outcomes

*Upon course completion, the successful student will have acquired new skills, knowledge, and attitudes as demonstrated by being able to:*

1. *Identify Basic parts and functions of the neuron and lobes of the brain (IL01, IL02, IL03)*
2. *Identify different parenting styles and their effect on human development (IL01, IL02, IL03)*
3. *Identify major psychological disorders, key symptoms, and the main strategies used for treatment (IL01, IL02, IL03, IL05)*

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.

9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation

### Textbooks & Other Resources or Links

*Meyers, David G. Exploring Psychology, 2014 10<sup>th</sup> Edition, New York: Worth Publishers.*

### Course Requirements and Instructional Methods

Students are expected to comply with the following classroom norms:

1. Arrive to class on time, with all electronic equipment turned off and put away.
2. Remain in the classroom during each class session until excused by the instructor.
3. Be respectful of fellow students, the instructor, and any guests.
4. Maintain confidentiality of information shared by fellow students.
5. Actively listen during class, and participate in class activities and/or discussion.

Method of evaluation: Class activities, attendance, homework, quizzes, final, problem solving exercise, and written assignments.

Instructional Methodology: Audio, visual, demonstration, discussion, group activity, and lecture.

**Mid-Term and Final Exam** will cover chapters and course material throughout the semester. These exams will be offered via Blackboard, however, students who require a paper copy or additional accommodations will be assisted. Students will need to inform me prior to Exam dates with ample time for the requested accommodation; otherwise, the student will be required to complete exam via Blackboard on scheduled date of Exam. The Midterm and Final exams are entirely multiple-choice. Some chapters listed may not be covered in class, but you are still responsible for the material, unless otherwise specified. No makeups for exams or quizzes will be given without prior notification and/or documentation of an emergency.

There will be several pop quizzes. **Quizzes** will be administered in class or as take-home assignments, they will not be announced in advance, and will occur at any given time. It is important to come to class to know when a quiz might occur. HOWEVER, BE PREPARED FOR UNANNOUNCED QUIZZES. These will generally occur if I notice an overall decline in class participation and attendance. Quizzes may include any or all of the following types of questions: multiple choice, true-false, matching, fill-in-the-blank, and short answer/essay. If you are late to class or absent, you will not be allowed to take the quizzes or exams. No makeups for exams or quizzes will be given without prior notification and/or documentation of an emergency. No work will be accepted over email without prior approval.

Students will be required to submit a 1-2 page **thought paper** (not including a reference page) comparing and contrasting a psychological perspective or phenomenon that was covered in the lesson and featured in news article, television show, movie, song, and etc. NO personal situations or concerns should be addressed in the thought papers whatsoever. Example of an acceptable thought paper will be posted in Blackboard for your review.

**Weekly journals** will be a resource for the student to be able to analyze and reflect on the dialogue and content discussed in class. Weekly journals are submitted on Blackboard.

Group presentation will be assigned focusing on psychological disorders including symptoms, diagnosis and treatment. Group will choose the psychological disorder at the instructor’s discretion and approval. The group will present a PowerPoint presentation to the class discussing their findings and research. The group grade will also be determined by the group activity, as well as, the research and study that were conducted.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

<b>Course Grading Based on Course Objectives</b>		
<i>Weekly Journals</i>	<i>14@10 points each</i>	<i>140 points</i>
<i>Thought Papers</i>	<i>4 @ 25 points each</i>	<i>100 points</i>
<i>Exam 1</i>	<i>10 points</i>	<i>10 points</i>
<i>Midterm</i>	<i>50 points</i>	<i>50 points</i>
<i>Final</i>	<i>100 points</i>	<i>100 points</i>
<i>Group Presentation</i>	<i>100 points</i>	<i>100 Points</i>
<i>Total Points 500</i>	<i>Grade</i>	
<i>450-500</i>	<i>A</i>	
<i>400-449</i>	<i>B</i>	
<i>350-399</i>	<i>C</i>	
<i>300-349</i>	<i>D</i>	
<i>299 and below</i>	<i>F</i>	

**Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

**Classroom Etiquette**

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.

- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!)].

### Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### **Additional Student Services**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- [Blackboard Support Site](#). The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- [Learning Services](#). There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- [Library Services](#). There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

### **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

### **Information Literacy**

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

**Anticipated Class Schedule/Calendar**

<b>Date or Week</b>	<b>Activity, Assignment, and/or Topic</b>	<b>Pages/ Due Dates/Tests</b>
Week 1 Feb. 14 & 16	Syllabus & Introduction Ch. 1 - Thinking critically with Psychology	Pg. 2-30 Journal 1
Week 2 Feb. 21 & 23	Ch. 2 – The Biology of Behavior	Pg. 35-73 Journal 2 Exam 1
Week 3 Feb. 28 & Mar. 2 <sup>nd</sup>	Ch. 3 – Consciousness and the Two-Track Mind	Pg. 79 – 113 Journal 3 Thought Paper 1 (CH. 1-3)
Week 4 Mar. 3 <sup>rd</sup> & 9 <sup>th</sup>	C. 4 – Developing Through the Life Span	Pg. 119 – 162 Journal 4
Week 5 Mar. 14 <sup>th</sup> & 16 <sup>th</sup>	Ch. 5 – Sex, Gender, and Sexuality Group Presentation Preparation	Pg. 171 – 196 Journal 5
Week 6 Mar. 21 <sup>st</sup> & 23 <sup>rd</sup>	Ch. 6 – Sensation and Perception	Pg. 199 – 207 Journal 6 Thought paper 2 (Ch. 4 – 6)
Week 7 Mar. 28 <sup>th</sup> & 30 <sup>th</sup>	Ch. 7 – Learning	Pg. 245 – 277 Journal 7
Week 8 Apr. 4 <sup>th</sup> & 6 <sup>th</sup>	Ch. 8 – Memory	Pg. 281 – 311 Journal 8 Midterm (Ch. 1 – 8)
Week 9 Apr. 11 <sup>th</sup> & 13 <sup>th</sup>	Ch. 9 – Thinking, Language, and Intelligence Group Presentations	Pg. 315 – 336 Journal 9 Thought Paper 3 (Ch. 7 – 9) PowerPoint Presentation Due
Week 10 April 25 <sup>th</sup> & 27 <sup>th</sup>	Ch. 10 – Motivation and Emotion	Pg. 365 – 394 Journal 10
Week 11 May 2 <sup>nd</sup> & 4 <sup>th</sup>	Ch. 11 Stress, Health, and Human Flourishing	Pg. 405 – 431 Journal 11
Week 12 May 9 <sup>th</sup> & 11 <sup>th</sup>	Ch. 12 – Social Psychology	Pg. 441 – 484 Journal 12 Thought Paper 4 (Ch. 10 – 12)
Week 13 May 16 <sup>th</sup> & 18 <sup>th</sup>	Ch. 13 – Personality	Pg. 491 – 516 Journal 13
Week 14 May 23 <sup>rd</sup> & 25 <sup>th</sup>	Ch. 14 – Psychological Disorders	Pg. 527 – 561 Journal 14
Week 15 May 30 <sup>th</sup> & Jun1 <sup>st</sup>	Ch. 15 – Therapy	Pg. 569 – 583 Review for Final
Week 16 Jun. 6 <sup>th</sup> & 8 <sup>th</sup>	Final Exam	June 6 <sup>th</sup> , 2017

**\*\*\*Tentative, subject to change without prior notice\*\*\***