Imperial Valley College

PSY 101 Introduction to Psychology

Fall 2016

Instructor: Crystal McSee

Class Times: Fri 8:00a.m.-11:10 a.m. (CRN# 10607)

E-Mail: crystal.mcsee@imperial.edu

Contact Number: (760) 355-6129 *line is shared with IVC Counselor Lilia Neidiffer

Office Hours: By Appointment Only

Required Textbook: Exploring Psychology (9th Edition) David G. Myers

<u>Course Description:</u> This course is an introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes

Student Learning Outcome (IVC): 1. Identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3), 2. Identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3), 3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Requirements:

Attendance and Class Participation

Attendance is a crucial part of this course. Students are expected to demonstrate their understanding of the assigned readings by actively participating in class discussion. Please schedule all appointments outside of class time. If for some reason you are absent, it is **your** responsibility to get class notes from a fellow student. Additionally, if you decide not to continue the course, it is **your** responsibility to drop the course on WEBSTAR by or before the drop date.

Thought Papers (3 @ 25 pts)

There will be a total of three thought papers throughout the semester. This is a 1-2 page paper based on the readings and class material. Thought papers should address an interesting idea regarding a learned behavior from the text, class discussion, an article from the internet or magazine, movie and/or television show from your point of view. Please do not provide a review of the assigned reading but your own thoughts regarding the topic. The main focus of this assignment is for you to think critically about psychology and to begin exploring your ideas. You do not have to write what you think I would agree with, you just need to justify your ideas and statements with explanations.

Each paper is worth twenty-five points. All thought papers must be typed, in twelve point font, and double spaced. All papers are due at the beginning of class. **No late papers will be accepted nor will they be accepted via e-mail.**

Project (100 pts)

Students will research and present a power point on a psychological disorder (Chapters 14 and 15). The presentation must be a **minimum of 7 slides**. A hard copy must be submitted to me before you begin your presentation in class. The presentation must **include the definition of the disorder, the diagnosis and symptoms, therapies, types of medications used to treat the symptoms, statistics and a works cited page/slide**. Your presentation must be **twenty minutes in length**.

Please make sure to tell the class everything they need to know about your topic. Remember, you are the teacher! You may use handouts, demonstrations, etc. Please, make it interesting, interactive and be creative! Do not just read from your power point.

Tests (3 @ 50 pts)

There will be a total of three tests given throughout the semester. All tests will be multiple choice and are worth fifty points each. Please make sure to bring a #2 pencil and scantron with you to class. No make-up exams will be given.

**A make-up exam will only be allowed with a 48-hour prior notification and/or a documented proof of the emergency.

In-Class/Homework Assignments (5 @ 15pts)

In class assignments and/or homework will be given for each chapter we cover. Further information will be given as the semester transpires.

Grading:

Thought Papers (3 x 25pts) 75pts

Project (1 x 100pts) 100pts

Tests (3 x 50pts) 150pts

In-Class/HW Assignments (5 x 15pts) 75pts

Total of 400pts

400-350 points = A

 $349-300 \text{ points} = \mathbf{B}$

299-250 points = C

249-200 points = **D**

199 & below = **F**

Classroom Etiquette:

Please turn your cell phones off or to "vibrate". Texting and answering your phone will not be allowed in class. Laptops and tablets will be allowed for note taking purposes only.

Disabled Student Programs and Services (DSP&S):

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. <u>Contact Info:</u> (760) 355-6312, Room 2117

Student Counseling and Health Services

Mental health counseling and health services are available to students provided by the pre-paid Student Health Fee. Counseling services are provided by licensed clinicians and interns at IVC Student Health Center located inside of the Health Science building. Contact Info: (760) 355-6310

Class Agenda

Date	Topic	Homework
Week 1	Introductions/Syllabus	Buy book
August 19 th	Chapter 1	for class!
	'	Read Chapter 2
Week 2	Chapter 2	Read
August 26 th	In Class Assignment	Chapter 3
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Week 3	Chapter 3	Thought Paper #1
September 2 nd	In Class Assignment	Study for Test (Ch. 1-3)
·		Please, be on time!
Week 4	TEST	Read
September 9 th	(Ch. 1-3)	Chapter 4
	Turn in Though Paper	
	#1	
Week 5	Chapter 4	Read
September 16 th	In Class Assignment	Chapter 6
Week 6	Chapter 6	Read
September 23 rd	In Class Assignment	Chapter 7
Week 7	Chapter 7	Read
September 30 th	In Class Assignment	Chapter 8
Week 8	Chapter 8	Thought Paper #2
October 7 th	In Class Assignment	Study for Test
		(Ch. 4, 6-8)
		Please, be on time!
Week 9	TEST	Read
October 14 th	(Ch. 4, 6-8)	Chapter 10
	Turn in Thought Paper	
	#2	
Week 10	Chapter 10	Read
October 21 st	In Class Assignment	Chapter 12
Week 11	Chapter 12	Read
October 28 th	In Class Assignment	Chapter 13
Week 12	Chapter 13	Thought Paper #3
November 4 th	In Class Assignment	Study for Test
		(Ch. 10, 12 & 13)
Week 13	NO CLASS!	
November 11 th	VETERANS DAY	

Week 14 November 18 th	Test (Ch. 10, 12 & 13) Turn in Though Paper #3	Work on Group Presentations
Week 15 November 25 th	NO CLASS! THANKSGIVNING BREAK	
Week 16 December 2 nd	Group Presentations	
Week 17 December 9 th	Group Presentations Cont.	Have a wonderful Break!! [©]