

Imperial Valley College Course

Basic Course Information

Semester	Winter 2016	Instructor Name	Roberta Webster RN, MSN
Course Title & #	Nursing 219, Psych Mental Health	Email	roberta.webster@imperial.edu
CRN #	15003, 15004, 15139	Webpage (optional)	NA
Room	2150	Office	2135
Class Dates	01/5/16-02/05/16	Office Hours	Tues- 0730-0830 Wed- 1200-1300
Class Days	Tuesday (Lecture) Wed., Thurs. & Friday(Clinical)	Office Phone #	760-355-6549
Class Times	9:00 AM- 4:00 PM- Lecture 6:45AM-5:20PM - Clinical	Clinical Practicum Hours	54
Units	2		

Welcome to Psychiatric Nursing. This course will cover the essential components required for being a safe practitioner in the area of behavioral health. Multiple teaching modalities will be utilized.

Course Description

Videbeck’s Psychiatric Mental Health Nursing utilizes the nursing process framework. The text emphasizes assessment, therapeutic communication, neurobiologic theory and pharmacology throughout its chapters. Interventions focus on aspects of care, which includes clients care, communication, client and family teaching, and community resources, as well as practical application in various clinical settings. Students will be presented with current knowledge related to care of the mentally ill, including elderly considerations. Key points, critical thinking questions, drug alerts, cultural considerations, application of the nursing process, and clinical vignettes will allow facilitation of the nursing student’s learning.

Course Objectives

- Describe basic concepts of mental health nursing including delivery of client care, critical thinking, health education/promotion, nursing process and current issues in psychiatric nursing
- Discuss the neurobiologic and psychosocial theories related to mental illness, psychopharmacology, and various treatment settings in which mentally ill patients received care
- Understand the concepts of therapeutic relationship and therapeutic communication
- Describe the client’s response to illness and correlating assessment strategies
- Discuss legal and ethical issues, and emotional concerns related to the mentally ill population
- Describe the major categories of the DSM-IV-TR
- Describe the role of the mental health nurse in various practice settings
- Incorporate the nursing process in caring for mentally ill client, with implementation of safe and effective care

Textbooks & Other Resources or Links

Videbeck, Sheila (2013). *Psychiatric-Mental Health Nursing with Access (6/e)*. Lippincott-Raven Publishers
ISBN: 978-1451187892

Attendance

Attendance to all clinical and class sessions is expected. Absences will be limited per college catalogue to 6.5 hours for the semester. It is at the discretion of the instructor to require an assignment to make up for the missed time.

Student Evaluation/Grading Policies

All exams will be graded per nursing department policy. Each exam will be valued at 100% , the final must be passed with a minimum of 75%. Each quiz will be valued at 25 points to be added as a grade to the overall grade average.
Examination Policy: All exams including the final must be passed with a minimum of 75%

Expectations of Students

The student will attend class and spend a minimum of 6 hours outside of class reviewing in class material. The student will pass the ATI assessment exam which will be graded on the levels not the raw score.

Disabled Student Programs and Services (DSPS)

Required Language: Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6312 if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Required Language: Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Required Language: Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Student Learning Outcomes

- 1) Determine actual and potential psychiatric problems and appropriate nursing responses to restore and promote health.
- 2) Identify the commonly used psychopharmacological agents for treatment of clients in mental health facilities and nursing measures needed when administering these treatments.

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Anticipated Psychiatric & Mental Health Class Schedule / Calendar

Week	Topic(s)	Reading Assignments
Week 1 01/05/16	Introductions/Foundations Theories Pharmacology OCD Schizophrenia	Chapters 1-8 Chapters 15-16 Movie: Beautiful Mind
Week 2 01/12/16	<u>Exam 1, Chapters 1-8 & Chapters 15-16</u> Anxiety Moods Personality	Chapters 14, 17, 18, 19 Movie: Girl Interrupted
Week 3 01/19/16	<u>Exam 2, Chapters 14, 17, 18, 19</u> Addiction Disruptive Behavior Eating Disorders Somatic Sx	Chapters 9-13
Week 4 01/26/16	<u>Exam 3, Chapters 9-13</u> Legal Issues Grief and Loss Trauma	Presentations- TBA
Week 5 02/02/16	Childhood Disorders	
02/02/16	ATI FINAL	1300-1600

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Anticipated Psychiatric & Mental Health Clinical Schedule / Calendar

Week	Topic(s) Reading Assignments	Clinical Location / Assignments
CLINICAL 0645-1720 Week 1 01/06/16- 01/07/16 01/08/16	Introductions/Foundations Theories Pharmacology Chapters 1-8 OCD Schizophrenia Chapters 15-16	ALVARADO PARKWAY INSITIUTE ORIENTAION- TBA PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1720 Week 2 01/13/16 01/14/16 01/15/16	OCD Schizophrenia Chapters 15-16 Anxiety Moods Personality Chapters 14, 17, 18, 19	PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1720 Week 3 01/20/16 01/21/16 01/22/16	Anxiety Moods Personality Chapters 14, 17, 18, 19 Addiction Disruptive Behavior Eating Somatic Sx Chapters 9-13	PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1720 Week 4 01/27/16 01/28/16 01/29/16	Legal Grief and Loss Trauma- Concussion	PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL 0645-1720 Week 5 02/03/16 02/04/16 02/05/16	Childhood Disorders	PROCESS RECORDINGS CARE PLANS DRUG CARDS
CLINICAL – 0700-1500 01/11/16 & 01/26/16	CLINICAL SIMULATIONS- Therapeutic communication	IVC SIMS LAB
CLINICAL INSTRUCTORS	PROFESSOR WEBSTER PROFESSOR NACIONALES PROFESSOR ZECHAR	WEDNESDAY CLINCAL THURSDAY CLINCAL FRIDAY CLINCAL

DIRECTIONS TO ALVARADO PARKWAY INSTITUTE (API):
I-8 WEST TOWARD SAN DIEGO, TAKE THE LAKE MURRAY/ 70TH STREET EXIT STAY IN RIGHT LANE, MAKE IMMEDIATE RIGHT.
API IS ON THE LEFT.
PLEASE PARK IN THE DIRT PARKING LOT TO THE NORTH OF THE INSTITUTE.

*******CLINICAL SCHEDULE SUBJECT TO CHANGE *******