

Basic Course Information

Semester	FALL 2015	Instructor's Name	JILL LERNO
Course Title & #	SOFTBALL PE 134	Instructor's Email	Jill.lerno@imperial.edu
CRN #	10547	Webpage (optional)	
Room	SBF	Office (PT Faculty:809)	
Class Dates	8/17/2015-12/11/2015	Office Hours (n/a for PT Faculty)	
Class Days	MONDAY THRU FRIDAY	Office Phone # (PT may use dept. number)	760-355-6332
Class Times	1:00-3:05PM	Who students should contact if emergency or other absence	SANDIE NOEL 760-355-6325
Units	3		

Course Description:

This class is designed for off-season conditioning/skill development for intercollegiate softball. Maximum credit eight units. (CSU)

PREREQUISITITES, IF ANY: Eligibility will be determined by CCCAA rules.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Perform with an increasing degree of proficiency, the offensive skills and techniques of competitive softball. (ILO1, ILO2, ILO3)
2. Perform with an increasing degree of proficiency, the defensive skills and techniques of competitive softball. (ILO1, ILO2, ILO3)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Develop and explain offensive strategies involved in intercollegiate sport of softball.
2. Recognize and explain defensive strategies involved in softball.
3. Develop skills that will enhance physical fitness.
4. Recognize rules and qualities of sportsmanship in softball.

Textbooks & Other Resources or Links

- .NCAA SOFTBALL RULE BOOK(CURRENT YEAR). GLOVE AND SOFTBALL ATTIRE REQUIRED.

Course Requirements and Instructional Methods

Out-of-class:

View a college or professional game on-line or on TV and suggest ways in which the team may improve their strategies and performance.

Reading and Writing:

Read and review an article on a sport specific conditioning program. Summarize how the article's training principles may be applied to improve your strength/fitness.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

GRADE IS BASED ON ATTENDANCE, PARTICIPATION, DRESSING OUT AND PHYSICAL PERFORMANCE THROUGH OUT THE SEMESTER.

Letter Grade Only

Attendance

ATTENDANCE IS A MUST, YOU ARE ALLOWED ONE UNEXCUSED ABSENCES BEFORE YOUR GRADE MAY DROP. NOT PROPERLY DRESSED WILL COUNT AS ½ ABSENCE. AFTER ALLOW ABLE ABSENCES YOUR GRADE WILL DROP ONE GRADE FOR EACH UNEXCUSED ABSENCE .

- It is the student’s responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

Classroom Etiquette

Required Information --Discretionary language

This is where an instructor explains his/her policy on these matters. Here is some suggested language:

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. **Consider:** specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Academic Honesty

Required Language

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

Additional Help – Discretionary Section and Language

The instructor can add the information pertinent to his or her class here. Some suggested language:

- Blackboard support center: <http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543>
- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- Library Services: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Required Language: Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

Student Counseling and Health Services

Required Language: Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Required Language: Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Information Literacy

Required Language: Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

Anticipated Class Schedule / Calendar

Required Information –Discretionary Language and Formatting: The instructor will provide a tentative, provisional overview of the reading, assignments, tests, or other activity for the duration of the course. The faculty may find a table format useful for this purpose.

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
August 18 - 21	Syllabus & Introduction	
August 25-Dec 12	Activity	
Dec 11	Final Class Meeting	