

# Imperial Valley College Course Syllabus - Introduction to Psychology (PSY 101)

## Basic Course Information

Semester	<b>Spring 2015</b>	Instructor's Name	<b>Timothy Druihet</b>
Course Title & #	<b>PSY 101</b>	Instructor's Email	timdruihet@gmail.com
CRN #	<b>20793</b>	Instructor's Phone#	<b>760.222.5410 or 760.355.2363</b>
Room	<b>205</b>	Office	Room 809
Class Dates	<b>02/18/14 through 06/10/14</b>		
Class Days	<b>W-Wednesday</b>	Office Phone	760-355-6144
Class Times	<b>6:30-9:40 pm</b>	Who student's should contact if emergency or other absence	Elvia Camillo, 760-355-6144
Units	<b>3</b>		

## Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC).

## Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3);
2. Identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3); and
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5).

## Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Discuss the development of psychology as a science;
2. Identify the major biologic response systems of the human body and discuss their influence on behavior;
3. Discuss the difference between sensation and perception, giving one illustration of each;
4. Define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness;
5. Identify and describe the major theories of human development and discuss how growth and development affect behavior;
6. Discuss the processes by which humans learn and store skills and information;
7. Discuss major theories of personality, their assumptions and implications;
8. Outline the nature, causes, and treatments of abnormal behavior;
9. Discuss the ways in which the social milieu affects human behavior; and
10. Identify major theories of emotion and motivation.

# Imperial Valley College Course Syllabus - Introduction to Psychology (PSY 101)

## Textbooks & Other Resources or Links

Myers, D.G. (2014). *Exploring Psychology* (9th/e). New York NY:Worth.

## Course Requirements and Instructional Methods

**Thought Papers:** There will be three (3) 2-4 page thought papers due at various times during the semester. Thought papers should address ideas and concepts regarding psychology from the course text, class discussion, magazine and internet articles, research journals, and/or life experience. Thought papers need to be written from your point of view. Each thought paper will be worth 25 points. More information will be provided about these papers throughout the course. No late thought papers will be accepted.

**Group Work:** There will be two (2) in class, take home or group work assignments given throughout the semester. More information will be provided about these assignments at a later date. Each assignment will be worth 25 points.

**Exams:** Four (4) exams will be given. Exams will consist of multiple choice questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me PRIOR to the exam to discuss why you may not be able to take the exam. Make-up exams will be discussed on an individual basis. Each exam will be worth 100 points. **You must bring a #2 pencil and a Scantron form to each examination.**

## Course Grading Based on Course Objectives

### Grading System:

90-100% = A	Exams	4@	100 pts.	400 pts
80-89% = B	Papers	3@	25 pts	75 pts
70-79% = C	Group Work	2@	25 pts.	50 pts.
60-69% = D	Participation		25 pts	25 pts.
0-59% = F				

**TOTAL: 550 pts.**

## Attendance

**Attendance and Class Participation.** You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** rely on the instructor dropping you. If you want to drop the class, it is your responsibility to fill out the proper paperwork with the admissions office. In addition, the following attendance guidelines will be reinforced:

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For

# Imperial Valley College Course Syllabus - Introduction to Psychology (PSY 101)

online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

## Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

## Academic Honesty

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to 'cite a source' correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

## Additional Help

- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Study Skills Center (library). Please speak to the instructor about labs unique to your specific program.
- Library Services: There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

## Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313, if you feel you need to be evaluated for educational accommodations.

# Imperial Valley College Course Syllabus - Introduction to Psychology (PSY 101)

## Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

## Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities, please refer to the IVC General Catalog available online at [http://www.imperial.edu/index.php?option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762)

## Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

## Anticipated Class Schedule / Calendar

Date	Assignment	Pages/ Exams
02/18/15	Syllabus & Course Introduction	
02/25/15	Chapter 1 - Thinking Critically With Psychology Science	Pages 1 - 33
03/04/15	Chapter 2 - The Biology of Behavior	Pages 34 - 75
03/11/15	Chapter 4 – Developing Through the Life Span	Pages 116 - 161
<b>03/18/15</b>	<b>Thought Paper #1 Due</b>	<b>Exam #1</b>
03/25/15	Chapter 3 - Consciousness and the Two-Track Mind	Pages 76 - 115
04/01/15	Chapter 6 - Sensation and Perception	Pages 190 - 235
<b>04/08/15</b>	<b>Spring Recess</b>	<b>No Class</b>
04/15/15	Chapter 7 - Learning	Pages 236 - 269
<b>04/22/15</b>	<b>Thought Paper #2 Due</b>	<b>Exam #2</b>
04/29/15	Chapter 11 - Stress, Health, and Human Flourishing	Pages 388 - 421
05/06/15	Chapter 12 - Personality	Pages 422 - 455
05/13/15	Chapter 14 - Psychological Disorders	Pages 504 - 543

## Imperial Valley College Course Syllabus - Introduction to Psychology (PSY 101)

---

<b>05/20/15</b>	<b>Thought Paper #3 Due</b>	<b>Exam #3</b>
05/27/15	Chapter 15 - Therapy	Pages 544 - 580
06/03/15	Chapter 13 - Social Psychology	Pages 456 - 503
<b>06/10/15</b>		<b>Final Exam</b>

**The instructor reserves the right to make announced modifications to this course outline.**