

### Basic Course Information

Semester:	<b>Spring 2015</b>	Instructor Name:	<b>Cuauhtemoc Carboni, Ph.D</b>
Course Title & #:	<b>First Aid &amp; CPR HE 104</b>	Email:	<b>temo.carboni@imperial.edu</b>
CRN #:	<b>20642</b>	Webpage (optional):	
Classroom:	<b>1603</b>	Office #:	<b>N/A</b>
Class Dates:	<b>Feb 17 to Jun 12</b>	Office Hours:	<b>By appointment</b>
Class Days:	<b>M</b>	Office Phone #:	<b>760 355 6250</b>
Class Times:	6:30 – 9:40 PM	Emergency Contact:	<b>760 355 6325</b>
Units:	3		

### Course Description

This class is designed to prepare students to take the American Red Cross First Responder certification test. Giving the students the confidence to respond to emergencies with the knowledge and the skills necessary in an emergency to help sustain life, reduce pain, and minimize the consequences of injury or sudden illness until professional medical help arrives. (CSU, UC)

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Explain how the EMS system works and the citizen responder's role. (ILO1, ILO2, ILO3, ILO4)
2. Demonstrate the care given for choking and other breathing emergencies. (ILO1, ILO2, ILO3, ILO4)
3. Recognize the signals of a possible heart attack and describe the care for someone who is experiencing chest pain. (ILO1, ILO2, ILO3, ILO4, ILO5)
4. Explain and identify types of wounds, control bleeding and bandage appropriately. (ILO1, ILO2, ILO3, ILO4)

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Assess victims of injury and medical emergencies and apply emergency action plan.
2. Describe the signs and symptoms associated with common medical emergencies Demonstrate the first aid care that is needed in common medical emergencies.
3. Demonstrate cardiopulmonary resuscitation and the use of AED.
4. Demonstrate bandaging and splinting techniques.
5. Demonstrate emergency rescue moves.
6. Evaluate their lifestyle for health and safety concerns and set personal goals for achieving a safe and healthy lifestyle.

### Textbooks & Other Resources or Links

First Aid/CPR/AED, Participant’s Manual- American Red Cross. Blackboard for our course has a copy of the text book.

### Course Requirements and Instructional Methods

Teaching Methods: During this class you will have opportunity to participate in a variety of presentation and teaching methods. Lectures, including material not covered in your readings, class and group discussions requiring your active participation, student oral presentations, and films will supplement your required readings.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement. Out of class assignments for this course includes reading assignments, study time for exams/quizzes, and completion of required course Imperial Valley College Course Syllabus – HE 104 assignments. Students should actively read the assignment prior to class, bring any questions to class, and take careful notes during class.

### Course Grading Based on Course Objectives

	Points	Total Points	Grade
Exams	300	1000- 900	A
In-class Assignments	300	890-800	B
Presentation	200	790-700	C
Skill Demonstration	200	690-600	D
		590- below	F
Total Points	1000		

### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- [Blackboard Support Site](#). The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- [Learning Services](#). There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- [Library Services](#). There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

### Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

### Tentative Anticipated Class Schedule/Calendar

Date	Topic	Assignment
23-Feb	Introduction to Course	Chapter 1 & Appendix

2-Mar	Before Giving Care	Chapter 2
9-Mar	Cardiac Emergencies & CPR	Chapter 3
16-Mar	AED	Chapter 4
23-Mar	Breathing Emergencies	Review for exam
30-Mar	Exam 1	Chapter 5
6-Apr	Spring Break	Chapter 5
13-Apr	Sudden Illness	Chapter 6
20-Apr	Environmental Emergencies	Chapter 7
27-Apr	Soft Tissue Injuries	Chapter 8
4-May	Injuries to Muscles, Bones and Joints	Review for Exam
11-May	Exam 2	Chapter 9
18-May	Special Situations	Chapter 10, 11
25-May	Asthma & Auto Injectors	Review for Exam
1-Jun	Exam 3	
8-Jun	Presentations	