

OUT OF SEASON INT WOMEN'S SOCCER & PE 125

Spring 2015

CRN: 20624

INSTRUCTOR: ANGELICA RAMOS

OFFICE: 704 (BY APPOINTMENT)

PHONE: 760-550-1114

CLASS DAYS & TIME: DAILY 3:05PM-5:10PM

CREDIT UNITS: 2

1. COURSE DESCRIPTION:

This course is designed to prepare athletes for intercollegiate competition and master soccer Experience for university level competition.

11. COURSE OBJECTIVES:

1. To develop fundamental soccer skills, physical conditioning and tactical strategies.
2. To understand the basics rules and terminology.
3. To develop and upgrade soccer team level
4. To develop sufficient interest in soccer to continue at university level.

111. COURSE OUTLINE:

Week 1: Orientation.

Week 2: Physical conditioning & upgrade soccer skills.

Week 3 - 17 Physical conditioning, rules interpretation, tactical skills and master soccer skills.

1V. PROPER DRESS:

1. T-shirt, soccer shorts and warm-ups
2. Running shoes, shin guards, and soccer shoes
3. NO street shoes and No cell phones during class.

V. ATTENDANCE POLICY:

You are allowed two absences. If you are absent a third time and have no good reason, you will be Dropped from the class.

Three tardiness to class equals one absence.

- V1. Student Learning Outcome: Upon attendance and participation in class the student Successfully will have acquired new skills, knowledge and / or attitudes as demonstrated by being able to:
1. Perform with an increase degree of proficiency the skills and techniques of competitive soccer At college and university level standards (SLO 2, SLO 3)
  2. Student will increase improvement of physical conditioning, ball control, dribbling, game Awareness, decisions making as well stamina & endurance (SLO 1, SLO 2).
  3. Student would have learned rules, team communications, self-discipline, and tactical system Skills (SLO1)

V11. GRADING:

Your grade is based in three major requirements:

1. Attendance and class participation is (35) percent of the grade.
2. Soccer skills improvement is (35) percent of the grade.
3. Discipline and sportsmanship in class is (30) percent of the grade.

The grade scale is as follows:

90-100%	A
80-89%	B
70-79%	C
60-69%	D
59% & below	F

Any student with a documented disability who may need educational accommodations should notify the Instructor or the Disabled Student Program (DSP & S) office as soon as possible. DSP & S Room 2117

Health Science Building 760 355-6312

