

Basic Course Information

Semester:	Spring 2015	Instructor Name:	Webster, R. /Luoma,C.
Course Title & #:	VN 112	Email:	roberta.webster@imperial.edu
CRN #:	20618	Webpage (optional):	
Classroom:	2135	Office #:	2134
Class Dates:	Apr. 20,2015- June 11, 2015	Office Hours:	MTWR 0700-0800
Class Days:	MTWR	Office Phone #:	760-355-6549
Class Times:	MT0645-1530 WR 0800-1030, 1035-1240	Emergency Contact:	D. Webster
Units:	5.00		

Course Description

Communication skills are presented in this course. Basic psychological and physiological concepts related to stress that cause disruptions in the individual's ability to adapt to his environment are presented in the classroom. Concurrently in clinical sessions, the student relates learned evidence based skills and theory to the care of patients with well-defined commonly occurring illnesses in the hospital setting.

Student Learning Outcomes

On the dosage calculation exam, the student will achieve a score of 92% or better on the first attempt.

Utilizing principles of medical and surgical asepsis, student will demonstrate safe and effective insertion of urinary catheter in a simulated clinical setting.

Student will identify and document long and short term goals/expected outcomes for simulated and actual client situations.

Utilizing principles of asepsis, student will successfully create a sterile field.

Perform common methods used to assess respiratory functions in actual or simulated client settings.

Course Objectives

Utilize the nursing process to:

Assess the client's general physical condition.

Utilize available sources of information to develop a plan of care

Report and record data appropriately

Identify the nature, effect and response to stress

Identify the following if given a set of common disruptions to coping behaviors:

Adaptive and maladaptive features

Effects of culture/ethnic heritage

Effects of age

Effects of religious preference

Explain the role of the endocrine and the autonomic nervous system in maintain homeostasis

Administer oral, other non-injectable and parenteral (except IV) medications to assigned clients.

Apply principles of Universal/Standard Precautions to assigned client care situations.

Explain the role of acid-base balance in maintaining homeostasis in assigned client care situations.

Apply the nursing process in caring for clients with fluid, electrolyte, and /or acid-base imbalances.

Identify nutritional needs in deviations from health with respect to:

Age

Culture

Disease entity

Religious preference

Assess individuals for O₂-CO₂ exchange and provide measures to maintain efficient and effective balance.

Assess needs of individuals with cardiovascular and cerebrovascular disruptions and provide care at a first semester student level to a client.

Develop a teaching plan for a client with one of the disruptions to health studied in the class.

Assess needs of individuals with common disruptions of urinary and/or intestinal elimination and provide care to a client.

Apply principles of surgical asepsis to assigned client.

Textbooks & Other Resources or Links

Berman, A. & Snyder, S (2012) Kozier & Erb's Fundamentals of Nursing

Roth R., Townsend C., Nutrition & Diet Therapy.

Lynn, Taylor's Clinical Nursing Skills.

Deglin/Vallerand/Russin, Davis's Drug Guide for Nurses.

Taber's Cyclopedic Medical Dictionary.

Doenges, et al, Nursing Care Plans.

Hogan, Fluid, Electrolyte, & Acid-Base Balance.

Williams & Williams,, Fluid & Electrolytes Made Incredibly Easy.

ATI texts- Medical Surgical Nursing

Fundamentals of Nursing.

Course Requirements and Instructional Methods

VN 112 Introduction to Pt. Care II is a five (5) unit course. It is divided into a theory, clinical skills and clinical component. During this eight (8) week course clinical experiences will be simulated in the I.V.C. nursing skills laboratory and care of clients in the hospital setting. Classroom didactics will be based on lecture/discussion, the use of power point presentations and the utilization of the flipped classroom concept.

Course Grading Based on Course Objectives

All exams will be graded per VN program policy. Each exam is valued at 100% , the final must be passed with a minimum of 75%. Examination policy: All exams including the final must be passed with a minimum of 75%.

Clinical and skills Laboratory Performance Grading: Clinical and skills laboratory performance will be determined on a satisfactory or unsatisfactory basis. A formal clinical evaluation will be conducted by the clinical instructor.

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Vocational nursing students in the IVC Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments. Absences will be limited to the following for **VN 112: 11.5 hours.**

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- **Plagiarism** is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- **Cheating** is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **[Blackboard Support Site](#)**. The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- **[Learning Services](#)**. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **[Library Services](#)**. There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2117, telephone 760-355-6312. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

[Required Information – Discretionary Language and Formatting: The instructor will provide a tentative, provisional overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format may be useful for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 April 20-April 23	Syllabus & Introduction Nursing Process - Wound Management Urinary Catheterization	Kozier, Ch. 31,36,37 Lynn, Ch. 4.,pp. 130-143 & Ch. 8., pp. 373-438 Module B-1 Handout #5
Week 2 April 27-April 30	Stress Defense Mechanisms	Kozier: Ch. 42 ATI Fund. Ch. 59 Module B-1 Handout #1-#4
Week 3 May 5-May 7	Acid-Base/ The Basics Stomach Tubes/NG insertion Surgical Techniques	Kozier: Ch. 52, pp. 1423-1442 Fluid & Electrolytes Made

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
		Easy : pp. 3-52 Hogan: Ch. 1 & pp. 158-163 Roth: Ch. 9 (review) Kozier: ch. 47, pp. 1260-1281 Lynn: Ch. 11 Roth: pp. 377-380 Lynn: pp. 130-143 Kozier: Ch. 31, pp. 684-709

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 4 May 11-May 14	Introduction to Acidosis & Alkalosis Fluid, Electrolyte & Acid-Base Problems	Care Plan Assignment Kozier: Ch. 52, pp. 1441-1454, 1435-1451 Fluid & Electrolytes Made Incredibly Easy: pp. 198-223, pp. 81-193 Hogan Ch. 142-143, 170-184, Ch. 27. Review tables on pp. 170, 174, 182
Week 5 May 18-May 21	POST-TEST Fluid, Electrolyte, & Acid-Base Problems (cont)	POST-TEST Kozier: Ch. 52, pp. 1441-1454, 1435-1451 Fluid & Electrolytes Made Incredibly Easy: pp. 198-223, pp. 81-193 Hogan Ch. 142-143, 170-184, Ch. 27. Review tables on pp. 170, 174, 182
Week 6 May 25-May 28	O-2 & CO- 2 Respiratory Procedures Nutrition	Kozier: Ch. 50 Lynn: pp. 743-754, 761-776 Kozier: ch. 47 & pp. 817 Roth: Ch. 17 & 20 Lynn: Ch. 11
Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 7 June 1-June 4	Nutrition Elimination	Care Plan Assignment Kozier: Ch. 47, pp. 817 Roth: Ch. 17 & 20 Lynn: Ch. 11 Kozier: Ch. 48 & 49
Week 8 June 8-June 11	COMPREHENSIVE REVIEW Final Exam	Comprehensive Review Final Exam

*****Tentative, subject to change without prior notice*****